

Bhajan sanhita

Psalms · in Hinglish

Chapters	150
Verses	2461
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Script	Hinglish (English letters)

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- ¹ Kya hi dhanya hai vah puroosh jo dushton ki yukti par nahi chalta, aur na papiyon ke maarg mein khada hota; aur na thattha karne valon ki mandali mein baithta hai!
- ² Parantu vah to Yahowa ki vyavastha se prasann rahta; aur uski vyavastha par raat din dhyaan karta rahta hai.
- ³ Vah us vriksh ke samaan hai, jo bahti naliyon ke kinare lagaya gaya hai. Aur apni ritu mein phalta hai, aur jiske patte kabhi murjhate nahi. Isliye jo kuchh vah puroosh kare vah saphal hota hai.
- ⁴ Dusht log aise nahi hote, ve us bhoosi ke samaan hote hain, jo pavan se udai jati hai.
- ⁵ Is karan dusht log adalat mein sthir na rah sakenge, aur na papi dharmiyon ki mandali mein thahrenge;
- ⁶ Kyonki Yahowa dharmiyon ka maarg janta hai, parantu dushton ka maarg naash ho jayega.

- ¹ Jati jati ke log kyon hullad machate hain, aur desh desh ke log vyarth batein kyon soch rahe hain?
- ² Yahowa ke aur uske abhishikt ke virooddh prithvi ke raja milkar, aur hakim aapas mein sammati karke kahte hain, ki
- ³ Aao, ham unke bandhan tod dalein, aur unki rassiyon apne oopar se utaar phenke.
- ⁴ Vah jo swarg mein virajmaan hai, hansega, Prabhu un ko thatthon mein udayega.
- ⁵ Tab vah un se krodh karke batein karega, aur krodh mein kahkar unhein ghabra dega, ki
- ⁶ Main to apne thahraye hue raja ko apne pavitra parvat siyyon ki rajgaddi par baitha chuka hoon.
- ⁷ Main us vachan ka prachaar karoonga: jo Yahowa ne mujh se kaha, tu mera putra hai, aaj tu mujh se utpann huua.
- ⁸ Mujh se maang, aur main jati jati ke logon ko teri sampatti hone ke liye, aur door door ke deshon ko teri nij bhoomi banne ke liye de doonga.
- ⁹ Tu unhein lohe ke dande se tukde tukde karega. Tu kumhaar ke bartan ki nai unhein chakna choor kar dalega.
- ¹⁰ Isliye ab, he rajaon, buddhimaan bano; he prithvi ke nyaiyon, yah updeshe grahan karo.
- ¹¹ Darte hue Yahowa ki upasna karo, aur kampte hue magan ho.
- ¹² Putra ko choomo aisa na ho ki vah krodh kare, aur tum maarg hi mein naash ho jao; kyonki kshan bhar mein uska krodh bhadakne ko hai. Dhanya hain ve jinka bharosa us par hai.

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- ¹ He Yahowa mere satane vale kitne badh gaye hain! Vah jo mere virooddh uthte hain bahut hain.
- ² Bahut se mere praan ke vishay mein kahte hain, ki uska bachaav Parmeshwar ki or se nahi ho sakta.
- ³ Parantu he Yahowa, tu to mere charon or meri dhaal hai, tu meri mahima aur mere mastishk ka ooncha karne vala hai.
- ⁴ Main oonche shabd se Yahowa ko pukarta hoon, aur vah apne pavitra parvat par se mujhe uttar deta hai.
- ⁵ Main letkar so gaya; phir jaag utha, kyonki Yahowa mujhe samhalta hai.
- ⁶ Main un das hazaar manushyon se nahi darta, jo mere virooddh charon or panti bandhe khade hain.
- ⁷ Uth, he Yahowa! He mere Parmeshwar mujhe bacha le! Kyonki tu ne mere sab shatruon ke jabdon par mara hai aur tu ne dushton ke daant tod dale hain.
- ⁸ Uddhaar Yahowa hi ki or se hota hai; he Yahowa teri aasheesh teri praja par ho.

- ¹ He mere dharmamay Parmeshwar, jab main pukarun tab tu mujhe uttar de; jab main saketi mein pada tab tu ne mujhe vistaar diya. Mujh par anugrah kar aur meri prarthana sun le.
- ² He manushyon ke putron, kab tak meri mahima ke badle anadar hota rahega? Tum kab tak vyarth baton se preeti rakhoge aur jhoothi yukti ki khoj mein rahoge?
- ³ Yah jaan rakho ki Yahowa ne bhakt ko apne liye alag kar rakha hai; jab main Yahowa ko pukaroonga tab vah sun lega.
- ⁴ Kampte raho aur paap mat karo; apne apne bichhaune par man hi man socho aur chupchaap raho.
- ⁵ Dharm ke balidaan chadhao, aur Yahowa par bharosa rakho.
- ⁶ Bahut se hain jo kahte hain, ki kaun ham ko kuchh bhalai dikhayega? He Yahowa tu apne mukh ka prakaash ham par chamka!
- ⁷ Tu ne mere man mein usse kahi adhik aanand bhar diya hai, jo un ko ann aur dakhamdhu ki badhti se hota tha.
- ⁸ Main shanti se let jaoonga aur so jaoonga; kyonki, he Yahowa, keval tu hi mujh ko ekaant mein nishchint rahne deta hai.

- ¹ He Yahowa, mere vachnon par kaan laga; mere dhyaan karne ki or man laga.
- ² He mere raja, he mere Parmeshwar, meri dohai par dhyaan de, kyonki main tujhi se prarthana karta hoon.
- ³ He Yahowa, bhor ko meri vani tujhe sunai degi, main bhor ko prarthana karke teri baat johoonga.
- ⁴ Kyonki tu aisa ishwar nahi jo dushtata se prasann ho; burai tere saath nahi rah sakti.
- ⁵ Ghamandi tere sammukh khade hone na payenge; tujhe sab anarthakariyon se ghrina hai.
- ⁶ Tu un ko jo jhooth bolte hain naash karega; Yahowa to hatyare aur chhali manushya se ghrina karta hai.
- ⁷ Parantu main to teri apaar karoona ke karan tere bhavan mein aaoonga, main tera bhay mankar tere pavitra mandir ki or dandavat karoonga.
- ⁸ He Yahowa, mere shatruon ke karan apne dharm ke maarg mein meri aguvai kar; mere aage aage apne seedhe maarg ko dikha.
- ⁹ Kyonki unke munh mein koi sachchai nahi; unke man mein niri dushtata hai. Unka gala khuli hui kabra hai, ve apni jeebh se chikni chupdi batein karte hain.
- ¹⁰ He Parmeshwar tu un ko doshi thahra; ve apni hi yuktiyon se aap hi gir jayen; un ko unke apradhon ki adhikai ke karan nikaal bahar kar, kyonki unhonne tujh se balva kiya hai.
- ¹¹ Parantu jitne tujh par bharosa rakhte hain ve sab aanand karein, ve sarvada oonche swar se gate rahein; kyonki tu unki raksha karta hai, aur jo tere naam ke premi hain tujh mein praphullit hon.
- ¹² Kyonki tu dharmi ko aashish dega; he Yahowa, tu usko apne anugrahydroopi dhaal se ghere rahega.

- ¹ He Yahowa, tu mujhe apne krodh mein na daant, aur na jhunjhlahat mein mujhe tadna de.
- ² He Yahowa, mujh par anugrah kar, kyonki main kumhala gaya hoon; he Yahowa, mujhe changa kar, kyonki meri haddiyon mein bechaini hai.
- ³ Mera praan bhi bahut khedit hai. Aur tu, he Yahowa, kab tak?
- ⁴ Laut aa, he Yahowa, aur mere praan bacha apni karoona ke nimitt mera uddhaar kar.
- ⁵ Kyonki mrityu ke baad tera smaran nahi hota; adholok mein kaun tera dhanyavaad karega?
- ⁶ Main karahte karahte thak gaya; main apni khaat aansuon se bhigota hoon; prati raat mera bichhauna bheegta hai.
- ⁷ Meri aankhein shok se baithi jati hain, aur mere sab satane valon ke karan ve dhundhala gai hain.
- ⁸ He sab anarthakariyon mere paas se door ho; kyonki Yahowa ne mere rone ka shabd sun liya hai.
- ⁹ Yahowa ne mera gidgidana suna hai; Yahowa meri prarthana ko grahan bhi karega.
- ¹⁰ Mere sab shatru lajjit honge aur bahut ghabrayenge; ve laut jayenge, aur ekayek lajjit honge.

- ¹ He mere Parmeshwar Yahowa, mera bharosa tujh par hai; sab peechha karne valon se mujhe bacha aur chhutkara de,
- ² Aisa na ho ki ve mujh ko sinh ki nai phadkar tukde tukde kar dalein; aur koi mera chhudane vala na ho.
- ³ He mere Parmeshwar Yahowa, yadi main ne yah kiya ho, yadi mere hathon se kutil kaam huaa ho,
- ⁴ Yadi main ne apne mel rakhne valon se bhalai ke badle burai ki ho, (varan main ne usko jo akaran mera bairi tha bachaya hai)
- ⁵ To shatru mere praan ka peechha karke mujhe aa pakde, varan mere praan ko bhoomi par raunde, aur meri mahima ko mitti mein mila de.
- ⁶ He Yahowa krodh karke uth; mere krodh bhare satane vale ke virooddh tu khada ho ja; mere liye jaag! Tu ne nyaay ki aagya to de di hai.
- ⁷ Desh desh ke logon ki mandali tere charon or ho; aur tu unke oopar se hokar oonche sthanon par laut ja.
- ⁸ Yahowa samaaj samaaj ka nyaay karta hai; Yahowa mere dharm aur kharai ke anusaar mera nyaay chuka de.
- ⁹ Bhala ho ki dushton ki burai ka ant ho jaye, parantu dharm ko tu sthir kar; kyonki dharmi Parmeshwar man aur marm ka gyata hai.
- ¹⁰ Meri dhaal Parmeshwar ke haath mein hai, vah seedhe man valon ko bachata hai.
- ¹¹ Parmeshwar dharmi aur nyayi hai, varan aisa ishwar hai jo prati din krodh karta hai.
- ¹² Yadi manushya na phire to vah apni talvaar par saan chadhayega; vah apna dhanush chadhakar teer sandhaan chuka hai.
- ¹³ Aur us manushya ke liye usne mrityu ke hathiyaar taiyaar kar liye hain: vah apne teeron ko agnibaan banata hai.
- ¹⁴ Dekh dusht ko anarth kaam ki peedayen ho rahi hain, usko utpaat ka garbh hai, aur usse jhooth utpann huaa. Usne gadha khodkar use gahira kiya,
- ¹⁵ Aur jo khai usne banai thi us mein vah aap hi gira.
- ¹⁶ Uska utpaat palat kar usi ke sir par padega; aur uska upadrav usi ke mathe par padega.
- ¹⁷ Main Yahowa ke dharm ke anusaar uska dhanyavaad karoonga, aur parmapradhaan Yahowa ke naam ka bhajan gaoonga.

- ¹ He Yahowa hamare Prabhu, tera naam sari prithvi par kya hi pratapmay hai! Tu ne apna vaibhav swarg par dikhaya hai.
- ² Tu ne apne bairiyon ke karan bachchon aur doodh piuvon ke dwara samarthya ki nev dali hai, taki tu shatru aur palta lene valon ko rok rakhe.
- ³ Jab main aakaash ko, jo tere hathon ka karya hai, aur chandrama aur taragan ko jo tu ne niyukt kiye hain, dekhta hoon;
- ⁴ To phir manushya kya hai ki tu uska smaran rakhe, aur aadmi kya hai ki tu uski sudhi le?
- ⁵ Kyonki tu ne usko Parmeshwar se thoda hi kam banaya hai, aur mahima aur prataap ka mukut uske sir par rakha hai.
- ⁶ Tu ne use apne hathon ke karyon par prabhuta di hai; tu ne uske paanv tale sab kuchh kar diya hai.
- ⁷ Sab bhed- bakri aur gaay- bail aur jitne vanapshu hain,
- ⁸ Aakaash ke pakshi aur samudra ki machhliyan, aur jitne jeev- jantu samudron mein chalte phirte hain.
- ⁹ He Yahowa, he hamare Prabhu, tera naam sari prithvi par kya hi pratapmay hai.

- ¹ He Yahowa Parmeshwar main apne poorn man se tera dhanyavaad karoonga; main tere sab aashcharya karmon ka varnan karoonga.
- ² Main tere karan aanandit aur praphullit hooonga, he parmapradhaan, main tere naam ka bhajan gaoonga.
- ³ Jab mere shatru peechhe hatte hain, to ve tere samhane se thokar khakar naash hote hain.
- ⁴ Kyonki tu ne mera nyaay aur mukaddama chukaya hai; tu ne sinhasan par virajmaan hokar dharm se nyaay kiya.
- ⁵ Tu ne anyajatiyon ko jhidka aur dusht ko naash kiya hai; tu ne unka naam anantakaal ke liye mita diya hai.
- ⁶ Shatru jo hai, vah mar gaye, ve anantakaal ke liye ujad gaye hain; aur jin nagron ko tu ne dha diya, unka naam va nishaan bhi mit gaya hai.
- ⁷ Parantu Yahowa sadaiv sinhasan par virajmaan hai, usne apna sinhasan nyaay ke liye siddh kiya hai;
- ⁸ Aur vah aap hi jagat ka nyaay dharm se karega, vah desh desh ke logon ka mukaddama kharai se niptayega.
- ⁹ Yahowa pise huon ke liye ooncha gadh thahrega, vah sankat ke samay ke liye bhi ooncha gadh thahrega.
- ¹⁰ Aur tere naam ke janne vale tujh par bharosa rakhenge, kyonki he Yahowa tu ne apne khojiyon ko tyaag nahi diya.
- ¹¹ Yahowa jo siyyon mein virajmaan hai, uska bhajan gao! Jati jati ke logon ke beech mein uske mahakarmon ka prachaar karo!
- ¹² Kyonki khoon ka palta lenevala un ko smaran karta hai; vah deen logon ki dohai ko nahi bhoolta.
- ¹³ He Yahowa, mujh par anugrah kar. Tu jo mujhe mrityu ke phatkon ke paas se uthata hai, mere dukh ko dekh jo mere bairi mujhe de rahe hain;
- ¹⁴ Taki main siyyon ke phatkon ke paas tere sab gunon ka varnan karun, aur tere kiye hue uddhaar se magan houn.
- ¹⁵ Anya jati valon ne jo gadha khoda tha, usi mein ve aap gir pade; jo jaal unhonne lagaya tha, us mein unhi ka paanv phans gaya.
- ¹⁶ Yahowa ne apne ko pragat kiya, usne nyaay kiya hai; dusht apne kiye hue kamon mein phans jata hai.

- ¹⁷ Dusht adholok mein laut jayenge, tatha ve sab jatiyan bhi ja Parmeshwar ko bhool jati hai.
- ¹⁸ Kyonki daridra log anantakaal tak bisre hue na rahenge, aur na to namra logon ki aasha sarvada ke liye naash hogi.
- ¹⁹ Uth, he Parmeshwar, manushya prabal na hone paye! Jatiyon ka nyaay tere sammukh kiya jaye.
- ²⁰ He Parmeshwar, un ko bhay dila! Jatiyan apne ko manushya matra hi janein.

- ¹ He Yahowa tu kyon door khada rahta hai? Sankat ke samay mein kyon chhipa rahta hai?
- ² Dushton ke ahankaar ke karan deen manushya khadede jate hain; ve apni hi nikali hui yuktiyon mein phans jayen.
- ³ Kyonki dusht apni abhilasha par ghamand karta hai, aur lobhi Parmeshwar ko tyag deta hai aur uska tiraskaar karta hai.
- ⁴ Dusht apne abhimaan ke karan kahta hai ki vah lekha nahi lene ka; uska poora vichaar yahi hai ki koi Parmeshwar hai hi nahi.
- ⁵ Vah apne maarg par dridhta se bana rahta hai; tere nyaay ke vichaar aise oonche par hote hain, ki uski drishti vahan tak nahi pahunchti; jitne uske virodhi hain un par vah phunkarta hai.
- ⁶ Vah apne man mein kahta hai ki main kabhi talne ka nahi: main peedhi se peedhi tak dukh se bacha rahoonga.
- ⁷ Uska munh shaap aur chhal aur andher se bhara hai; utpaat aur anarth ki batein uske munh mein hain.
- ⁸ Vah ganvon mein ghaat lagakar baitha karta hai, aur gupt sthanon mein nirdosh ko ghaat karta hai, uski aankhe lachaar ki ghaat mein lagi rahti hai.
- ⁹ Jaisa sinh apni jhadi mein vaisa hi vah bhi chhipkar ghaat mein baitha karta hai; vah deen ko pakadne ke liye ghaat lagaye rahta hai, vah deen ko apne jaal mein phansakar ghaseet lata hai, tab use pakad leta hai.
- ¹⁰ Vah jhuk jata hai aur vah dubak kar baithta hai; aur lachaar log uske mahabli hathon se patke jate hain.
- ¹¹ Vah apne man mein sochta hai, ki ishwar bhool gaya, vah apna munh chhipata hai; vah kabhi nahi dekhega.
- ¹² Uth, he Yahowa; he ishwar, apna haath badha; aur deenon ko na bhool.
- ¹³ Parmeshwar ko dusht kyon tuchchh janta hai, aur apne man mein kahta hai ki tu lekha na lega?
- ¹⁴ Tu ne dekh liya hai, kyonki tu utpaat aur kalpane par drishti rakhta hai, taki uska palta apne haath mein rakhe; lachaar apne ko tere haath mein saumpta hai; anathon ka tu hi sahayak raha hai.
- ¹⁵ Dusht ki bhuja ko tod daal; aur durjan ki dushtata ko dhoondh dhoondh kar nikaal jab tak ki sab usmein se door na ho jaye
- ¹⁶ Yahowa anantakaal ke liye maharaaj hai; uske desh mein se anyajati log naash ho gaye hain.

¹⁷ He Yahowa, tu ne namra logon ki abhilasha suni hai; tu unka man taiyaar karega, tu kaan lagakar sunega

¹⁸ Ki anaath aur pise hue ka nyaay kare, taki manushya jo mitti se bana hai phir bhay dikhane na paye.

- ¹ Mera bharosa Parmeshwar par hai; tum kyonkar mere praan se kah sakte ho ki pakshi ki nai apne pahaad par ud ja?
- ² Kyonki dekho, dusht apna dhanush chadhate hain, aur apna teer dhanush ki dori par rakhte hain, ki seedhe man valon par andhiyare mein teer chalayen.
- ³ Yadi nevein dha di jayen to dharmi kya kar sakta hai?
- ⁴ Parmeshwar apne pavitra bhavan mein hai; Parmeshwar ka sinhasan swarg mein hai; uski aankhein manushya ki santaan ko nit dekhti rahti hain aur uski palkein un ko janchti hain.
- ⁵ Yahowa dharmi ko parakhta hai, parantu vah un se jo dusht hain aur upadrav se preeti rakhte hain apni aatma mein ghrina karta hai.
- ⁶ Vah dushton par phande barsayega; aag aur gandhak aur prachand looh unke katoron mein baant di jayengi.
- ⁷ Kyonki Yahowa dharmi hai, vah dharm ke hi kamon se prasann rahta hai; dharmi jan uska darshan payenge.

- ¹ He Parmeshwar bacha le, kyonki ek bhi bhakt nahi raha; manushyon mein se vishwaas yogya log mar mite hain.
- ² Un mein se pratyek apne padosi se jhoothi batein kahta hai; ve chaploosi ke othon se do rangi batein karte hain.
- ³ Prabhu sab chaploos othon ko aur us jeebh ko jis se bada bol nikalta hai kaat dalega.
- ⁴ Ve kahte hain ki ham apni jeebh hi se jeetenge, hamare onth hamare hi vash mein hain; hamara Prabhu kaun hai?
- ⁵ Deen logon ke lut jane, aur daridron ke karahne ke karan, Parmeshwar kahta hai, ab main uthoonga, jis par ve phunkarte hain use main chain vishraam doonga.
- ⁶ Parmeshwar ka vachan pavitra hai, us chandi ke samaan jo bhatti mein mitti par tai gai, aur saat baar nirmal ki gai ho.
- ⁷ Tu hi he Parmeshwar unki raksha karega, un ko is kaal ke logon se sarvada ke liye bachaye rakhega.
- ⁸ Jab manushyon mein neechpan ka aadar hota hai, tab dusht log charon or akadte phirte hain.

- ¹ He Parmeshwar tu kab tak? Kya sadaiv mujhe bhoola rahega? Tu kab tak apna mukhda mujh se chhipaye rahega?
- ² Main kab tak apne man hi man mein yuktiyan karta rahun, aur din bhar apne hriday mein dukhit raha karun, kab tak mera shatru mujh par prabal rahega?
- ³ He mere Parmeshwar Yahowa meri or dhyaan de aur mujhe uttar de, meri aankhon mein jyoti aane de, nahi to mujhe mrityu ki neend aa jayegi;
- ⁴ Aisa na ho ki mera shatru kahe, ki main us par prabal ho gaya; aur aisa na ho ki jab main dagamgane lagun to mere shatru magan hon.
- ⁵ Parantu main ne to teri karoona par bharosa rakha hai; mera hriday tere uddhaar se magan hoga.
- ⁶ Main Parmeshwar ke naam ka bhajan gaoonga, kyunki usne meri bhalai ki hai.

- ¹ Moorkh ne apne man mein kaha hai, koi Parmeshwar hai hi nahi. Ve bigad gaye, unhonne ghinaune kaam kiye hain, koi sukarmi nahi.
- ² Parmeshwar ne swarg mein se manushyon par drishti ki hai, ki dekhe ki koi buddhimaan, koi Parmeshwar ka khoji hai ya nahi.
- ³ Ve sab ke sab bhatak gaye, ve sab bhrasht ho gaye; koi sukarmi nahi, ek bhi nahi.
- ⁴ Kya kisi anarthakari ko kuchh bhi gyaan nahi rahta, jo mere logon ko aise kha jate hain jaise roti, aur Parmeshwar ka naam nahi lete?
- ⁵ Vahan un par bhay chha gaya, kyonki Parmeshwar dharmi logon ke beech mein nirantar rahta hai.
- ⁶ Tum to deen ki yukti ki hansi udate ho isliye ki Yahowa uska sharnasthaan hai.
- ⁷ Bhala ho ki Israel ka uddhaar siyyon se pragat hota! Jab Yahowa apni praja ko dasatva se lauta le aayega, tab Yakub magan aur Israel aanandit hoga.

- ¹ He Parmeshwar tere tambu mein kaun rahega? Tere pavitra parvat par kaun basne payega?
- ² Vah jo kharai se chalta aur dharm ke kaam karta hai, aur hriday se sach bolta hai;
- ³ Jo apni jeebh se ninda nahi karta, aur na apne mitra ki burai karta, aur na apne padosi ki ninda sunta hai;
- ⁴ Vah jiski drishti mein nikamma manushya tuchchh hai, aur jo Yahowa ke darvaiyon ka aadar karta hai, jo shapath khakar badalta nahi chahe hani uthani pade;
- ⁵ Jo apna roopya byaaj par nahi deta, aur nirdosh ki hani karne ke liye ghoos nahi leta hai. Jo koi aisi chaal chalta hai vah kabhi na dagamgayega.

- ¹ He ishwar meri raksha kar, kyonki main tera hi sharnagat hoon.
- ² Main ne Parmeshwar se kaha hai, ki tu hi mera Prabhu hai; tere sivaye meri bhalai kahi nahi.
- ³ Prithvi par jo pavitra log hain, ve hi aadar ke yogya hain, aur unhi se main prasann rahta hoon.
- ⁴ Jo paraye devta ke peechhe bhagte hain unka dukh badh jayega; main unke lohu vale tapavan nahi tapaoonga aur unka naam apne othon se nahi loonga.
- ⁵ Yahowa mera bhaag aur mere katore ka hissa hai; mere baat ko tu sthir rakhta hai.
- ⁶ Mere liye maaf ki dori manbhavne sthaan mein padi, aur mera bhaag manbhavna hai.
- ⁷ Main Yahowa ko dhanya kahta hoon, kyonki usne mujhe sammatti di hai; varan mera man bhi raat mein mujhe shiksha deta hai.
- ⁸ Main ne Yahowa ko nirantar apne sammukh rakha hai: isliye ki vah mere dahine haath rahta hai main kabhi na dagamgaoonga.
- ⁹ Is karan mera hriday aanandit aur meri aatma magan hui; mera shareer bhi chain se rahega.
- ¹⁰ Kyonki tu mere praan ko adholok mein na chhodega, na apne pavitra bhakt ko sadne dega.
- ¹¹ Tu mujhe jeevan ka rasta dikhayega; tere nikat aanand ki bharpoori hai, tere dahine haath mein sukh sarvada bana rahta hai.

- ¹ He Yahowa Parmeshwar sachchai ke vachan sun, meri pukaar ki or dhyaan de. Meri prarthana ki or jo nishkapat munh se nikalti hai kaan laga.
- ² Mere mukaddame ka nirnay tere sammukh ho! Teri aankhein nyaay par lagi rahein!
- ³ Tu ne mere hriday ko jancha hai; tu ne raat ko meri dekhbhaal ki, tu ne mujhe parkha parantu kuchh bhi khotapan nahi paya; main ne thaana liya hai ki mere munh se apraadh ki baat nahi niklegi.
- ⁴ Manvi kamon mein main tere munh ke vachan ke dwara kroon ki si chaal se apne ko bachaye raha.
- ⁵ Mere paanv tere pathon mein sthir rahe, phisle nahi.
- ⁶ He ishwar, main ne tujh se prarthana ki hai, kyunki tu mujhe uttar dega. Apna kaan meri or lagakar meri binti sun le.
- ⁷ Tu jo apne dahine haath ke dwara apne sharnagton ko unke virodhiyon se bachata hai, apni adbhut karoona dikha.
- ⁸ Apne aankho ki putli ki nai surakshit rakh; apne pankhon ke tale mujhe chhipa rakh,
- ⁹ Un dushton se jo mujh par atyachaar karte hain, mere praan ke shatruon se jo mujhe ghere hue hain.
- ¹⁰ Unhone apne hridayon ko kathor kiya hai; unke munh se ghamand ki batein nikalti hain.
- ¹¹ Unhone pag pag par ham ko ghera hai; ve ham ko bhoomi par patak dene ke liye ghaat lagaye hue hain.
- ¹² Vah us sinh ki nai hai jo apne shikaar ki lalsa karta hai, aur javaan sinh ki nai ghaat lagane ke sthanon mein baitha rahta hai.
- ¹³ Uth, he Yahowa uska samna kar aur use patak de! Apni talvaar ke bal se mere praan ko dusht se bacha le.
- ¹⁴ Apna haath badhakar he Yahowa, mujhe manushyon se bacha, arthaat sansari manushyon se jinka bhaag isi jeevan mein hai, aur jinka pet tu apne bhandaar se bharta hai. Ve baal-bachchon se santusht hain; aur shesh sampati apne bachchon ke liye chhod jate hain.
- ¹⁵ Parantu main to dharmi hokar tere mukh ka darshan karoonga jab main janoonga tab tere swaroop se santusht hoonga.

- ¹ He Parmeshwar, he mere bal, main tujh se prem karta hoon.
- ² Yahowa meri chattaan, aur mera gadh aur mera chhudane vala hai; mera ishwar, meri chattaan hai, jiska main sharnagat hoon, vah meri dhaal aur meri mukti ka seeng, aur mera ooncha gadh hai.
- ³ Main Yahowa ko jo stuti ke yogya hai pukaroonga; is prakaar main apne shatruon se bachaya jaoonga.
- ⁴ Mrityu ki rassiyon se main charo or se ghir gaya hoon, aur adharm ki baadh ne mujh ko bhaybheet kar diya;
- ⁵ Pataal ki rassiyon mere charo or thi, aur mrityu ke phande mujh par aaye the.
- ⁶ Apne sankat mein main ne Yahowa Parmeshwar ko pukara; main ne apne Parmeshwar ki dohai di. Aur usne apne mandir mein se meri batein suni. Aur meri dohai uske paas pahunchkar uske kanon mein padi.
- ⁷ Tab prithvi hil gai, aur kaamp uthi aur pahadon ki neve kampil hokar hil gai kyunki vah ati krodhit huua tha.
- ⁸ Uske nathnon se dhuaan nikla, aur uske munh se aag nikalkar bhasm karne lagi; jis se koyele dahak uthe.
- ⁹ Aur vah swarg ko neeche jhukakar utar aaya; aur uske panvon tale ghor andhakaar tha.
- ¹⁰ Aur vah karoob par savaar hokar uda, varan pavan ke pankhon par savari karke veg se uda.
- ¹¹ Usne andhiyare ko apne chhipne ka sthaan aur apne charon or meghon ke andhakaar aur aakaash ki kali ghataon ka mandap banaya.
- ¹² Uski upasthiti ki jhalak se uski kali ghatayen phat gai; ole aur angare.
- ¹³ Tab Yahowa aakaash mein garja, aur parmapradhaan ne apni vani sunai, ole or angare.
- ¹⁴ Usne apne teer chala chalakar un ko titar bitar kiya; varan bijliyan gira girakar un ko paraast kiya.
- ¹⁵ Tab jal ke nale dekh pade, aur jagat ki nevein pragat hui, yah to Yahowa teri daant se, aur tere nathnon ki saans ki jhonk se huua.
- ¹⁶ Usne oopar se haath badhakar mujhe thaam liya, aur gahire jal mein se kheench liya.
- ¹⁷ Usne mere balvant shatru se, aur un se jo mujh se ghrina karte the mujhe chhudaya; kyunki ve adhik samarthi the.
- ¹⁸ Meri vipatti ke din ve mujh par aa pade. Parantu Yahowa mera aashray tha.

- ¹⁹ Aur usne mujhe nikaal kar chaude sthaan mein pahunchaya, usne mujh ko chhudaya, kyunki vah mujh se prasann tha.
- ²⁰ Yahowa ne mujh se mere dharm ke anusaar vyavhaar kiya; aur mere hathon ki shuddhata ke anusaar usne mujhe badla diya.
- ²¹ Kyonki main Yahowa ke margon par chalta raha, aur dushtata ke karan apne Parmeshwar se door na huua.
- ²² Kyonki uske sare nirnay mere sammukh bane rahe aur main ne uski vidhiyon ko na tyaga.
- ²³ Aur main uske sammukh siddh bana raha, aur adharm se apne ko bachaye raha.
- ²⁴ Yahowa ne mujhe mere dharm ke anusaar badla diya, aur mere hathon ki us shuddhata ke anusaar jise vah dekhta tha.
- ²⁵ Dayavant ke saath tu apne ko dayavant dikhata; aur khare puroosh ke saath tu apne ko khara dikhata hai.
- ²⁶ Shuddh ke saath tu apne ko shuddh dikhata, aur tedhe ke saath tu tirschha banta hai.
- ²⁷ Kyonki tu deen logon ko to bachata hai; parantu ghamand bhari aankhon ko neechi karta hai.
- ²⁸ Han, tu hi mere deepak ko jalata hai; mera Parmeshwar Yahowa mere andhiyare ko ujiyala kar deta hai.
- ²⁹ Kyonki teri sahayta se main sena par dhava karta hoon; aur apne Parmeshwar ki sahayta se shahrapnaah ko laangh jata hoon.
- ³⁰ Ishwar ka maarg sachchai; Yahowa ka vachan taya huua hai; vah apne sab sharnagton ki dhaal hai.
- ³¹ Yahowa ko chhod kya koi ishwar hai? Hamare Parmeshwar ko chhod kya aur koi chattaan hai?
- ³² Yah vahi ishwar hai, jo samarth se mera katibandh bandhata hai, aur mere maarg ko siddh karta hai.
- ³³ Vahi mere pairon ko hariniyon ke pairon ke samaan banata hai, aur mujhe mere oonche sthanon par khada karta hai.
- ³⁴ Vah mere hathon ko yuddh karna sikhata hai, isliye meri bahun se peetal ka dhanush jhuk jata hai.
- ³⁵ Tu ne mujh ko apne bachaav ki dhaal di hai, tu apne dahine haath se mujhe sambhale hue hai, aur meri namrata ne mahatva diya hai.
- ³⁶ Tu ne mere pairon ke liye sthaan chauda kar diya, aur mere pair nahi phisle.
- ³⁷ Main apne shatruon ka peechha karke unhein pakad loonga; aur jab tak unka ant na karun tab tak na lautoonga.

- ³⁸ Main unhein aisa bedhoonga ki ve uth na sakege; ve mere panvon ke neeche gir padenge.
- ³⁹ Kyonki tu ne yuddh ke liye meri kamar mein shakti ka patuka bandha hai; aur mere virodhiyon ko mere sammukh neecha kar diya.
- ⁴⁰ Tu ne mere shatruon ki peeth meri or pher di, taki main un ko kaat dalun jo mujh se dwesh rakhte hain.
- ⁴¹ Unhonne dohai to di parantu unhein koi bhi bachane vala na mila, unhonne Yahowa ki bhi dohai di, parantu usne bhi un ko uttar na diya.
- ⁴² Tab main ne un ko koot kootkar pavan se udai hui dhooli ke samaan kar diya; main ne un ko gali koochon ki keechad ke samaan nikaal phenka.
- ⁴³ Tu ne mujhe praja ke jhagdon se bhi chhudaya; tu ne mujhe anyajatiyon ka pradhaan banaya hai; jin logon ko main janta bhi na tha ve mere aadheen ho gaye.
- ⁴⁴ Mera naam sunte hi ve meri aagya ka palan karenge; pardeshi mere vash mein ho jayenge.
- ⁴⁵ Pardeshi murjha jayenge, aur apne kilon mein se tharathrate hue niklenge.
- ⁴⁶ Yahowa Parmeshwar jeevit hai; meri chattaan dhanya hai; aur mere muktidata Parmeshwar ki badai ho.
- ⁴⁷ Dhanya hai mera palta lene vala ishwar! Jisne desh desh ke logon ko mere vash mein kar diya hai;
- ⁴⁸ Aur mujhe mere shatruon se chhudaya hai; tu mujh ko mere virodhiyon se ooncha karta, aur upadravi puroosh se bachata hai.
- ⁴⁹ Is karan main jati jati ke samhane tera dhanyavaad karoonga, aur tere naam ka bhajan gaoonga.
- ⁵⁰ Vah apne thahraye hue raja ka bada uddhaar karta hai, vah apne abhishikt Daud par aur uske vansh par yuganuyug karoona karta rahega.

- ¹ Aakaash ishwar ki mahima varnan kar raha hai; aur aakashmandal uski hastakla ko pragat kar raha hai.
- ² Din se din batein karta hai, aur raat ko raat gyaan sikhati hai.
- ³ Na tokoi boli hai aur na koi bhasha jahan unka shabd sunai nahi deta hai.
- ⁴ Unka swar sari prithvi par goonj gaya hai, aur unke vachan jagat ki chhor tak pahunch gaye hain.
Un mein usne soorya ke liye ek mandap khada kiya hai,
- ⁵ Jo dulhe ke samaan apne mahal se nikalta hai. Vah shoorveer ki nai apni daud daudne ko harshit hota hai.
- ⁶ Vah aakaash ki ek chhor se nikalta hai, aur vah uski doosri chhor tak chakkar marta hai; aur uski garmi sab ko pahunchti hai.
- ⁷ Yahowa ki vyavastha khari hai, vah praan ko bahaal kar deti hai; Yahowa ke niyam vishwasyogya hain, sadharan logon ko buddhimaan bana dete hain;
- ⁸ Yahowa ke upadesh siddh hain, hriday ko aanandit kar dete hain; Yahowa ki aagya nirmal hai, vah aankhon mein jyoti le aati hai;
- ⁹ Yahowa ka bhay pavitra hai, vah anantakaal tak sthir rahta hai; Yahowa ke niyam satya aur poori reeti se dharmamay hain.
- ¹⁰ Ve to sone se aur bahut kundan se bhi badhkar manohar hain; ve madhu se aur tapakne vale chhatte se bhi badhkar madhur hain.
- ¹¹ Aur unhi se tera daas chitaya jata hai; unke palan karne se bada hi pratiphal milta hai.
- ¹² Apni bhoolchook ko kaun samajh sakta hai? Mere gupt papon se tu mujhe pavitra kar.
- ¹³ Tu apne daas ko dhithai ke papon se bhi bachaye rakh; vah mujh par prabhuta karne na payen!
Tab main siddh ho jaoonga, aur bade apradhon se bacha rahoonga.
- ¹⁴ Mere munh ke vachan aur mere hriday ka dhyaan tere sammukh grahan yogya hon, he Yahowa Parmeshwar, meri chattaan aur mere uddhaar karne vale!

- ¹ Sankat ke din Yahowa teri sun le! Yakub ke Parmeshwar ka naam tujhe oonche sthaan par niyukt kare!
- ² Vah pavitra sthaan se teri sahayta kare, aur siyyon se tujhe sambhaal le!
- ³ Vah tere sab annabliyon ko smaran kare, aur tere homabli ko grahan kare.
- ⁴ Vah tere man ki ichchha ko poori kare, aur teri sari yukti ko suphal kare!
- ⁵ Tab ham tere uddhaar ke karan oonche swar se harshit hokar gayenge, aur apne Parmeshwar ke naam se jhande khade karenge. Yahowa tujhe munh manga vardaand de.
- ⁶ Ab main jaan gaya ki Yahowa apne abhishikt ka uddhaar karta hai; vah apne dahine haath ke uddhaar karne vale parakram se apne pavitra swarg par se sunkar use uttar dega.
- ⁷ Kisi ko rathon ko, aur kisi ko ghodon ka bharosa hai, parantu ham to apne Parmeshwar Yahowa hi ka naam lenge.
- ⁸ Ve to jhuk gaye aur gir pade parantu ham uthe aur seedhe khade hain.
- ⁹ He Yahowa, bacha le; jis din ham pukarein to maharaja hamein uttar de.

- ¹ He Yahowa teri samarthya se raja aanandit hoga; aur tere kiye hue uddhaar se vah ati magan hoga.
- ² Tu ne uske manorath ko poora kiya hai, aur uske munh ki binti ko tu ne asweekaar nahi kiya.
- ³ Kyonki tu uttam aasheeshein deta huaa usse milta hai aur tu uske sir par kundan ka mukut pahinata hai.
- ⁴ Usne tujh se jeevan manga, or tu ne jeevan daan diya; tu ne usko yuganuyug ka jeevan diya hai.
- ⁵ Tere uddhaar ke karan uski mahima adhik hai; tu usko vaibhav aur aishwarya se aabhooshit kar deta hai.
- ⁶ Kyonki tu ne usko sarvada ke liye aasheeshit kiya hai; tu apne sammukh usko harsh aur aanand se bhar deta hai.
- ⁷ Kyonki raja ka bharosa Yahowa ke oopar hai; aur parmapradhaan ki karoona se vah kabhi nahi talne ka.
- ⁸ Tera haath tere sab shatruon ko dhoondh nikalega, tera dahina haath tere sab bairiyon ka pata laga lega.
- ⁹ Tu apne mukh ke sammukh unhein jalte hue bhatte ki nai jalayega. Yahowa apne krodh mein unhein nigal jayega, aur aag un ko bhasm kar dalegi.
- ¹⁰ Tu unke phalon ko prithvi par se, aur unke vansh ko manushyon mein se nasht karega.
- ¹¹ Kyonki unhonne teri hani thani hai, unhonne aisi yukti nikali hai jise ve poori na kar sakege.
- ¹² Kyonki tu apna dhanush unke virooddh chadhayega, aur ve peeth dikhakar bhagenge.
- ¹³ He Yahowa, apni samarthya mein mahaan ho! Aur ham ga gakar tere parakram ka bhajan sunayenge.

- ¹ He mere Parmeshwar, he mere Parmeshwar, tu ne mujhe kyon chhod diya? Tu meri pukaar se aur meri sahayta karne se kyon door rahta hai? Mera uddhaar kahan hai?
- ² He mere Parmeshwar, main din ko pukarta hoon parantu tu uttar nahi deta; aur raat ko bhi main chup nahi rahta.
- ³ Parantu he tu jo Israel ki stuti ke sihansan par virajmaan hai, tu to pavitra hai.
- ⁴ Hamare purkha tujhi par bharosa rakhte the; ve bharosa rakhte the, aur tu unhein chhudata tha.
- ⁵ Unhonne teri dohai di aur tu ne un ko chhudaya ve tujhi par bharosa rakhte the aur kabhi lajjit na hue.
- ⁶ Parantu main to keeda hoon, manushya nahi; manushyon mein meri namadhrai hai, aur logon mein mera apmaan hota hai.
- ⁷ Vah sab jo mujhe dekhte hain mera thattha karte hain, aur onth bichkate aur yah kahte hue sir hilate hain,
- ⁸ Ki apne ko Yahowa ke vash mein kar de vahi usko chhudaye, vah usko ubare kyonki vah usse prasann hai.
- ⁹ Parantu tu hi ne mujhe garbh se nikala; jab main doodhpiuva bachcha tha, tab hi se tu ne mujhe bharosa rakhna sikhlaya.
- ¹⁰ Main janmate hi tujhi par chhod diya gaya, mata ke garbh hi se tu mera ishwar hai.
- ¹¹ Mujh se door na ho kyonki sankat nikat hai, aur koi sahayak nahi.
- ¹² Bahut se sandhon ne mujhe gher liya hai, bashaan ke balvant saandh mere charon or mujhe ghere hue hain.
- ¹³ Vah phadne aur garajne vale sinh ki nai mujh par apna munh pasare hue hai.
- ¹⁴ Main jal ki nai bah gaya, aur meri sab haddiyon ke jod ukhad gaye: mera hriday mom ho gaya, vah meri deh ke bheetar pighal gaya.
- ¹⁵ Mera bal toot gaya, main theekra ho gaya; aur meri jeebh mere talu se chipak gai; aur tu mujhe markar mitti mein mila deta hai.
- ¹⁶ Kyonki kutton ne mujhe gher liya hai; kukarmiyon ki mandali meri charon or mujhe ghere hue hai; vah mere haath aur mere pair chhedte hain.
- ¹⁷ Main apni sab haddiyan gin sakta hoon; ve mujhe dekhte aur niharte hain;
- ¹⁸ Ve mere vastra aapas mein bantte hain, aur mere pahirave par chitthi dalte hain.
- ¹⁹ Parantu he Yahowa tu door na rah! He mere sahayak, meri sahayta ke liye phurti kar!

- ²⁰ Mere praan ko talvaar se bacha, mere praan ko kutte ke panje se bacha le!
- ²¹ Mujhe sinh ke munh se bacha, han, jangli sandhon ke seengo mein se tu ne mujhe bacha liya hai.
- ²² Main apne bhaiyon ke samhane tere naam ka prachaar karoonga; sabha ke beech mein teri prashansa karoonga.
- ²³ He Yahowa ke darvaiyon uski stuti karo! He Yakub ke vansh, tum sab uski mahima karo! He istrayel ke vansh, tum uska bhay mano!
- ²⁴ Kyonki usne dukhi ko tuchchh nahi jana aur na usse ghrina karta hai, or na usse apna mukh chhipata hai; par jab usne uski dohai di, tab uski sun li.
- ²⁵ Badi sabha mein mera stuti karna teri hi or se hota hai; main apne pran ko usse bhay rakhne valon ke samhane poora karoonga
- ²⁶ Namra log bhojan karke tript honge; jo Yahowa ke khoji hain, ve uski stuti karenge. Tumhare praan sarvada jeevit rahein!
- ²⁷ Prithvi ke sab door door deshon ke log usko smaran karenge aur uski or phirenge; aur jati jati ke sab kul tere samhane dandavat karenge.
- ²⁸ Kyonki rajya Yahowa ki ka hai, aur sab jatiyon par vahi prabhuta karta hai.
- ²⁹ Prithvi ke sab hrishtapusht log bhojan karke dandavat karenge; vah sab jitne mitti mein mil jate hain aur apna apna praan nahi bacha sakte, ve sab usi ke samhane ghutne tekenge.
- ³⁰ Ek vansh uski seva karega; doosra peedhi se Prabhu ka varnan kiya jayega.
- ³¹ Vah aayenge aur uske dharm ke kamon ko ek vansh par jo utpann hoga yah kahkar pragat karenge ki usne aise aise adbhut kaam kiye.

- ¹ Yahowa mera charvaha hai, mujhe kuchh ghati na hogi.
- ² Vah mujhe hari hari charaiyon mein baithata hai; vah mujhe sukh-dai jal ke jharne ke paas le chalta hai;
- ³ Vah mere ji mein ji le aata hai. Dharm ke margon mein vah apne naam ke nimitt meri aguvai karta hai.
- ⁴ Chahe main ghor andhakaar se bhari hui tarai mein hokar chalun, taubhi hani se na daroonga, kyonki tu mere saath rahta hai; tere sonte aur teri lathi se mujhe shanti milti hai.
- ⁵ Tu mere satane valon ke samhane mere liye mej bichhata hai; tu ne mere sir par tel mala hai, mera katora umand raha hai.
- ⁶ Nishchay bhalai aur karoona jeevan bhar mere saath saath bani rahengi; aur main Yahowa ke dhaam mein sarvada vaas karoonga.

- ¹ Prithvi aur jo kuchh us mein hai Yahowa hi ka hai; jagat aur us mein nivaas karne vale bhi.
- ² Kyonki usi ne uski neenv samudron ke oopar dridh karke rakhi, aur mahandon ke oopar sthir kiya hai.
- ³ Yahowa ke parvat par kaun chadh sakta hai? Aur uske pavitra sthaan mein kaun khada ho sakta hai?
- ⁴ Jiske kaam nirdosh aur hriday shuddh hai, jisne apne man ko vyarth baat ki or nahi lagaya, aur na kapat se shapath khai hai.
- ⁵ Vah Yahowa ki or se aasheesh payega, aur apne uddhaar karne vale Parmeshwar ki or se dharmi thahrega.
- ⁶ Aise hi log uske khoji hain, ve tere darshan ke khoji Yakub vanshi hain.
- ⁷ He phatkon, apne sir oonche karo. He sanatan ke dwaron, oonche ho jao. Kyonki pratapi raja pravesch karega.
- ⁸ Vah pratapi raja kaun hai? Parmeshwar jo samarthi aur parakrami hai, Parmeshwar jo yuddh mein parakrami hai!
- ⁹ He phatkon, apne sir oonche karo he sanatan ke dwaron tum bhi khul jao! Kyonki pratapi raja pravesch karega!
- ¹⁰ Vah pratapi raja kaun hai? Senaon ka Yahowa, vahi pratapi raja hai.

- ¹ He Yahowa main apne man ko teri or uthata hoon.
- ² He mere Parmeshwar, main ne tujhi par bharosa rakha hai, mujhe lajjit hone na de; mere shatru mujh par jayjaykaar karne na payen.
- ³ Varan jitne teri baat johte hain un mein se koi lajjit na hoga; parantu jo akaran vishwasghati hain ve hi lajjit honge.
- ⁴ He Yahowa apne maarg mujh ko dikhla; apna path mujhe bata de.
- ⁵ Mujhe apne satya par chala aur shiksha de, kyonki tu mera uddhaar karne vala Parmeshwar hai; main din bhar teri hi baat johta rahta hoon.
- ⁶ He Yahowa apni daya aur karoona ke kamon ko smaran kar; kyonki ve to anantakaal se hote aaye hain.
- ⁷ He Yahowa apni bhalai ke karan meri javani ke papon aur mere apradhon ko smaran na kar; apni karoona hi ke anusaar tu mujhe smaran kar.
- ⁸ Yahowa bhala aur seedha hai; isliye vah papiyon ko apna maarg dikhlayega.
- ⁹ Vah namra logon ko nyaay ki shiksha dega, han vah namra logon ko apna maarg dikhlayega.
- ¹⁰ Jo Yahowa ki vacha aur chitauniyon ko mante hain, unke liye uske sab maarg karoona aur sachchai hain.
- ¹¹ He Yahowa apne naam ke nimitt mere adharm ko jo bahut hain kshama kar.
- ¹² Vah kaun hai jo Yahowa ka bhay manta hai? Yahowa usko usi maarg par jis se vah prasann hota hai chalayega.
- ¹³ Vah kushal se tika rahega, aur uska vansh prithvi par adhikari hoga.
- ¹⁴ Yahowa ke bhed ko vahi jante hain jo usse darte hain, aur vah apni vacha un par pragat karega.
- ¹⁵ Meri aankhe sadaiv Yahowa par takatki lagaye rahti hain, kyonki vahi mere panvon ko jaal mein se chhudayega.
- ¹⁶ He Yahowa meri or phirkar mujh par anugrah kar; kyonki main akela aur deen hoon.
- ¹⁷ Mere hriday ka klesh badh gaya hai, tu mujh ko mere dukhon se chhuda le.
- ¹⁸ Tu mere dukh aur kasht par drishti kar, aur mere sab papon ko kshama kar.
- ¹⁹ Mere shatruon ko dekh ki ve kaise badh gaye hain, aur mujh se bada bair rakhte hain.
- ²⁰ Mere praan ki raksha kar, aur mujhe chhuda; mujhe lajjit na hone de, kyonki main tera sharnagat hoon.

²¹ Kharai aur seedhai mujhe surakshit rakhein, kyonki mujhe tere hi aasha hai.

²² He Parmeshwar Israel ko uske sare sankton se chhuda le.

- ¹ He Yahowa, mera nyaay kar, kyonki main kharai se chalta raha hoon, aur mera bharosa Yahowa par atal bana hai.
- ² He Yahowa, mujh ko jaanch aur parakh; mere man aur hriday ko parakh.
- ³ Kyonki teri karoona to meri aankhon ke samhane hai, aur main tere satya maarg par chalta raha hoon.
- ⁴ Main nikammi chaal chalne valon ke sang nahi baitha, aur na main kaptiyon ke saath kahi jaoonga;
- ⁵ Main kukarmiyon ki sangti se ghrina rakhta hoon, aur dushton ke sang na baithoonga.
- ⁶ Main apne hathon ko nirdoshta ke jal se dhooonga, tab he Yahowa main teri vedi ki pradakshina karoonga,
- ⁷ Taki tera dhanyavaad oonche shabd se karun,
- ⁸ Aur tere sab aashcharyakarmon ka varnan karun. He Yahowa, main tere dhaam se teri mahima ke nivaas sthaan se preeti rakhta hoon.
- ⁹ Mere praan ko papiyon ke saath, aur mere jeevan ko hatyaron ke saath na mila.
- ¹⁰ Ve to ochhapan karne mein lage rahte hain, aur unka dahina haath ghoos se bhara rahta hai.
- ¹¹ Parantu main to kharai se chalta rahoonga. Tu mujhe chhuda le, aur mujh par anugrah kar.
- ¹² Mere paanv chauras sthaan mein sthir hai; sabhaon mein main Yahowa ko dhanya kaha karoonga.

- ¹ Yahowa Parmeshwar meri jyoti aur mera uddhaar hai; main kis se darun? Yahowa mere jeevan ka dridh gadh thahra hai, main kis ka bhay khaun?
- ² Jab kukarmiyon ne jo mujhe satate aur mujhi se bair rakhte the, mujhe kha dalne ke liye mujh par chadhai ki, tab ve hi thokar khakar gir pade.
- ³ Chahe sena bhi mere viruddh chhavni dale, taubhi main na daroonga; chahe mere viruddh ladai than jaye, us dasa mein bhi main hiyaav bandhe nishchint rahoonga.
- ⁴ Ek var main ne Yahowa se manga hai, usi ke yatn mein laga rahoonga; ki main jeevan bhar Yahowa ke bhavan mein rahne paun, jis se Yahowa ki manoharta par drishti lagaye rahun, aur uske mandir mein dhyaan kiya karun.
- ⁵ Kyonki vah to mujhe vipatti ke din mein apne mandap mein chhipa rakhega; apne tambu ke gupt sthaan mein vah mujhe chhipa lega, aur chattaan par chadhayega.
- ⁶ Ab mera sir mere charon or ke shatruon se ooncha hoga; aur main Yahowa ke tambu mein jayjaykaar ke saath balidaan chadhaoonga; aur uska bhajan gaoonga.
- ⁷ He Yahowa, mera shabd sun, main pukarta hoon, tu mujh par anugrah kar aur mujhe uttar de.
- ⁸ Tu ne kaha hai, ki mere darshan ke khoji ho. Isliye mera man tujh se kahta hai, ki he Yahowa, tere darshan ka main khoji rahoonga.
- ⁹ Apna mukh mujh se na chhipa. Apne daas ko krodh karke na hata, tu mera sahayak bana hai. He mere uddhaar karne vale Parmeshwar mujhe tyag na de, aur mujhe chhod na de!
- ¹⁰ Mere mata pita ne to mujhe chhod diya hai, parantu Yahowa mujhe sambhaal lega.
- ¹¹ He Yahowa, apne maarg mein meri aguvai kar, aur mere drohiyon ke karan mujh ko chauras raste par le chal.
- ¹² Mujh ko mere satane valon ki ichchha par na chhod, kyonki jhoothi sakshi jo upadrav karne ki dhun mein hain mere viruddh uthe hain.
- ¹³ Yadi mujhe vishwaas na hota ki jeeviton ki prithvi par Yahowa ki bhalai ko dekhoonga, to main moorchchhit ho jata.
- ¹⁴ Yahowa ki baat johta rah; hiyaav baandh aur tera hriday dridh rahe; han, Yahowa hi ki baat johta rah!

- ¹ He Yahowa, main tujhi ko pukaroonga; he meri chattaan, meri suni ansuni na kar, aisa na ho ki tere chup rahne se main kabra mein pade huon ke samaan ho jaun jo pataal mein chale jate hain.
- ² Jab main teri dohai dun, aur tere pavitra sthaan ki bheetri kothri ki or apne haath uthaun, tab meri gidgidahat ki baat sun le.
- ³ Un dushton aur anarthakariyon ke sang mujhe na ghaseet; jo apne padosiyon batein to mel ki bolte hain parantu hriday mein burai rakhte hain.
- ⁴ Unke kamon ke aur unki karni ki burai ke anusaar un se bartaav kar, unke hathon ke kaam ke anusaar unhein badla de; unke kamon ka palta unhein de.
- ⁵ Ve Yahowa ke kamon par aur uske hathon ke kamon par dhyaan nahi karte, isliye vah unhein pachhadega aur phir na uthayega.
- ⁶ Yahowa dhanya hai; kyonki usne meri gidgidahat ko suna hai.
- ⁷ Yahowa mera bal aur meri dhaal hai; us par bharosa rakhne se mere man ko sahayta mili hai; isliye mera hriday praphullit hai; aur main geet gakar uska dhanyavaad karoonga.
- ⁸ Yahowa unka bal hai, vah apne abhishikt ke liye uddhaar ka dridh gadh hai.
- ⁹ He Yahowa apni praja ka uddhaar kar, aur apne nij bhaag ke logon ko aasheesh de; aur unki charvahi kar aur sadaiv unhein sambhale rah.

- ¹ He Parmeshwar ke putron Yahowa ka, han Yahowa hi ka gunanuvaad karo, Yahowa ki mahima aur samarth ko saraho.
- ² Yahowa ke naam ki mahima karo; pavitrata se shobhaymaan hokar Yahowa ko dandavat karo.
- ³ Yahowa ki vani meghon ke oopar sun padti hai; pratapi ishwar garajta hai, Yahowa ghane meghon ke oopar rahta hai.
- ⁴ Yahowa ki vani shaktishali hai, Yahowa ki vani pratapmay hai.
- ⁵ Yahowa ki vani devdaron ko tod dalti hai; Yahowa labanon ke devdaron ko bhi tod dalta hai.
- ⁶ Vah unhein bachhde ki nai aur labanon aur shiryon ko jangli bachhde ke samaan uchhalta hai.
- ⁷ Yahowa ki vani aag ki lapton ko cheerti hai.
- ⁸ Yahowa ki vani van ko hila deti hai, Yahowa kadesh ke van ko bhi kampata hai.
- ⁹ Yahowa ki vani se hariniyon ka garbhapaat ho jata hai. Aur aranya mein patjhad hoti hai; aur uske mandir mein sab koi mahima hi mahima bolta rahta hai.
- ¹⁰ Jalapralay ke samay Yahowa virajmaan tha; aur Yahowa sarvada ke liye raja hokar virajmaan rahta hai.
- ¹¹ Yahowa apni praja ko bal dega; Yahowa apni praja ko shanti ki aasheesh dega.

- ¹ He Yahowa main tujhe sarahoonga, kyonki tu ne mujhe kheenchkar nikala hai, aur mere shatruon ko mujh par aanand karne nahi diya.
- ² He mere Parmeshwar Yahowa, main ne teri dohai di aur tu ne mujhe changa kiya hai.
- ³ He Yahowa, tu ne mera praan adholok mein se nikala hai, tu ne mujh ko jeevit rakha aur kabra mein padne se bachaya hai.
- ⁴ He Yahowa ke bhakton, uska bhajan gao, aur jis pavitra naam se uska smaran hota hai, uska dhanyavaad karo.
- ⁵ Kyonki uska krodh, to kshan bhar ka hota hai, parantu uski prasannata jeevan bhar ki hoti hai. Kadachit raat ko rona pade, parantu sabere aanand pahunchega.
- ⁶ Main ne to apne chain ke samay kaha tha, ki main kabhi nahi talne ka.
- ⁷ He Yahowa apni prasannata se tu ne mere pahaad ko dridh aur sthir kiya tha; jab tu ne apna mukh pher liya tab main ghabra gaya.
- ⁸ He Yahowa main ne tujhi ko pukara; aur Yahowa se gidgidakar yah binti ki, ki
- ⁹ Jab main kabra mein chala jaoonga tab mere lohu se kya laabh hoga? Kya mitti tera dhanyavaad kar sakti hai? Kya vah teri sachchai ka prachaar kar sakti hai?
- ¹⁰ He Yahowa, sun, mujh par anugrah kar; he Yahowa, tu mera sahayak ho.
- ¹¹ Tu ne mere liye vilaap ko nritya mein badal dala, tu ne mera taat utarvakar meri kamar mein aanand ka patuka bandha hai;
- ¹² Taki meri aatma tera bhajan gati rahe aur kabhi chup na ho. He mere Parmeshwar Yahowa, main sarvada tera dhanyavaad karta rahoonga.

- ¹ He Yahowa mera bharosa tujh par hai; mujhe kabhi lajjit hona na pade; tu apne dharmi hone ke karan mujhe chhuda le!
- ² Apna kaan meri or lagakar turant mujhe chhuda le!
- ³ Kyonki tu mere liye chattaan aur mera gadh hai; isliye apne naam ke nimitt meri aguvai kar, aur mujhe aage le chal.
- ⁴ Jo jaal unhonne mere liye bichhaya hai usse tu mujh ko chhuda le, kyonki tu hi mera dridh gadh hai.
- ⁵ Main apni aatma ko tere hi haath mein saump deta hoon; he Yahowa, he satyavadi ishwar, tu ne mujhe mol lekar mukt kiya hai.
- ⁶ Jo vyarth vastuon par man lagate hain, un se main ghrina karta hoon; parantu mera bharosa Yahowa hi par hai.
- ⁷ Main teri karoona se magan aur aanandit hoon, kyonki tu ne mere dukh par drishti ki hai, mere kasht ke samay tu ne meri sudhi li hai,
- ⁸ Aur tu ne mujhe shatru ke haath mein padne nahi diya; tu ne mere panvon ko chaude sthaan mein khada kiya hai.
- ⁹ He Yahowa, mujh par anugrah kar kyonki main sankat mein hoon; meri aankhe varan mera praan aur shareer sab shok ke mare ghule jate hain.
- ¹⁰ Mera jeevan shok ke mare aur meri avastha karahte karahte ghat chali hai; mera bal mere adharm ke karan jata rah, aur meri haddiyan ghul gai.
- ¹¹ Apne sab virodhiyon ke karan mere padosiyon mein meri namadhrail hui hai, apne jaan pahichaan valon ke liye dar ka karan hoon; jo mujh ko sadak par dekhte hai vah mujh se door bhaag jate hain.
- ¹² Main mritak ki nai logon ke man se bisar gaya; main toote bartan ke samaan ho gaya hoon.
- ¹³ Main ne bahuton ke munh se apna apvaad suna, charon or bhay hi bhay hai! Jab unhonne mere viruddh aapas mein sammati ki tab mere praan lene ki yukti ki.
- ¹⁴ Parantu he Yahowa main ne to tujhi par bharosa rakha hai, main ne kaha, tu mera Parmeshwar hai.
- ¹⁵ Mere din tere haath mein hai; tu mujhe mere shatruon aur mere satane valon ke haath se chhuda.
- ¹⁶ Apne daas par apne munh ka prakaash chamka; apni karoona se mera uddhaar kar.

- ¹⁷ He Yahowa, mujhe lajjit na hone de kyonki main ne tujh ko pukara hai; dusht lajjit hon aur ve pataal mein chupchaap pade rahein.
- ¹⁸ Jo anhkaar aur apmaan se dharmi ki ninda karte hain, unke jhooth bolne vale munh band kiye jayen.
- ¹⁹ Aaha, teri bhalai kya hi badi hai jo tu ne apne darvaiyon ke liye rakh chhodi hai, aur apne sharnagton ke liye manushyon ke samhane pragat bhi ki hai!
- ²⁰ Tu unhein darshan dene ke gupt sthaan mein manushyon ki buri goshti se gupt rakhega; tu un ko apne mandap mein jhagde-ragde se chhipa rakhega.
- ²¹ Yahowa dhanya hai, kyonki usne mujhe gadh vale nagar mein rakhkar mujh par adbhut karoona ki hai.
- ²² Main ne to ghabrakar kaha tha ki main Yahowa ki drishti se door ho gaya. Taubhi jab main ne teri dohai di, tab tu ne meri gidgidahat ko sun liya.
- ²³ He Yahowa ke sab bhakton usse prem rakho! Yahowa sachche logon ki to raksha karta hai, parantu jo ahankaar karta hai, usko vah bhali bhanti badla deta hai.
- ²⁴ He Yahowa paraaasha rakhne valon hiyaav bandho aur tumhare hriday dridh rahein!

- ¹ Kya hi dhanya hai vah jiska apraadh kshama kiya gaya, aur jiska paap dhampa gaya ho.
- ² Kya hi dhanya hai vah manushya jiske adharm ka Yahowa lekha na le, aur jiski aatma mein kapat na ho.
- ³ Jab main chup raha tab din bhar karahte karahte meri haddiyan pighal gai.
- ⁴ Kyonki raat din main tere haath ke neechе daba raha; aur meri taravat dhoop kaal ki si jhurrahat banti gai.
- ⁵ Jab main ne apna paap tujh par pragat kiya aur apna adharm na chhipaya, aur kaha, main Yahowa ke samhane apne apradhon ko maan loonga; tab tu ne mere adharm aur paap ko kshama kar diya.
- ⁶ Is karan har ek bhakt tujh se aise samay mein prarthana kare jab ki tu mil sakta hai. Nishchay jab jal ki badi baadh aaye taubhi us bhakt ke paas na pahunchegi.
- ⁷ Tu mere chhipne ka sthaan hai; tu sankat se meri raksha karega; tu mujhe charon or se chhutkare ke geeton se gher lega.
- ⁸ Main tujhe buddhi doonga, aur jis maarg mein tujhe chalna hoga us mein teri aguvai karoonga; main tujh par kripa drishti rakhoonga aur sammatti diya karoonga.
- ⁹ Tum ghode aur khachchar ke samaan na bano jo samajh nahi rakhte, unki umang lagaam aur baag se rokni padti hai, nahi to ve tere vash mein nahi aane ke.
- ¹⁰ Dusht ko to bahut peeda hogi; parantu jo Yahowa par bharosa rakhta hai vah karoona se ghira rahega.
- ¹¹ He dharmiyon Yahowa ke karan aanandit aur magan ho, aur he sab seedhe man valon aanand se jayjaykaar karo!

- ¹ He dharmiyon Yahowa ke karan jayjaykaar karo kyonki dharmi logon ko stuti karni sohti hai.
- ² Veena baja bajakar Yahowa ka dhanyavaad karo, das taar vali sarangi baja bajakar uska bhajan gao.
- ³ Uske liye naya geet gao, jayjaykaar ke saath bhali bhanti bajao.
- ⁴ Kyonki Yahowa ka vachan seedha hai; aur uska sab kaam sachchai se hota hai.
- ⁵ Vah dharm aur nyaay se preeti rakhta hai; Yahowa ki karoona se prithvi bharpoor hai.
- ⁶ Aakashmandal Yahowa ke vachan se, aur uske sare gan uske munh hi shwaas se bane.
- ⁷ Vah samudra ka jal dher ki nai ikattha karta; vah gahire sagar ko apne bhandaar mein rakhta hai.
- ⁸ Sari prithvi ke log Yahowa se darein, jagat ke sab nivasi uska bhay manein!
- ⁹ Kyonki jab usne kaha, tab ho gaya; jab usne aagya di, tab vastav mein vaisa hi ho gaya.
- ¹⁰ Yahowa anya anya jatiyon ki yukti ko vyarth kar deta hai; vah desh desh ke logon ki kalpanaon ko nishphal karta hai.
- ¹¹ Yahowa ki yukti sarvada sthir rahegi, uske man ki kalpanayen peedhi se peedhi tak bani rahengi.
- ¹² Kya hi dhanya hai vah jati jiska Parmeshwar Yahowa hai, aur vah samaaj jise usne apna nij bhaag hone ke liye chun liya ho!
- ¹³ Yahowa swarg se drishti karta hai, vah sab manushyon ko niharta hai;
- ¹⁴ Apne nivaas ke sthaan se vah prithvi ke sab rahne valon ko dekhta hai,
- ¹⁵ Vahi jo un sabhon ke hridayon ko gadhta, aur unke sab kamon ka vichar karta hai.
- ¹⁶ Koi aisa raja nahi, jo sena ki bahutayat ke karan bach sake; veer apni badi shakti ke karan chhoot nahi jata.
- ¹⁷ Bach nikalne ke liye ghoda vyarth hai, vah apne bade bal ke dwara kisi ko nahi bacha sakta hai.
- ¹⁸ Dekho, Yahowa ki drishti uske darvayon par aur un par jo uski karoona ki aasha rakhte hain bani rahti hai,
- ¹⁹ Ki vah unke praan ko mrityu se bachaye, aur akaal ke samay un ko jeevit rakhe.
- ²⁰ Ham Yahowa ka aasra dekhte aaye hain; vah hamara sahayak aur hamari dhaal thahra hai.
- ²¹ Hamara hriday uske karan aanandit hoga, kyonki ham ne uske pavitra naam ka bharosa rakha hai.
- ²² He Yahowa jaisi tujh par hamari aasha hai, vaisi hi teri karoona bhi ham par ho.

- ¹ Main har samay Yahowa ko dhanya kaha karoonga; uski stuti nirantar mere mukh se hoti rahegi.
- ² Main Yahowa par ghamand karoonga; namra log yah sunkar aanandit honge.
- ³ Mere saath Yahowa ki badai karo, aur aao ham milkar uske naam ki stuti karein.
- ⁴ Main Yahowa ke paas gaya, tab usne meri sun li, aur mujhe poori reeti se nirbhay kiya.
- ⁵ Jinhonne uski or drishti ki unhonne jyoti pai; aur unka munh kabhi kala na hone paya.
- ⁶ Is deen jan ne pukara tab Yahowa ne sun liya, aur usko uske sab kashton se chhuda liya.
- ⁷ Yahowa ke darvaiyon ke charon or uska doot chhavni kiye hue un ko bachata hai.
- ⁸ Parakhkar dekho ki Yahowa kaisa bhala hai! Kya hi dhanya hai vah puroosh jo uski sharan leta hai.
- ⁹ He Yahowa ke pavitra logo, uska bhay mano, kyonki uske darvaiyon ko kisi baat ki ghati nahi hoti!
- ¹⁰ Javaan sinhon to ghati hoti aur ve bhookhe bhi rah jate hain; parantu Yahowa ke khojiyon ko kisi bhali vastu ki ghati na hovegi.
- ¹¹ He ladkon, aao, meri suno, main tum ko Yahowa ka bhay manna sikhaoonga.
- ¹² Vah kaun manushya hai jo jeevan ki ichchha rakhta, aur deerghayu chahta hai taki bhalai dekhe?
- ¹³ Apni jeebh ko burai se rok rakh, aur apne munh ki chauksi kar ki usse chhal ki baat na nikle.
- ¹⁴ Burai ko chhod aur bhalai kar; mel ko dhoondh aur usi ka peechha kar.
- ¹⁵ Yahowa ki aankhe dharmiyon par lagi rahti hain, aur uske kaan bhi uski dohai ki or lage rahte hain.
- ¹⁶ Yahowa burai karne valon ke vimukh rahta hai, taki unka smaran prithvi par se mita dale.
- ¹⁷ Dharmi dohai dete hain aur Yahowa sunta hai, aur un ko sab vipattiyon se chhudata hai.
- ¹⁸ Yahowa toote man valon ke sameep rahta hai, aur pise huon ka uddhaar karta hai.
- ¹⁹ Dharmi par bahut si vipattiyan padti to hain, parantu Yahowa usko un sab se mukt karta hai.
- ²⁰ Vah uski haddi haddi ki raksha karta hai; aur un mein se ek bhi tootne nahi pati.
- ²¹ Dusht apni burai ke dwara mara jayega; aur dharmi ke bairi doshi thahrenge.
- ²² Yahowa apne dason ka praan mol lekar bacha leta hai; aur jitne uske sharnagat hain un mein se koi bhi doshi na thahrega.

- ¹ He Yahowa jo mere saath mukaddama ladte hain, unke saath tu bhi mukaddama lad; jo mujh se yuddh karte hain, un se tu yuddh kar.
- ² Dhaal aur bhala lekar meri sahayta karne ko khada ho.
- ³ Barchhi ko kheench aur mera peechha karne valon ke samhane aakar un ko rok; aur mujh se kah, ki main tera uddhaar hoon.
- ⁴ Jo mere praan ke grahak hain ve lajjit aur niradar hon! Jo meri hani ki kalpana karte hain, vah peechhe hataye jayen aur unka munh kala ho!
- ⁵ Ve vayu se ud jane vali bhoosi ke samaan hon, aur Yahowa ka doot unhein hankta jaye!
- ⁶ Unka maarg andhiyara aur phislan bhara ho, aur Yahowa ka doot un ko khadedta jaye.
- ⁷ Kyonki akaran unhonne mere liye apna jaal gadhe mein bichhaya; akaran hi unhonne mera praan lene ke liye gadha khoda hai.
- ⁸ Achanak un par vipatti aa pade! Aur jo jaal unhonne bichhaya hai usi mein ve aap hi phanse; aur usi vipatti mein ve aap hi padein!
- ⁹ Parantu main Yahowa ke karan apne man mein magan hooonga, main uske kiye hue uddhaar se harshit hooonga.
- ¹⁰ Meri haddi haddi kahegi, he Yahowa tere tulya kaun hai, jo deen ko bade bade balvanton se bachata hai, aur luteron se deen daridra logon ki raksha karta hai?
- ¹¹ Jhoothe sakshi khade hote hain; aur jo baat main nahi janta, vahi mujh se poochhte hain.
- ¹² Ve mujh se bhalai ke badle burai karte hain; yahan tak ki mera praan oob jata hai.
- ¹³ Jab ve rogi the tab to main taat pahine raha, aur upvaas kar karke dukh uthata raha; aur meri prarthana ka phal meri god mein laut aaya.
- ¹⁴ Main aisa bhaav rakhta tha ki mano ve mere sangi va bhai hain; jaisa koi mata ke liye vilaap karta ho, vaisa hi main ne shok ka pahirava pahine hue sir jhukakar shok kiya.
- ¹⁵ Parantu jab main langdane laga tab ve log aanandit hokar ikatthe hue, neech log aur jinhein main janta bhi na tha ve mere viruddh ikatthe hue; ve mujhe lagataar phadte rahe;
- ¹⁶ Un pakhandi bhandon ki nai jo pet ke liye uphaas karte hain, ve bhi mujh par daant peeste hain.
- ¹⁷ He Prabhu tu kab tak dekhta rahega? Is vipatti se, jis mein unhonne mujhe dala hai mujh ko chhuda! Javaan sinhon se mere praan ko bacha le!
- ¹⁸ Main badi sabha mein tera dhanyavaad karoonga; bahutere logon ke beech mein teri stuti karoonga.

- ¹⁹ Mere jhooth bolne vale shatru mere viruddh aanand na karne payen, jo akaran mere bairi hain, ve aapas mein nain se sain na karne panye.
- ²⁰ Kyonki ve mel ki batein nahi bolte, parantu desh mein jo chupchaap rahte hain, unke viruddh chhal ki kalpanayen karte hain.
- ²¹ Aur unhonne mere viruddh munh pasaar ke kaha; aaha, aaha, ham ne apni aankhon se dekha hai!
- ²² He Yahowa, tu ne to dekha hai; chup na rah! He Prabhu, mujh se door na rah!
- ²³ Uth, mere nyaay ke liye jaag, he mere Parmeshwar, he mere Prabhu, mere mukaddama niptane ke liye aa!
- ²⁴ He mere Parmeshwar Yahowa, tu apne dharm ke anusaar mera nyaay chuka; aur unhein mere viruddh aanand karne na de!
- ²⁵ Ve man mein na kahne payen, ki aaha! Hamari to ichchha poori hui! Vah yah na kahein ki ham use nigal gaye hain.
- ²⁶ Jo meri hani se aanandit hote hain unke munh lajja ke mare ek saath kale hon! Jo mere viruddh badai marte hain vah lajja aur anadar se dhamp jayen!
- ²⁷ Jo mere dharm se prasann rahte hain, vah jayjaykaar aur aanand karein, aur nirantar kahte rahein, Yahowa ki badai ho, jo apne daas ke kushal se prasann hota hai!
- ²⁸ Tab mere munh se tere dharm ki charcha hogi, aur din bhar teri stuti niklegi.

- ¹ Dusht jan ka apraadh mere hriday ke bheetar yah kahta hai ki Parmeshwar ka bhay uski drishti mein nahi hai.
- ² Vah apne adharm ke pragat hone aur ghrinit thaharne ke vishay apne man mein chikni chupdi batein vicharta hai.
- ³ Uski batein anarth aur chhal ki hain; usne buddhi aur bhalai ke kaam karne se haath uthaya hai.
- ⁴ Vah apne bichhaune par pade pade anarth ki kalpana karta hai; vah apne kumaarg par dridhta se bana rahta hai; burai se vah haath nahi uthata.
- ⁵ He Yahowa teri karoona swarg mein hai, teri sachchai aakaash mandal tak pahunchi hai.
- ⁶ Tera dharm oonche parvaton ke samaan hai, tere niyam athaah sagar thahre hain; he Yahowa tu manushya aur pashu donon ki raksha karta hai.
- ⁷ He Parmeshwar teri karoona, kaisi anmol hai! Manushya tere pankhon ke tale sharan lete hain.
- ⁸ Ve tere bhavan ke chikne bhojan se tript honge, aur tu apni sukh ki nadi mein se unhein pilayega.
- ⁹ Kyonki jeevan ka sota tere hi paas hai; tere prakaash ke dwara ham prakaash payenge.
- ¹⁰ Apne janne valon par karoona karta rah, aur apne dharm ke kaam seedhe man valon mein karta rah!
- ¹¹ Ahankari mujh par laat uthane na paye, aur na dusht apne haath ke bal se mujhe bhagane paye.
- ¹² Vahan anarthakari gir pade hain; ve dhakel diye gaye, aur phir uth na sakenge.

- ¹ Kukarmiyon ke karan mat kudh, kutil kaam karne valon ke vishay daah na kar!
- ² Kyonki ve ghaas ki nai jhat kat jayenge, aur hari ghaas ki nai murjha jayenge.
- ³ Yahowa par bharosa rakh, aur bhala kar; desh mein basa rah, aur sachchai mein man lagaye rah.
- ⁴ Yahowa ko apne sukh ka mool jaan, aur vah tere manorthon ko poora karega.
- ⁵ Apne maarg ki chinta Yahowa par chhod; aur us par bharosa rakh, vahi poora karega.
- ⁶ Aur vah tera dharm jyoti ki nai, aur tera nyaay dophar ke ujjyale ki nai pragat karega.
- ⁷ Yahowa ke samhane chupchaap rah, aur dheeraj se uska aasra rakh; us manushya ke karan na kudh, jiske kaam suphal hote hain, aur vah buri yuktiyon ko nikalta hai!
- ⁸ Krodh se pare rah, aur jalajlahat ko chhod de! Mat kudh, usse burai hi niklegi.
- ⁹ Kyonki kukarmi log kaat dale jayenge; aur jo Yahowa ki baat johte hain, vahi prithvi ke adhikari honge.
- ¹⁰ Thode din ke beetne par dusht rahega hi nahi; aur tu uske sthaan ko bhali bhanti dekhne par bhi usko na payega.
- ¹¹ Parantu namra log prithvi ke adhikari honge, aur badi shanti ke karan aanand manayenge.
- ¹² Dusht dharmi ke viruddh buri yukti nikalta hai, aur us par daant peesta hai;
- ¹³ Parantu Prabhu us par hansega, kyonki vah dekhta hai ki uska din aane vala hai.
- ¹⁴ Dusht log talvaar kheenche aur dhanush badhaye hue hain, taki deen daridra ko gira dein, aur seedhi chaal chalne valon ko vadh karein.
- ¹⁵ Unki talvaron se unhi ke hriday chhidenge, aur unke dhanush tode jayenge.
- ¹⁶ Dharmi ka thoda se maal dushton ke bahut se dhan se uttam hai.
- ¹⁷ Kyonki dushton ki bhujayen to todi jayengi; parantu Yahowa dharmiyon ko sambhalta hai.
- ¹⁸ Yahowa khare logon ki aayu ki sudhi rakhta hai, aur unka bhaag sadaiv bana rahega.
- ¹⁹ Vipatti ke samay, unki aasha na tootegi aur na ve lajjit honge, aur akaal ke dinon mein ve tript rahenge.
- ²⁰ Dusht log naash ho jayenge; aur Yahowa ke shatru khet ki suthri ghaas ki nai naash honge, ve dhooyen ki nai bilaay jayenge.
- ²¹ Dusht rin leta hai, aur bharta nahi parantu dharmi anugrah karke daan deta hai;
- ²² Kyonki jo usse aasheesh pate hain ve to prithvi ke adhikari honge, parantu jo usse shapit hote hain, ve naash ko jayenge.

- ²³ Manushya ki gati Yahowa ki or se dridh hoti hai, aur uske chalan se vah prasann rahta hai;
- ²⁴ Chahe vah gire taubhi pada na rah jayega, kyonki Yahowa uska haath thame rahta hai.
- ²⁵ Main ladakpan se lekar budhape tak dekhta aaya hoon; parantu na to kabhi dharmi ko tyaga huaa, aur na uske vansh ko tukde mangte dekha hai.
- ²⁶ Vah to din bhar anugrah kar karke rin deta hai, aur uske vansh par aasheesh phalti rahti hai.
- ²⁷ Burai ko chhod bhalai kar; aur tu sarvada bana rahega.
- ²⁸ Kyonki Yahowa nyaay se preeti rakhta; aur apne bhakton ko na tajege. Unki to raksha sada hoti hai, parantu dushton ka vansh kaat dala jayega.
- ²⁹ Dharmi log prithvi ke adhikari honge, aur us mein sada base rahenge.
- ³⁰ Dharmi apne munh se buddhi ki batein karta, aur nyaay ka vachan kahta hai.
- ³¹ Uske Parmeshwar ki vyavastha uske hriday mein bani rahti hai, uske pair nahi phisalte.
- ³² Dusht dharmi ki taak mein rahta hai. Aur uske maar dalne ka yatn karta hai.
- ³³ Yahowa usko uske haath mein na chhodega, aur jab uska vichaar kiya jaye tab vah use doshi na thahrayega.
- ³⁴ Yahowa ki baat johta rah, aur uske maarg par bana rah, aur vah tujhe badhakar prithvi ka adhikari kar dega; jab dusht kaat dale jayenge, tab tu dekhega.
- ³⁵ Main ne dusht ko bada parakrami aur aisa phailta hue dekha, jaisa koi hara ped apne nij bhoomi mein phailta hai.
- ³⁶ Parantu jab koi udhar se gaya to dekha ki vah vahan hai hi nahi; aur main ne bhi use dhoondha, parantu kahi na paya.
- ³⁷ Khare manushya par drishti kar aur dharmi ko dekh, kyonki mel se rahne vale puroosh ka antaphal achchha hai.
- ³⁸ Parantu apradhi ek saath satyanaash kiye jayenge; dushton ka antaphal sarvanaash hai.
- ³⁹ Dharmiyon ki mukti Yahowa ki or se hoti hai; sankat ke samay vah unka dridh gadh hai.
- ⁴⁰ Aur Yahowa unki sahayta karke un ko bachata hai; vah un ko dushton se chhudakar unka uddhaar karta hai, isliye ki unhonne us mein apni sharan li hai.

- ¹ He Yahowa krodh mein aakar mujhe jhidak na de, aur na jalajlahat mein aakar meri tadna kar!
- ² Kyonki tere teer mujh mein lage hain, aur main tere haath ke neeche daba hoon.
- ³ Tere krodh ke karan mere shareer mein kuchh bhi aarogyata nahi; aur mere paap ke karan meri haddiyon mein kuchh bhi chain nahi.
- ⁴ Kyonki mere adharm ke kamon mein mera sir doob gaya, aur ve bhari bojh ki nai mere sahne se bahar ho gaye hain.
- ⁵ Meri moodhta ke karan se mere kode khane ke ghaav basate hain aur sad gaye hain.
- ⁶ Main bahut dukhi hoon aur jhuk gaya hoon; din bhar main shok ka pahirava pahine hue chalta phirta hoon.
- ⁷ Kyonki meri kamar mein jalan hai, aur mere shareer mein aarogyata nahi.
- ⁸ Main nirbal aur bahut hi choor ho gaya hoon; main apne man ki ghabrahat se karahta hoon.
- ⁹ He Prabhu meri sari abhilasha tere sammukh hai, aur mera karahna tujh se chhipa nahi.
- ¹⁰ Mera hriday dhadakta hai, mera bal ghata jata hai; aur meri aankhon ki jyoti bhi mujh se jati rahi.
- ¹¹ Mere mitra aur mere sangi meri vipatti mein alag ho gaye, aur mere kutumbi bhi door ja khade hue.
- ¹² Mere praan ke grahak mere liye jaal bichhate hain, aur meri hani ke yatn karne vale dushtata ki batein bolte, aur din bhar chhal ki yukti sochte hain.
- ¹³ Parantu main bahire ki nai sunta hi nahi, aur main goonge ke samaan moonh nahi kholta.
- ¹⁴ Varan main aise manushya ke tulya hoon jo kuchh nahi sunta, aur jiske munh se vivaad ki koi baat nahi nikalti.
- ¹⁵ Parantu he Yahowa, main ne tujh hi par apni aasha lagai hai; he Prabhu, mere Parmeshwar, tu hi uttar dega.
- ¹⁶ Kyonki main ne kaha, aisa na ho ki ve mujh par aanand karein; jab mera paanv phisal jata hai, tab mujh par apni badai marte hain.
- ¹⁷ Kyonki main to ab girne hi par hoon, aur mera shok nirantar mere samhane hai.
- ¹⁸ Isliye ki main to apne adharm ko pragat karoonga, aur apne paap ke karan khedit rahoonga.
- ¹⁹ Parantu mere shatru phurteele aur samarthi hain, aur mere virodhi bairi bahut ho gaye hain.

²⁰ Jo bhalai ke badle mein burai karte hain, vah bhi mere bhalai ke peechhe chalne ke karan mujh se virodh karte hain.

²¹ He Yahowa, mujhe chhod na de! He mere Parmeshwar, mujh se door na ho!

²² He Yahowa, he mere uddharkartta, meri sahayta ke liye phurti kar!

- ¹ Main ne kaha, main apni chaal chalan mein chauksi karoonga, taki meri jeebh se paap na ho; jab tak dusht mere samhane hai, tab tak main lagaam lagaye apna munh band kiye rahoonga.
- ² Main maun dharan kar goonga ban gaya, aur bhalai ki or se bhi chuppi sadhe raha; aur meri peeda badh gai,
- ³ Mera hriday andar hi andar jal raha tha. Sochte sochte aag bhadak uthi; tab main apni jeebh se bol utha;
- ⁴ He Yahowa aisa kar ki mera ant mujhe maloom ho jaye, aur yah bhi ki meri aayu ke din kitne hain; jis se main jaan lun ki kaisa anitya hoon!
- ⁵ Dekh, tu ne mere aayu balisht bhar ki rakhi hai, aur meri avastha teri drishti mein kuchh hai hi nahi. Sachmuch sab manushya kaise hi sthir kyon na hon taubhi vyarth thahre hain.
- ⁶ Sachmuch manushya chhaya sa chalta phirta hai; sachmuch ve vyarth ghabrate hain; vah dhan ka sanchay to karta hai parantu nahi janta ki use kaun lega!
- ⁷ Aur ab he Prabhu, main kis baat ki baat johun? Meri aasha to teri or lagi hai.
- ⁸ Mujhe mere sab apradhon ke bandhan se chhuda le. Moodh meri ninda na karne paye.
- ⁹ Main goonga ban gaya aur munh na khola; kyonki yah kaam tu hi ne kiya hai.
- ¹⁰ Tu ne jo vipatti mujh par dali hai use mujh se door kar de, kyonki main to tere haath ki maar se bhasm huua jata hoon.
- ¹¹ Jab tu manushya ko adharm ke karan daant daptkar tadna deta hai; tab tu uski sundarta ko patange ki nai naash karta hai; sachmuch sab manushya vyarthaabhimaan karte hain.
- ¹² He Yahowa, meri prarthana sun, aur meri dohai par kaan laga; mera rona sunkar shaant na rah! Kyonki main tere sang ek pardeshi yatri ki nai rahta hoon, aur apne sab purkhaon ke samaan pardeshi hoon.
- ¹³ Aah! Is se pahile ki main yahan se chala jaun aur na rah jaun, mujhe bacha le jis se main pradeept jeevan praapt karun!

- ¹ Main dheeraj se Yahowa ki baat johta raha; aur usne meri or jhukkar meri dohai suni.
- ² Usne mujhe satyanaash ke gadhe aur daldal ki keech mein se ubara, aur mujh ko chattaan par khada karke mere pairon ko dridh kiya hai.
- ³ Aur usne mujhe ek naya geet sikhaya jo hamare Parmeshwar ki stuti ka hai. Bahutere yah dekhkar darenge, aur Yahowa par bharosa rakhenge.
- ⁴ Kya hi dhanya hai vah puroosh, jo Yahowa par bharosa karta hai, aur abhimaniyon aur mithya ki or mudne valon ki or munh na pherta ho.
- ⁵ He mere Parmeshwar Yahowa, tu ne bahut se kaam kiye hain! Jo aashcharyakarm aur kalpanayen tu hamare liye karta hai vah bahut si hain; tere tulya koi nahi! Main to chahta hoon ki kholkar unki charcha karun, parantu unki ginti nahi ho sakti.
- ⁶ Melabli aur annabli se tu prasann nahi hota tu ne mere kaan khodkar khole hain. Homabli aur papabli tu ne nahi chaha.
- ⁷ Tab main ne kaha, dekh, main aaya hoon; kyonki pustak mein mere vishay aisa hi likha huaa hai.
- ⁸ He mere Parmeshwar main teri ichchha poori karne se prasann hoon; aur teri vyavastha mere antakran mein bani hai.
- ⁹ Main ne badi sabha mein dharm ke shubh samachaar ka prachaar kiya hai; dekh, main ne apna munh band nahi kiya he Yahowa, tu ise janta hai.
- ¹⁰ Main ne tera dharm man hi mein nahi rakha; main ne teri sachchai aur tere kiye hue udhaar ki charcha ki hai; main ne teri karoona aur satyata badi sabha se gupt nahi rakhi.
- ¹¹ He Yahowa, tu bhi apni badi daya mujh par se na hata le, teri karoona aur satyata se nirantar meri raksha hoti rahe!
- ¹² Kyonki main anginat buraiyon se ghira huaa hoon; mere adharm ke kamon ne mujhe aa pakda aur main drishti nahi utha sakta; ve ginti mein mere sir ke balon se bhi adhik hain; isliye mera hriday toot gaya.
- ¹³ He Yahowa, kripa karke mujhe chhuda le! He Yahowa, meri sahayta ke liye phurti kar!
- ¹⁴ Jo mere praan ki khoj mein hain, ve sab lajjit hon; aur unke munh kale hon aur ve peechhe hataye aur niradar kiye jayen jo meri hani se prasann hote hain.
- ¹⁵ Jo mujh se aaha, aaha, kahte hain, ve apni lajja ke mare vismit hon.
- ¹⁶ Parantu jitne tujhe dhoondhte hain, vah sab tere karan harshit aur aanandit hon; jo tera kiya huaa uddhaar chahte hain, ve nirantar kahte rahein, Yahowa ki badai ho!

¹⁷ Main to deen aur daridra hoon, taubhi Prabhu meri chinta karta hai. Tu mera sahayak aur chhudane vala hai; he mere Parmeshwar vilamb na kar.

- ¹ Kya hi dhanya hai vah, jo kangaal ki sudhi rakhta hai! Vipatti ke din Yahowa usko bachayega.
- ² Yahowa uski raksha karke usko jeevit rakhega, aur vah prithvi par bhagyavaan hoga. Tu usko shatruon ki ichchha par na chhod.
- ³ Jab vah vyadhi ke mare sej par pada ho, tab Yahowa use sambhalega; tu rog mein uske poore bichhaune ko ulatkar theek karega.
- ⁴ Main ne kaha, he Yahowa, mujh par anugrah kar; mujh ko changa kar, kyonki main ne to tere viruddh paap kiya hai!
- ⁵ Mere shatru yah kahkar meri burai karte hain: vah kab marega, aur uska naam kab mitega?
- ⁶ Aur jab vah mujh se milne ko aata hai, tab vah vyarth batein bakta hai, jab ki uska man apne andar adharm ki batein sanchay karta hai; aur bahar jakar unki charcha karta hai.
- ⁷ Mere sab bairi milkar mere viruddh kanaphoosi karte hain; ve mere viruddh hokar meri hani ki kalpana karte hain.
- ⁸ Ve kahte hain ki ise to koi bura rog lag gaya hai; ab jo yah pada hai, to phir kabhi uthne ka nahi.
- ⁹ Mera param mitra jis par main bharosa rakhta tha, jo meri roti khata tha, usne bhi mere viruddh laal uthai hai.
- ¹⁰ Parantu he Yahowa, tu mujh par anugrah karke mujh ko utha le ki main un ko badla dun!
- ¹¹ Mera shatru jo mujh par jayvant nahi ho pata, is se main ne jaan liya hai ki tu mujh se prasann hai.
- ¹² Aur mujhe to tu kharai se sambhalta, aur sarvada ke liye apne sammukh sthir karta hai.
- ¹³ Israel ka Parmeshwar Yahowa aadi se anantakaal tak dhanya hai Aamin, phir Aamin.

- ¹ Jaise harini nadi ke jal ke liye hamphti hai, vaise hi, he Parmeshwar, main tere liye hamphta hoon.
- ² Jeevte ishwar Parmeshwar ka main pyasa hoon, main kab jakar Parmeshwar ko apna munh dikhaoonga?
- ³ Mere aansu din aur raat mera aahaar hue hain; aur log din bhar mujh se kahte rahte hain, tera Parmeshwar kahan hai?
- ⁴ Main bheed ke sang jaya karta tha, main jayjaykaar aur dhanyavaad ke saath utsav karne vali bheed ke beech mein Parmeshwar ke bhavan ko dheere dheere jaya karta tha; yah smaran karke mera praan shokit ho jata hai.
- ⁵ He mere praan, tu kyon gira jata hai? Aur tu andar hi andar kyon vyakul hai? Parmeshwar par aasha lagaye rah; kyonki main uske darshan se uddhaar pakar phir uska dhanyavaad karoonga.
- ⁶ He mere Parmeshwar; mera praan mere bheetar gira jata hai, isliye main yardan ke paas ke desh se aur harmon ke pahadon aur misgaar ki pahadi ke oopar se tujhe smaran karta hoon.
- ⁷ Teri jaldharaon ka shabd sunkar jal, jal ko pukarta hai; teri sari tarangon aur lahron mein main doob gaya hoon.
- ⁸ Taubhi din ko Yahowa apni shakti aur karoona pragat karega; aur raat ko bhi main uska geet gaoonga, aur apne jeevan data ishwar se prarthana karoonga.
- ⁹ Main ishwar se jo meri chattaan hai kahoonga, tu mujhe kyon bhool gaya? Main shatru ke andher ke mare kyon shok ka pahirava pahine hue chalta phirta hoon?
- ¹⁰ Mere satane vale jo meri ninda karte hain mano us mein meri haddiyan choor choor hoti hain, mano kataar se chhidi jati hain, kyonki ve din bhar mujh se kahte rahte hain, tera Parmeshwar kahan hai?
- ¹¹ He mere praan tu kyon gira jata hai? Tu andar hi andar kyon vyakul hai? Parmeshwar par bharosa rakh; kyonki vah mere mukh ki chamak aur mera Parmeshwar hai, main phir uska dhanyavaad karoonga.

- ¹ He Parmeshwar, mera nyaay chuka aur vidharmi jati se mera mukaddama lad; mujh ko chhali aur kutil puroosh se bacha.
- ² Kyonki he Parmeshwar, tu hi meri sharan hai, tu ne kyon mujhe tyaag diya hai? Main shatru ke andher ke mare shok ka pahirava pahine hue kyon phirta rahun?
- ³ Apne prakaash aur apni sachchai ko bhej; ve meri aguvai karein, ve hi mujh ko tere pavitra parvat par aur tere nivaas sthaan mein pahunchayen!
- ⁴ Tab main Parmeshwar ki vedi ke paas jaoonga, us ishwar ke paas jo mere ati aanand ka kund hai; aur he Parmeshwar, he mere Parmeshwar main veena baja bajakar tera dhanyavaad karoonga.
- ⁵ He mere praan tu kyon gira jata hai? Tu andar hi andar kyon vyakul hai? Parmeshwar par bharosa rakh, kyonki vah mere mukh ki chamak aur mera Parmeshwar hai; main phir uska dhanyavaad karoonga.

- ¹ He Parmeshwar ham ne apne kanon se suna, hamare bapdadon ne ham se varnan kiya hai, ki tu ne unke dinon mein aur pracheenkaal mein kya kya kaam kiye hain.
- ² Tu ne apne haath se jatiyon ko nikaal diya, aur in ko basaya; tu ne desh desh ke logon ko dukh diya, aur in ko charon or phaila diya;
- ³ Kyonki ve na to apni talvaar ke bal se is desh ke adhikari hue, aur na apne bahubal se; parantu tere dahine haath aur teri bhuja aur tere prasann mukh ke karan jayvant hue; kyonki tu un ko chahta tha.
- ⁴ He Parmeshwar, tu hi hamara maharaja hai, tu Yakub ke uddhaar ki aagya deta hai.
- ⁵ Tere sahare se ham apne drohiyon ko dhakelkar gira denge; tere naam ke prataap se ham apne virodhiyon ko raundenge.
- ⁶ Kyonki main apne dhanush par bharosa na rakhoonga, aur na apni talvaar ke bal se bachoonga.
- ⁷ Parantu tu hi ne ham ko drohiyon se bachaya hai, aur hamare bairiyon ko niraash aur lajjit kiya hai.
- ⁸ Ham Parmeshwar ki badai din bhar karte rahte hain, aur sadaiv tere naam ka dhanyavaad karte rahenge.
- ⁹ Taubhi tu ne ab ham ko tyag diya aur hamara anadar kiya hai, aur hamare dalon ke saath aage nahi jata.
- ¹⁰ Tu ham ko shatru ke samhane se hata deta hai, aur hamare bairi manmane loot maar karte hain.
- ¹¹ Tu ne hamein kasai ki bhedon ke samaan kar diya hai, aur ham ko anya jatiyon mein tittar bittar kiya hai.
- ¹² Tu apni praja ko sent ment bech dalta hai, parantu unke mol se tu dhani nahi hota.
- ¹³ Tu hamare padosiyon mein hamari namadhras karata hai, aur hamare charon or se rahne vale ham se hansa thattha karte hain.
- ¹⁴ Tu ham ko anyajatiyon ke beech mein upma thahrata hai, aur desh desh ke log hamare karan sir hilate hain. Din bhar hamein tiraskaar sahna padta hai,
- ¹⁵ Aur kalank lagane aur ninda karne vale ke bol se,
- ¹⁶ Aur shatru aur badla lene valon ke karan, bura- bhala kahne valon aur ninda karne valon ke karan.
- ¹⁷ Yah sab kuchh ham par beeta taubhi ham tujhe nahi bhoole, na teri vacha ke vishay vishwasghaat kiya hai.

- ¹⁸ Hamare man na bahke, na hamare pair tari baat se mude;
- ¹⁹ Taubhi tu ne hamein geeddon ke sthaan mein pees dala, aur ham ko ghor andhakaar mein chhipa diya hai.
- ²⁰ Yadi ham apne Parmeshwar ka naam bhool jate, va kisi paraye devta ki or apne haath phailate,
- ²¹ To kya Parmeshwar iska vichaar na karta? Kyonki vah to man ki gupt baton ko janta hai.
- ²² Parantu ham din bhar tere nimitt maar dale jate hain, aur un bhedon ke samaan samjhe jate hain jo vadh hone par hain.
- ²³ He Prabhu, jaag! Tu kyon sota hai? Uth! Ham ko sada ke liye tyaag na de!
- ²⁴ Tu kyon apna munh chhipa leta hai? Aur hamara dukh aur sataya jana bhool jata hai?
- ²⁵ Hamara praan mitti se lag gaya; hamara pet bhoomi se sat gaya hai.
- ²⁶ Hamari sahayta ke liye uth khada ho! Aur apni karoona ke nimitt ham ko chhuda le.

- ¹ Mera hriday ek sundar vishay ki umang se umand raha hai, jo baat main ne raja ke vishay rachi hai usko sunata hoon; meri jeebh nipun lekhak ki lekhni bani hai.
- ² Tu manushya ki santanon mein param sundar hai; tere othon mein anugrah bhara huua hai; isliye Parmeshwar ne tujhe sada ke liye aasheesh di hai.
- ³ He veer, tu apni talvaar ko jo tera vaibhav aur prataap hai apni kati par baandh!
- ⁴ Satyata, namrata aur dharm ke nimitt apne aishwarya aur prataap par saphalta se savaar ho; tera dahina haath tujhe bhayanak kaam sikhlaye!
- ⁵ Tere teer to tej hain, tere samhane desh desh ke log girenge; raja ke shatruon ke hriday un se chhidenge.
- ⁶ He Parmeshwar, tera sinhasan sada sarvada bana rahega; tera rajdand nyaay ka hai.
- ⁷ Tu ne dharm se preeti aur dushtata se bair rakha hai. Is karan Parmeshwar ne han tere Parmeshwar ne tujh ko tere sathiyon se adhik harsh ke tel se abhishek kiya hai.
- ⁸ Tere sare vastra, gandharas, agar, aur tel se sugandhit hain, tu hatheedaant ke mandiron mein taar vale bajon ke karan aanandit huua hai.
- ⁹ Teri pratishthit striyon mein rajkumariyan bhi hain; teri dahini or patrani, opeer ke kundan se vibhooshit khadi hai.
- ¹⁰ He rajkumari sun, aur kaan lagakar dhyaan de; apne logon aur apne pita ke ghar ko bhool ja;
- ¹¹ Aur raja tere roop ki chaah karega. Kyonki vah to tera Prabhu hai, tu use dandavat kar.
- ¹² Sor ki rajkumari bhi bhent karne ke liye upasthit hogi, praja ke dhanvaan log tujhe prasann karne ka yatn karenge.
- ¹³ Rajkumari mahal mein ati shobhaymaan hai, uske vastra mein sunahle boote kadhe hue hain;
- ¹⁴ Vah bootedaar vastra pahine hue raja ke paas pahunchai jayegi. Jo kumariyan uski saheliyan hain, ve uske peechhe peechhe chalti hui tere paas pahunchai jayengi.
- ¹⁵ Ve aanandit aur magan hokar pahunchai jayengi, aur ve raja ke mahal mein pravesch karenge.
- ¹⁶ Tere pitron ke sthaan par tere putra honge; jin ko tu sari prithvi par hakim thahrayega.
- ¹⁷ Main aisa karoonga, ki teri naam ki charcha peedhi se peedhi tak hoti rahegi; is karan desh desh ke log sada sarvada tera dhanyavaad karte rahenge.

- ¹ Parmeshwar hamara sharnasthaan aur bal hai, sankat mein ati sahay se milne vala sahayak.
- ² Is karan ham ko koi bhay nahi chahe prithvi ulat jaye, aur pahaad samudra ke beech mein daal diye jayen;
- ³ Chahe samudra garje aur phen uthaye, aur pahaad uski baadh se kaamp uthein.
- ⁴ Ek nadi hai jiski nahron se Parmeshwar ke nagar mein arthaat parmapradhaan ke pavitra nivaas bhavan mein aanand hota hai.
- ⁵ Parmeshwar us nagar ke beech mein hai, vah kabhi talne ka nahi; pau phatte hi Parmeshwar uski sahayta karta hai.
- ⁶ Jati jati ke log jhalla uthe, rajya rajya ke log dagamgane lage; vah bol utha, aur prithvi pighal gai.
- ⁷ Senaon ka Yahowa hamare sang hai; Yakub ka Parmeshwar hamara ooncha gadh hai.
- ⁸ Aao, Yahowa ke mahakarm dekho, ki usne prithvi par kaisa kaisa ujaad kiya hai.
- ⁹ Vah prithvi ki chhor tak ladaiyon ko mitata hai; vah dhanush ko todta, aur bhale ko do tukde kar dalta hai, aur rathon ko aag mein jhonk deta hai!
- ¹⁰ Chup ho jao, aur jaan lo, ki main hi Parmeshwar hoon. Main jatiyon mein mahaan hoon, main prithvi bhar mein mahaan hoon!
- ¹¹ Senaon ka Yahowa hamare sang hai; Yakub ka Parmeshwar hamara ooncha gadh hai.

- ¹ He desh desh ke sab logon, taliyan bajao! Oonche shabd se Parmeshwar ke liye jayjaykaar karo!
- ² Kyonki Yahowa parmapradhaan aur bhayyogya hai, vah sari prithvi ke oopar maharaja hai.
- ³ Vah desh ke logon ko hamare sammukh neecha karta, aur anyajatiyon ko hamare panvon ke neechे kar deta hai.
- ⁴ Vah hamare liye uttam bhaag chun lega, jo uske priya Yakub ke ghamand ka karan hai.
- ⁵ Parmeshwar jayjaykaar sahit, Yahowa narsinge ke shabd ke saath oopar gaya hai.
- ⁶ Parmeshwar ka bhajan gao, bhajan gao! Hamare maharaja ka bhajan gao, bhajan gao!
- ⁷ Kyonki Parmeshwar sari prithvi ka maharaja hai; samajh boojhkar buddhi se bhajan gao
- ⁸ Parmeshwar jati jati par rajya karta hai; Parmeshwar apne pavitra sinhasan par virajmaan hai.
- ⁹ Rajya rajya ke rais Ibrahim ke Parmeshwar ki praja hone ke liye ikatthe hue hain. Kyonki prithvi ki dhalein Parmeshwar ke vash mein hain, vah to shiromni hai!

- ¹ Hamare Parmeshwar ke nagar mein, aur apne pavitra parvat par Yahowa mahaan aur ati stuti ke yogya hai!
- ² Siyyon parvat oonchai mein sundar aur sari prithvi ke harsh ka karan hai, rajadhiraaj ka nagar uttari sire par hai.
- ³ Uske mahlon mein Parmeshwar ooncha gadh mana gaya hai.
- ⁴ Kyonki dekho, raja log ikatthe hue, ve ek sang aage badh gaye.
- ⁵ Unhonne aap hi dekha aur dekhte hi vismit hue, ve ghabrakar bhaag gaye.
- ⁶ Vahan kapakpi ne un ko aa pakda, aur jachcha ki si peedayen unhein hone lagi.
- ⁷ Tu poorvi vayu se tarsheesh ke jahajon ko tod dalta hai.
- ⁸ Senaon ke Yahowa ke nagar mein, apne Parmeshwar ke nagar mein, jaisa ham ne suna tha, vaisa dekha bhi hai; Parmeshwar usko sada dridh aur sthir rakhega.
- ⁹ He Parmeshwar ham ne tere mandir ke bheetar teri karoona par dhyaan kiya hai.
- ¹⁰ He Parmeshwar tere naam ke yogya teri stuti prithvi ki chhor tak hoti hai. Tera dahina haath dharm se bhara hai;
- ¹¹ Tere nyaay ke kamon ke karan siyyon parvat aanand kare, aur Yahuda ke nagar ki putriyan magan hon!
- ¹² Siyyon ke charon or chalo, aur uski parikrama karo, uske gummaton ko gin lo,
- ¹³ Uski shahrapnaah par drishti lagao, uske mahlon ko dhyaan se dekho; jis se ki tum aane vali peedhi ke logon se is baat ka varnan kar sako.
- ¹⁴ Kyonki vah Parmeshwar sada sarvada hamara Parmeshwar hai, vah mrityu tak hamari aguvai karega.

- ¹ He desh desh ke sab logon yah suno! He sansaar ke sab nivasiyon, kaan lagao!
- ² Kya oonch, kya neech kya dhani, kya daridra, kaan lagao!
- ³ Mere munh se buddhi ki batein niklengi; aur mere hriday ki batein samajh ki hongi.
- ⁴ Main neetivchan ki or apna kaan lagaoonga, main veena bajate hue apni gupt baat prakashit karoonga.
- ⁵ Vipatti ke dinon mein jab main apne adanga marne valon ki buraiyon se ghirun, tab main kyon darun?
- ⁶ Jo apni sampatti par bharosa rakhte, aur apne dhan ki bahutayat par phoolte hain,
- ⁷ Un mein se koi apne bhai ko kisi bhanti chhuda nahi sakta hai; aur na Parmeshwar ko uski santi prayashchitt mein kuchh de sakta hai,
- ⁸ (kyonki unke praan ki chhudauti bhari hai vah ant tak kabhi na chuka sakenge).
- ⁹ Koi aisa nahi jo sadaiv jeevit rahe, aur kabra ko na dekhe.
- ¹⁰ Kyonki dekhne mein aata hai, ki buddhimaan bhi marte hain, aur moorkh aur pashu sareekhe manushya bhi donon naash hote hain, aur apni sampatti auron ke liye chhod jate hain.
- ¹¹ Ve man hi man yah sochte hain, ki unka ghar sada sthir rahega, aur unke nivaas peedhi se peedhi tak bane rahenge; isliye ve apni apni bhoomi ka naam apne apne naam par rakhte hain.
- ¹² Parantu manushya pratishtha pakar bhi sthir nahi rahta, vah pashuon ke samaan hota hai, jo mar mitte hain.
- ¹³ Unki yah chaal unki moorkhata hai, taubhi unke baad log unki baton se prasann hote hain.
- ¹⁴ Ve adholok ki manon bhed- bakriyan thahraye gaye hain; mrityu unka gaderiya thahri; aur bihaan ko seedhe log un par prabhuta karenge; aur unka sundar roop adholok ka kaur ho jayega aur unka koi aadhaar na rahega.
- ¹⁵ Parantu Parmeshwar mere praan ko adholok ke vash se chhuda lega, kyonki vahi mujhe grahan kar apnayega.
- ¹⁶ Jab koi dhani ho jaye aur uske ghar ka vaibhav badh jaye, tab tu bhay na khana.
- ¹⁷ Kyonki vah mar kar kuchh bhi saath na le jayega; na uska vaibhav uske saath kabra mein jayega.
- ¹⁸ Chahe vah jeete ji apne aap ko dhanya kahta rahe, (jab tu apni bhalai karta hai, tab ve log teri prashansa karte hain)
- ¹⁹ Taubhi vah apne purkhaon ke samaaj mein milaya jayega, jo kabhi ujiyala na dekhenge.

²⁰ Manushya chahe pratishthit bhi hon parantu yadi ve samajh nahi rakhte, to ve pashuon ke samaan hain jo mar mitte hain.

- ¹ Ishwar Parmeshwar Yahowa ne kaha hai, aur udyachal se lekar astachal tak prithvi ke logon ko bulaya hai.
- ² Siyyon se, jo param sundar hai, Parmeshwar ne apna tej dikhaya hai.
- ³ Hamara Parmeshwar aayega aur chupchaap na rahega, aag uske aage aage bhasm karti jayegi; aur uske charon or badi aandhi chalegi.
- ⁴ Vah apni praja ka nyaay karne ke liye oopar se aakaash ko aur prithvi ko bhi pukarega:
- ⁵ Mere bhakton ko mere paas ikattha karo, jinhonne balidaan chadhakar mujh se vacha bandhi hai!
- ⁶ Aur swarg uske dharmi hone ka prachaar karega kyunki Parmeshwar to aap hi nyayi hai.
- ⁷ He meri praja, sun, main bolta hoon, aur he Israel, main tere vishay sakshi deta hoon. Parmeshwar tera Parmeshwar main hi hoon.
- ⁸ Main tujh par tere mel baliyon ke vishay dosh nahi lagata, tere homabli to nitya mere liye chadhte hain.
- ⁹ Main na to tere ghar se bail na tere pashushalon se bakre le loonga.
- ¹⁰ Kyonki van ke sare jeevjantu aur hajaron pahadon ke janvar mere hi hain.
- ¹¹ Pahadon ke sab pakshiyon ko main janta hoon, aur maidaan par chalne phirne vale janvaar mere hi hain.
- ¹² Yadi main bhookha hota to tujh se na kahta; kyunki jagat aur jo kuchh us mein hai vah mera hai.
- ¹³ Kya main bail ka maans khaun, va bakron ka lohu peeun?
- ¹⁴ Parmeshwar ko dhanyavaad hi ka balidaan chadha, aur parmapradhaan ke liye apni mannatein poori kar;
- ¹⁵ Aur sankat ke din mujhe pukaar; main tujhe chhudaoonga, aur tu meri mahima karne payega.
- ¹⁶ Parantu dusht se Parmeshwar kahta hai: tujhe meri vidhiyon ka varnan karne se kya kaam? Tu meri vacha ki charcha kyon karta hai?
- ¹⁷ Tu to shiksha se bair karta, aur mere vachnon ko tuchchh janta hai.
- ¹⁸ Jab tu ne chor ko dekha, tab uski sangti se prasann huaa; aur parastreegamiyon ke saath bhagi huaa.
- ¹⁹ Tu ne apna munh burai karne ke liye khola, aur teri jeebh chhal ki batein gadhti hai.
- ²⁰ Tu baitha huaa apne bhai ke viruddh bolta; aur apne sage bhai ki chugli khata hai.

- ²¹ Yah kaam tu ne kiya, aur main chup raha; isliye tu ne samajh liya ki Parmeshwar bilkul mere samaan hai. Parantu main tujhe samjhaoonga, aur teri aankhon ke samhane sab kuchh alag alag dikhaoonga.
- ²² He ishwar ko bhoolne valon yah baat bhali bhanti samajh lo, kahi aisa na ho ki main tumhein phaad dalun, aur koi chhudane vala na ho!
- ²³ Dhanyavaad ke balidaan ka chadhane vala meri mahima karta hai; aur jo apna charitra uttam rakhta hai usko main Parmeshwar ka kiya huua uddhaar dikhaoonga!

- ¹ He Parmeshwar, apni karoona ke anusaar mujh par anugrah kar; apni badi daya ke anusaar mere apradhon ko mita de.
- ² Mujhe bhali bhanti dhokar mera adharm door kar, aur mera paap chhudakar mujhe shuddh kar!
- ³ Main to apne apradhon ko janta hoon, aur mera paap nirantar meri drishti mein rahta hai.
- ⁴ Main ne keval tere hi viruddh paap kiya, aur jo teri drishti mein bura hai, vahi kiya hai, taki tu bolne mein dharmi aur nyaay karne mein nishkalank thahre.
- ⁵ Dekh, main adharm ke saath utpann huua, aur paap ke saath apni mata ke garbh mein pada.
- ⁶ Dekh, tu hriday ki sachchai se prasann hota hai; aur mere man hi mein gyaan sikhayega.
- ⁷ Joopha se mujhe shuddh kar, to main pavitra ho jaoonga; mujhe dho, aur main him se bhi adhik shwet banoonga.
- ⁸ Mujhe harsh aur aanand ki batein suna, jis se jo haddiyan tu ne tod dali hain vah magan ho jayen.
- ⁹ Apna mukh mere papon ki or se pher le, aur mere sare adharm ke kamon ko mita daal.
- ¹⁰ He Parmeshwar, mere andar shuddh man utpann kar, aur mere bheetar sthir aatma naye sire se utpann kar.
- ¹¹ Mujhe apne samhane se nikaal na de, aur apne pavitra aatma ko mujh se alag na kar.
- ¹² Apne kiye hue uddhaar ka harsh mujhe phir se de, aur udaar aatma dekar mujhe sambhaal.
- ¹³ Tab main apradhiyon ko tera maarg sikhaoonga, aur papi teri or phirenge.
- ¹⁴ He Parmeshwar, he mere uddharkarta Parmeshwar, mujhe hatya ke apraadh se chhuda le, tab main tere dharm ka jayjaykaar karne paoonga.
- ¹⁵ He Prabhu, mera munh khol de tab main tera gunanuvaad kar sakoonga.
- ¹⁶ Kyonki tu melabli se prasann nahi hota, nahi to main deta; homabli se bhi tu prasann nahi hota.
- ¹⁷ Toota man Parmeshwar ke yogya balidaan hai; he Parmeshwar, tu toote aur pise hue man ko tuchchh nahi janta.
- ¹⁸ Prasann hokar siyyon ki bhalai kar, Yerushalem ki shahrapnaah ko tu bana,
- ¹⁹ Tab tu dharm ke balidanon se arthaat sarvaang pashuon ke homabli se prasann hoga; tab log teri vedi par bail chadhayenge.

- ¹ He veer, tu burai karne par kyon ghamand karta hai? Ishwar ki karoona to anant hai.
- ² Teri jeebh keval dushtata gadhti hai; saan dhare hue asture ki nai vah chhal ka kaam karti hai.
- ³ Tu bhalai se badhkar burai mein aur dharm ki baat se badhkar jhooth se preeti rakhta hai.
- ⁴ He chhali jeebh tu sab vinaash karne vali baton se prasann rahti hai.
- ⁵ He ishwar tujhe sada ke liye naash kar dega; vah tujhe pakad kar tere dere se nikaal dega; aur jeevton ke lok mein se tujhe ukhaad dalega.
- ⁶ Tab dharmi log is ghatna ko dekhkar dar jayenge, aur yah kahkar us par hansenge, ki
- ⁷ Dekho, yah vahi puroosh hai jisne Parmeshwar ko apni sharan nahi mana, parantu apne dhan ki bahutayat par bharosa rakhta tha, aur apne ko dushtata mein dridh karta raha!
- ⁸ Parantu main to Parmeshwar ke bhavan mein hare jalpai ke vriksh ke samaan hoon. Main ne Parmeshwar ki karoona par sada sarvada ke liye bharosa rakha hai.
- ⁹ Main tera dhanyavaad sarvada karta rahoonga, kyonki tu hi ne yah kaam kiya hai. Main tere hi naam ki baat johta rahoonga, kyonki yah tere pavitra bhakton ke samhane uttam hai.

- ¹ Moodh ne apne man mein kaha hai, ki koi Parmeshwar hai hi nahi. Ve bigad gaye, unhonne kutilta ke ghinaune kaam kiye hain; koi sukarmi nahi.
- ² Parmeshwar ne swarg par se manushyon ke oopar drishti ki taki dekhe ki koi buddhi se chalne vala va Parmeshwar ko poochhne vala hai ki nahi.
- ³ Ve sab ke sab hat gaye; sab ek saath bigad gaye; koi sukarmi nahi, ek bhi nahi. Kya un sab anarthakariyon ko kuchh bhi gyaan nahi?
- ⁴ Jo mere logon ko aise khate hain jaise roti aur Parmeshwar ka naam nahi lete?
- ⁵ Vahan un par bhay chha gaya jahan bhay ka koi karan na tha. Kyonki Yahowa ne unki haddiyon ko, jo tere viruddh chhavni dale pade the, titar bitar kar diya; tu ne to unhein lajjit kar diya isliye ki Parmeshwar ne un ko nikamma thahraya hai.
- ⁶ Bhala hota ki Israel ka poora uddhaar siyyon se nikalta! Jab Parmeshwar apni praja ko bandhuvai se lauta le aayega tab Yakub magan aur Israel aanandit hoga.

- ¹ He Parmeshwar apne naam ke dwara mera uddhaar kar, aur apne parakram se mera nyaay kar.
- ² He Parmeshwar, meri prarthana sun le; mere munh ke vachnon ki or kaan laga.
- ³ Kyonki pardeshi mere viruddh uthe hain, aur balatkari mere praan ke grahak hue hain; unhonne Parmeshwar ko apne sammukh nahi jana.
- ⁴ Dekho, Parmeshwar mera sahayak hai; Prabhu mere praan ke sambhalne valon ke sang hai.
- ⁵ Vah mere drohiyon ki burai ko unhi par lauta dega; he Parmeshwar, apni sachchai ke karan unhein vinaash kar.
- ⁶ Main tujhe swechchhabli chadhaoonga; he Yahowa, main tere naam ka dhanyavaad karoonga, kyonki yah uttam hai.
- ⁷ Kyonki tu ne mujhe sab dukhon se chhudaya hai, aur main apne shatruon par drishti karke santusht huua hoon.

- ¹ He Parmeshwar, meri prarthana ki or kaan laga; aur meri gidgidahat se munh na mod!
- ² Meri or dhyaan dekar, mujhe uttar de; main chinta ke mare chhataptata hoon aur vyakul rahta hoon.
- ³ Kyonki shatru kolahal aur dusht upadrav kar rahein hain; ve mujh par dosharopan karte hain, aur krodh mein aakar mujhe satate hain.
- ⁴ Mera man bheetar hi bheetar sankat mein hai, aur mrityu ka bhay mujh mein sama gaya hai.
- ⁵ Bhay aur kampakpi ne mujhe pakad liya hai, aur bhay ke karan mere ronye ronye khade ho gaye hain.
- ⁶ Aur main ne kaha, bhala hota ki mere kabootar ke se pankh hote to main ud jata aur vishraam pata!
- ⁷ Dekho, phir to main udte udte door nikal jata aur jangal mein basera leta,
- ⁸ Main prachand bayaar aur aandhi ke jhonke se bachkar kisi sharan sthaan mein bhaag jata.
- ⁹ He Prabhu, un ko satyanaash kar, aur unki bhasha mein gadabdi daal de; kyonki main ne nagar mein upadrav aur jhagda dekha hai.
- ¹⁰ Raat din ve uski shahrapnaah par chadhkar charon or ghoomte hain; aur uske bheetar dushtata aur utpaat hota hai.
- ¹¹ Uske bheetar dushtata ne basera dala hai; aur andher, atyachaar aur chhal uske chauk se door nahi hote.
- ¹² Jo meri namadhrail karta hai vah shatru nahi tha, nahi to main usko sah leta; jo mere viruddh badaai marta hai vah mera bairi nahi hai, nahi to main usse chhip jata.
- ¹³ Parantu vah to tu hi tha jo meri barabri ka manushya mera parammitra aur meri jaan pahchaan ka tha.
- ¹⁴ Ham donon aapas mein kaisi meethi meethi batein karte the; ham bheed ke saath Parmeshwar ke bhavan ko jate the.
- ¹⁵ Un ko mrityu achanak aa dabaye; ve jeevit hi adholok mein utar jayen; kyonki unke ghar aur man donon mein buraiyan aur utpaat bhara hai.
- ¹⁶ Parantu main to Parmeshwar ko pukaroonga; aur Yahowa mujhe bacha lega.
- ¹⁷ Saanjh ko, bhor ko, dophar ko, teenon pahar main dohai doonga aur karahta rahoonga. Aur vah mera shabd sun lega.

- ¹⁸ Jo ladai mere viruddh machi thi usse usne mujhe kushal ke saath bacha liya hai. Unhone to bahuton ko sang lekar mera samhana kiya tha.
- ¹⁹ Ishwar jo aadi se virajmaan hai yah sunkar un ko uttar dega. Ye ve hain jin mein koi parivartan nahi aur un mein Parmeshwar ka bhay hai hi nahi.
- ²⁰ Usne apne mel rakhne valon par bhi haath chhoda hai, usne apni vacha ko tod diya hai.
- ²¹ Uske munh ki batein to makkhan si chikni thi parantu uske man mein ladai ki batein thi; uske vachan tel se adhik naram to the parantu nangi talvarein thi.
- ²² Apna bojh Yahowa par daal de vah tujhe sambhalega; vah dharmi ko kabhi talne na dega.
- ²³ Parantu he Parmeshwar, tu un logon ko vinaash ke gadhe mein gira dega; hatyare aur chhali manushya apni aadhi aayu tak bhi jeevit na rahenge. Parantu main tujh par bharosa rakhe rahoonga.

- ¹ He Parmeshwar, mujh par anugrah kar, kyonki manushya mujhe nigalna chahte hain. Ve din bhar ladkar mujhe satate hain.
- ² Mere drohi din bhar mujhe nigalna chahte hain, kyonki jo log abhimaan karke mujh se ladte hain ve bahut hain.
- ³ Jis samay mujhe dar lagega, main tujh par bharosa rakhoonga.
- ⁴ Parmeshwar ki sahayta se main uske vachan ki prashansa karoonga, Parmeshwar par main ne bharosa rakha hai, main nahi daroonga. Koi prani mera kya kar sakta hai?
- ⁵ Ve din bhar mere vachnon ko, ulta arth laga lagakar marodte rahte hain unki sari kalpanayen meri hi burai karne ki hoti hai.
- ⁶ Ve sab milkar ikatthe hote hain aur chhipkar baithte hain; ve mere kadmon ko dekhte bhalte hain manon ve mere pranon ki ghaat mein taak lagaye baithein hon.
- ⁷ Kya ve burai karke bhi bach jayenge? He Parmeshwar, apne krodh se desh desh ke logon ko gira de!
- ⁸ Tu mere mare mare phirne ka hisaab rakhta hai; tu mere aansuon ko apni kuppi mein rakh le! Kya unki charcha teri pustak mein nahi hai?
- ⁹ Jab jis samay main pukaroonga, usi samay mere shatru ulte phirenge. Yah main janta hoon, ki Parmeshwar meri or hai.
- ¹⁰ Parmeshwar ki sahayta se main uske vachan ki prashansa karoonga, Yahowa ki sahayta se main uske vachan ki prashansa karoonga.
- ¹¹ Main ne Parmeshwar par bharosa rakha hai, main na daroonga. Manushya mera kya kar sakta hai?
- ¹² He Parmeshwar, teri mannaton ka bhaar mujh par bana hai; main tujh ko dhanyavaad bali chadhaoonga.
- ¹³ Kyonki tu ne mujh ko mrityu se bachaya hai; tu ne mere pairon ko bhi phisalne se bachaya hai, taki main ishwar ke samhane jeevton ke ujjyale mein chalun phirun?

- ¹ He Parmeshwar, mujh par anugrah kar, mujh par anugrah kar, kyonki main tera sharnagat hoon; aur jab tak ye aapattiyan nikal na jayen, tab tak main tere pankhon ke tale sharan liye rahoonga.
- ² Main param pradhaan Parmeshwar ko pukaroonga, ishwar ko jo mere liye sab kuchh siddh karta hai.
- ³ Ishwar swarg se bhejkar mujhe bacha lega, jab mera nigalne vala ninda kar raha ho. Parmeshwar apni karoona aur sachchai pragat karega.
- ⁴ Mera praan sinhon ke beech mein hai, mujhe jalte huon ke beech mein letna padta hai, arthaat aise manushyon ke beech mein jin ke daant barchhi aur teer hain, aur jinki jeebh tej talvaar hai.
- ⁵ He Parmeshwar tu swarg ke oopar ati mahaan aur tejomay hai, teri mahima sari prithvi ke oopar phail jaye!
- ⁶ Unhonne mere pairon ke liye jaal lagaya hai; mera praan dhala jata hai. Unhonne mere aage gadha khoda, parantu aap hi us mein gir pade.
- ⁷ He Parmeshwar, mera man sthir hai, mera man sthir hai; main gaoonga varan bhajan keertan karoonga.
- ⁸ He meri aatma jaag ja! He sarangi aur veena jaag jao. Main bhi pau phatte hi jaag uthoonga.
- ⁹ He Prabhu, main desh ke logon ke beech tera dhanyavaad karoonga; main rajya rajya ke logon ke beech mein tera bhajan gaoonga.
- ¹⁰ Kyonki teri karoona swarg tak badi hai, aur teri sachchai aakashmandal tak pahunchti hai.
- ¹¹ He Parmeshwar, tu swarg ke oopar ati mahaan hai! Teri mahima sari prithvi ke oopar phail jaye!

- ¹ He manushyon, kya tum sachmuch dharm ki baat bolte ho? Aur he manushyavanshiyon kya tum seedhai se nyaay karte ho?
- ² Nahi, tum man hi man mein kutil kaam karte ho; tum desh bhar mein upadrav karte jate ho.
- ³ Dusht log janmate hi paraye ho jate hain, ve pet se nikalte hi jhooth bolte hue bhatak jate hain.
- ⁴ Un mein sarp ka sa vish hai; ve us naam ke samaan hain, jo sunna nahi chahta;
- ⁵ Aur sapera kaisi hi nipunta se kyon na mantra padhe, taubhi uski nahi sunta.
- ⁶ He Parmeshwar, unke munh mein se danton ko tod de; he Yahowa un javaan sinhon ki dadhon ko ukhaad daal!
- ⁷ Ve ghulkar bahte hue pani ke samaan ho jayen; jab ve apne teer chadhayen, tab teer manon do tukde ho jayen.
- ⁸ Ve ghonghe ke samaan ho jayen jo ghulkar naash ho jata hai, aur stri ke gire hue garbh ke samaan ho jisne sooraj ko dekha hi nahi.
- ⁹ Usse pahile ki tumhari handiyon mein kanton ki aanch lage, hare va jale, donon ko vah bavandar se uda le jayega.
- ¹⁰ Dharmi aisa palta dekhkar aanandit hoga; vah apne paanv dusht ke lohu mein dhoyega.
- ¹¹ Tab manushya kahne lagenge, nishchay dharmi ke liye phal hai; nishchay Parmeshwar hai, jo prithvi par nyaay karta hai.

- ¹ He mere Parmeshwar, mujh ko shatruon se bacha, mujhe oonche sthaan par rakhkar mere virodhiyon se bacha,
- ² Mujh ko burai karne valon ke haath se bacha, aur hatyaron se mera uddhaar kar.
- ³ Kyonki dekh, ve meri ghaat mein lage hain; he Yahowa, mera koi dosh va paap nahi hai, taubhi balvant log mere viruddh ikatthe hote hain.
- ⁴ Vah mujh nirdosh par daudein, daudkar ladne ko taiyaar ho jate hain. Mujh se milne ke liye jaag uth, aur yah dekh!
- ⁵ He senaon ke Parmeshwar Yahowa, he Israel ke Parmeshwar sab anyajati valon ko dand dene ke liye jaag; kisi vishwasghati atyachari par anugrah na kar.
- ⁶ Ve log saanjh ko lautkar kutte ki nai gurrate hain, aur nagar ke charon or ghoomte hain. Dekh ve dakarte hain,
- ⁷ Unke munh ke bheetar talvarein hain, kyonki ve kahte hain, kaun sunta hai?
- ⁸ Parantu he Yahowa, tu un par hansega; tu sab anya jatiyon ko thatthon mein udayega.
- ⁹ He mere bal, mujhe teri hi aas hogi; kyonki Parmeshwar mera ooncha gadh hai.
- ¹⁰ Parmeshwar karoona karta huua mujh se milega; Parmeshwar mere drohiyon ke vishay meri ichchha poori kar dega.
- ¹¹ Unhein ghaat na kar, na ho ki meri praja bhool jaye; he Prabhu, he hamari dhaal! Apni shakti se unhein titar bitar kar, unhein daba de.
- ¹² Vah apne munh ke paap, aur othon ke vachan, aur shaap dene, aur jhooth bolne ke karan, abhimaan mein phanse hue pakde jayen.
- ¹³ Jalajlahat mein aakar unka ant kar, unka ant kar de taki ve nasht ho jayen tab log janenge ki Parmeshwar Yakub par, varan prithvi ki chhor tak prabhuta karta hai.
- ¹⁴ Ve saanjh ko lautkar kutte ki nai gurrayen, aur nagar ke charon or ghoomen.
- ¹⁵ Ve tukde ke liye mare mare phirein, aur tript na hone par raat bhar vahi thahre rahein.
- ¹⁶ Parantu main teri samarthya ka yash gaoonga, aur bhor ko teri karoona ka jayjaykaar karoonga. Kyonki tu mera ooncha gadh hai, aur sankat ke samay mera sharnasthaan thahra hai.
- ¹⁷ He mere bal, main tera bhajan gaoonga, kyonki he Parmeshwar, tu mera ooncha gadh aur mera karonamay Parmeshwar hai.

- ¹ He Parmeshwar tu ne ham ko tyaag diya, aur ham ko tod dala hai; tu krodhit huaa; phir ham ko jyon ka tyon kar de.
- ² Tu ne bhoomi ko kampaya aur phaad dala hai; uski dararon ko bhar de, kyunki vah dagamga rahi hai.
- ³ Tu ne apni praja ko kathin dukh bhugtaya; tu ne hamein ladakhda dene vala dakhamdhu pilaya hai.
- ⁴ Tu ne apne darvaiyon ko jhanda diya hai, ki vah sachchai ke karan phahraya jaye.
- ⁵ Tu apne dahine haath se bacha, aur hamari sun le ki tere priya chhudaye jayen.
- ⁶ Parmeshwar pavitrata ke saath bola hai main praphullit hoonga; main shakem ko baant loonga, aur sukkot ki tarai ko napvaonga.
- ⁷ Gilaad mera hai; manashshe bhi mera hai; aur epraim mere sir ka top, Yahuda mera rajdand hai.
- ⁸ Moaab mere dhone ka patra hai; main edom par apna joota phenkoonga; he palishteen mere hi karan jayjaykaar kar.
- ⁹ Mujhe gadh vale nagar mein kaun pahunchayega? Edom tak meri aguvai kis ne ki hai?
- ¹⁰ He Parmeshwar, kya tu ne ham ko tyaag nahi diya? He Parmeshwar, tu hamari sena ke saath nahi jata.
- ¹¹ Drohi ke viruddh hamari sahayta kar, kyunki manushya ka kiya huaa chhutkara vyarth hota hai.
- ¹² Parmeshwar ki sahayta se ham veerta dikhayenge, kyunki hamare drohiyon ko vahi raundega.

- ¹ He Parmeshwar, mera chillana sun, meri prarthana ki or dhyaan de.
- ² Moorchha khate samay main prithvi ki chhor se bhi tujhe pukaroonga, jo chattaan mere liye oonchi hai, us par mujh ko le chala;
- ³ Kyonki tu mera sharnasthaan hai, aur shatru se bachne ke liye ooncha gadh hai.
- ⁴ Mai tere tambu mein yuganuyug bana rahoonga. Main tere pankhon ki ot mein sharan liye rahoonga
- ⁵ Kyonki he Parmeshwar, tu ne meri mannatein suni, jo tere naam ke darvaiye hain, unka sa bhaag tu ne mujhe diya hai.
- ⁶ Tu raja ki aayu ko bahut badhayega; uske varsh peedhi peedhi ke barabar honge.
- ⁷ Vah Parmeshwar ke sammukh sada bana rahega; tu apni karoona aur sachchai ko uski raksha ke liye thahra rakh.
- ⁸ Aur main sarvada tere naam ka bhajan ga gakar apni mannatein har din poori kiya karoonga.

- ¹ Sachmuch main chupchaap hokar Parmeshwar ki or man lagaye hoon; mera uddhaar usi se hota hai.
- ² Sachmuch vahi, meri chattaan aur mera uddhaar hai, vah mera gadh hai; main bahut na digoonga.
- ³ Tum kab tak ek puroosh par dhava karte rahoge, ki sab milkar uska ghaat karo? Vah to jhuki hui bheet va girte hue bade ke samaan hai.
- ⁴ Sachmuch ve usko, uske oonche pad se girane ki sammati karte hain; ve jhooth se prasann rahte hain. Munh se to ve aasheervaad dete par man mein koste hain.
- ⁵ He mere man, Parmeshwar ke samhane chupchaap rah, kyonki meri aasha usi se hai.
- ⁶ Sachmuch vahi meri chattaan, aur mera uddhaar hai, vah mera gadh hai; isliye main na digoonga.
- ⁷ Mera uddhaar aur meri mahima ka aadhaar Parmeshwar hai; meri dridh chattaan, aur mera sharnasthaan Parmeshwar hai.
- ⁸ He logo, har samay us par bharosa rakho; usse apne apne man ki batein kholkar kaho; Parmeshwar hamara sharnasthaan hai.
- ⁹ Sachmuch neech log to asthai, aur bade log mithya hi hain; taul mein ve halke nikalte hain; ve sab ke sab saans se bhi halke hain.
- ¹⁰ Andher karne par bharosa mat rakho, aur loot paat karne par mat phoolo; chahe dhan sampati badhe, taubhi us par man na lagana.
- ¹¹ Parmeshwar ne ek baar kaha hai; aur do baar main ne yah suna hai: ki samarthya Parmeshwar ka hai.
- ¹² Aur he Prabhu, karoona bhi teri hai. Kyonki tu ek ek jan ko uske kaam ke anusaar phal deta hai.

- ¹ He Parmeshwar, tu mera ishwar hai, main tujhe yatn se dhoondhoonga; sookhi aur nirjal oosar bhoomi par, mera man tera pyasa hai, mera shareer tera ati abhilashi hai.
- ² Is prakaar se main ne pavitrasthaan mein tujh par drishti ki, ki teri samarthya aur mahima ko dekhun.
- ³ Kyonki teri karoona jeevan se bhi uttam hai main teri prashansa karoonga.
- ⁴ Isi prakaar main jeevan bhar tujhe dhanya kahta rahoonga; aur tera naam lekar apne haath uthaoonga.
- ⁵ Mera jeev mano charbi aur chikne bhojan se tript hoga, aur main jayjaykaar karke teri stuti karoonga.
- ⁶ Jab main bichhaune par pada tera smaran karoonga, tab raat ke ek ek pahar mein tujh par dhyaan karoonga;
- ⁷ Kyonki tu mera sahayak bana hai, isliye main tere pankhon ki chhaya mein jayjaykaar karoonga.
- ⁸ Mera man tere peechhe peechhe laga chalta hai; aur mujhe to tu apne dahine haath se thaam rakhta hai.
- ⁹ Parantu jo mere praan ke khoji hain, ve prithvi ke neeche sthanon mein ja padenge;
- ¹⁰ Ve talvaar se mare jayenge, aur geeddon ka aahaar ho jayenge.
- ¹¹ Parantu raja Parmeshwar ke karan aanandit hoga; jo koi ishwar ki shapath khaye, vah badai karne payega; parantu jhooth bolne valon ka munh band kiya jayega.

- ¹ He Parmeshwar, jab main teri dohai dun, tab meri sun; shatru ke upjaye hue bhay ke samay mere praan ki raksha kar.
- ² Kukarmiyon ki goshthi se, aur anarthakariyon ke hullad se meri aad ho.
- ³ Unhonne apni jeebh ko talvaar ki nai tej kiya hai, aur apne kadve vachnon ke teeron ko chadhaya hai;
- ⁴ Taki chhipkar khare manushya ko marein; ve nidar hokar usko achanak marte bhi hain.
- ⁵ Ve bure kaam karne ko hiyaav bandhate hain; ve phande lagane ke vishay batchheet karte hain; aur kahte hain, ki ham ko kaun dekhega?
- ⁶ Ve kutilta ki yukti nikalte hain; aur kahte hain, ki ham ne pakki yukti khojkar nikali hai. Kyonki manushya ka man aur hriday athaah hain!
- ⁷ Parantu Parmeshwar un par teer chalayega; ve achanak ghayal ho jayenge.
- ⁸ Ve apne hi vachnon ke karan thokar khakar gir padenge; jitne un par drishti karenge ve sab apne apne sir hilayenge
- ⁹ Tab sare log dar jayenge; aur Parmeshwar ke kamon ka bakhaan karenge, aur uske karyakram ko bhali bhanti samjhenge.
- ¹⁰ Dharmi to Yahowa ke karan aanandit hokar uska sharnagat hoga, aur sab seedhe man vale badai karenge.

- ¹ He Parmeshwar, siyyon mein stuti teri baat johti hai; aur tere liye mannatein poori ki jayengi.
- ² He prarthana ke sunne vale! Sab prani tere hi paas aayenge.
- ³ Ardham ke kaam mujh par prabal hue hain; hamare apradhon ko tu dhaamp dega.
- ⁴ Kya hi dhanya hai vah; jis ko tu chunkar apne sameep aane deta hai, ki vah tere aangnon mein baas kare! Ham tere bhavan ke, arthaat tere pavitra mandir ke uttam uttam padarthon se tript honge.
- ⁵ He hamare uddharkarta Parmeshwar, he prithvi ke sab door door deshon ke aur door ke samudra par ke rahne valon ke aadhaar, tu dharm se kiye hue bhayanak kamon ke dwara hamara munh manga var dega;
- ⁶ Tu jo parakram ka phenta kase hue, apni samarthyia ke parvaton ko sthir karta hai;
- ⁷ Tu jo samudra ka mahashabd, uski tarango ka mahashabd, aur desh desh ke logon ka kolahal shaant karta hai;
- ⁸ Isliye door door deshon ke rahne vale tere chinh dekhkar dar gaye hain; tu udyachal aur astachal donon se jayjaykaar karata hai.
- ⁹ Tu bhoomi ki sudhi lekar usko seenchta hain, tu usko bahut phaldayak karta hai; Parmeshwar ki nahar jal se bhari rahti hai; tu prithvi ko taiyaar karke manushyon ke liye ann ko taiyaar karta hai.
- ¹⁰ Tu reghariyon ko bhali bhanti seenchta hai, aur unke beech ki mitti ko baithata hai, tu bhoomi ko menh se naram karta hai, aur uski upaj par aasheesh deta hai.
- ¹¹ Apni bhalai se bhare hue varsh par tu ne mano mukut dhar diya hai; tere margon mein uttam uttam padaarth paye jate hain.
- ¹² Ve jungle ki charaiyon mein paye jate hain; aur pahadiyan harsh ka phenta bandhe hue hai.
- ¹³ Charaiyan bhed- bakriyon se bhari hui hain; aur taraiyan ann se dhampi hui hain, ve jayjaykaar karti aur gati bhi hain.

- ¹ He sari prithvi ke logon, Parmeshwar ke liye jayjaykaar karo;
- ² Uske naam ki mahima ka bhajan gao; uski stuti karte hue, uski mahima karo.
- ³ Parmeshwar se kaho, ki tere kaam kya hi bhayanak hain! Teri mahasamarthya ke karan tere shatru teri chaploosi karenge.
- ⁴ Sari prithvi ke log tujhe dandavat karenge, aur tera bhajan gayenge; ve tere naam ka bhajan gayenge.
- ⁵ Aao Parmeshwar ke kamon ko dekho; vah apne karyon ke karan manushyon ko bhay yogya dekh padta hai.
- ⁶ Usne samudra ko sookhi bhoomi kar dala; ve mahanad mein se paanv paanv paar utre. Vahan ham uske karan aanandit hue,
- ⁷ Jo parakram se sarvada prabhuta karta hai, aur apni aankhon se jati jati ko takta hai. Hatheele apne sir na uthayen.
- ⁸ He desh desh ke logo, hamare Parmeshwar ko dhanya kaho, aur uski stuti mein raag uthao,
- ⁹ Jo ham ko jeevit rakhta hai; aur hamare paanv ko talne nahi deta.
- ¹⁰ Kyonki he Parmeshwar tu ne ham ko jancha; tu ne hamein chandi ki nai taya tha.
- ¹¹ Tu ne ham ko jaal mein phansaya; aur hamari kati par bhari bojh bandha tha;
- ¹² Tu ne ghudachdhon ko hamare siron ke oopar se chalaya, ham aag aur jal se hokar gaye; parantu tu ne ham ko ubaar ke sukh se bhar diya hai.
- ¹³ Main homabli lekar tere bhavan mein aaoonga main un mannaton ko tere liye poori karoonga,
- ¹⁴ Jo main ne munh kholkar mani, aur sankat ke samay kahi thi.
- ¹⁵ Main tujhe mote pashuon ke homabli, medhon ki charbi ke dhoop samet chadhaoonga; main bakron samet bail chadhaoonga.
- ¹⁶ He Parmeshwar ke sab darvaiyon aakar suno, main bataoonga ki usne mere liye kya kya kiya hai.
- ¹⁷ Main ne usko pukara, aur usi ka gunanuvaad mujh se huaa.
- ¹⁸ Yadi main man mein anarth baat sochta to Prabhu meri na sunta.
- ¹⁹ Parantu Parmeshwar ne to suna hai; usne meri prarthana ki or dhyaan diya hai.
- ²⁰ Dhanya hai Parmeshwar, jisne na to meri prarthana ansuni ki, aur na mujh se apni karoona door kar di hai!

- ¹ Parmeshwar ham par anugrah kare aur ham ko aasheesh de; vah ham par apne mukh ka prakaash chamkaye
- ² Jis se teri gati prithvi par, aur tera kiya huua uddhaar sari jatiyon mein jana jaye.
- ³ He Parmeshwar, desh desh ke log tera dhanyavaad karein; desh desh ke sab log tera dhanyavaad karein.
- ⁴ Rajya rajya ke log aanand karein, aur jayjaykaar karein, kyunki tu desh desh ke logon ka nyaay dharm se karega, aur prithvi ke rajya rajya ke logon ki aguvai karega.
- ⁵ He Parmeshwar, desh desh ke log tera dhanyavaad karein; desh desh ke sab log tera dhanyavaad karein.
- ⁶ Bhoomi ne apni upaj di hai, Parmeshwar jo hamara Parmeshwar hai, usne hamein aasheesh di hai.
- ⁷ Parmeshwar ham ko aasheesh dega; aur prithvi ke door door deshon ke sab log uska bhay manenge.

- ¹ Parmeshwar uthe, uske shatru tittar bitar hon; aur uske bairi uske samhane se bhaag jayen.
- ² Jaise dhuaan ud jata hai, vaise hi tu un ko uda de; jaise mom aag ki aanch se pighal jata hai, vaise hi dusht log Parmeshwar ki upasthiti se naash hon.
- ³ Parantu dharmi aanandit hon; ve Parmeshwar ke samhane praphullit hon; ve aanand se magan hon!
- ⁴ Parmeshwar ka geet gao, uske naam ka bhajan gao; jo nirjal deshon mein savaar hokar chalta hai, uske liye sadak banao; uska naam yaah hai, isliye tum uske samhane praphullit ho!
- ⁵ Parmeshwar apne pavitra dhaam mein, anathon ka pita aur vidhvaon ka nyayi hai.
- ⁶ Parmeshwar anathon ka ghar basata hai; aur bandhuon ko chhudakar bhagyavaan karta hai; parantu hatheelon ko sookhi bhoomi par rahna padta hai.
- ⁷ He Parmeshwar, jab tu apni praja ke aage aage chalta tha, jab tu nirjal bhoomi mein sena samet chala,
- ⁸ Tab prithvi kaamp uthi, aur aakaash bhi Parmeshwar ke samhane tapakne laga, udhar seenai parvat Parmeshwar, han Israel ke Parmeshwar ke samhane kaamp utha.
- ⁹ He Parmeshwar, tu ne bahut se vardaana barsaye; tera nij bhaag to bahut sookha tha, parantu tu ne usko hara bhara kiya hai;
- ¹⁰ Tera jhund us mein basne laga; he Parmeshwar tu ne apni bhalai se deen jan ke liye taiyari ki hai.
- ¹¹ Prabhu aagya deta hai, tab shubh samachar sunane valiyan ki badi sena ho jati hai.
- ¹² Apni apni sena samet raja bhage chale jate hain, aur grihasthin loot ko baant leti hai.
- ¹³ Kya tum bhedshalon ke beech let jaoge? Aur aisi kabootri ke samaan hoge jiske pankh chandi se aur jiske par peele sone se madhe hue hon?
- ¹⁴ Jab sarvashaktimaan ne us mein rajaon ko tittar bitar kiya, tab mano salmon parvat par him pada.
- ¹⁵ Bashaan ka pahaad Parmeshwar ka pahaad hai; bashaan ka pahaad bahut shikharvala pahaad hai.
- ¹⁶ Parantu he shikhar vale pahadon, tum kyon us parvat ko ghoorte ho, jise Parmeshwar ne apne vaas ke liye chaha hai, aur jahan Yahowa sada vaas kiye rahega?
- ¹⁷ Parmeshwar ke rath bees hazaar, varan hajar hazaar hain; Prabhu unke beech mein hai, jaise vah seenai pavitra sthaan mein hai.

- ¹⁸ Tu oonche par chadha, tu logon ko bandhuvai mein le gaya; tu ne manushyon se, varan hatheele manushyon se bhi bhentein li, jis se yaah Parmeshwar un mein vaas kare.
- ¹⁹ Dhanya hai Prabhu, jo prati din hamara bojh uthata hai; vahi hamara uddharkarta ishwar hai.
- ²⁰ Vahi hamare liye bachane vala ishwar thahra; Yahowa Prabhu mrityu se bhi bachata hai.
- ²¹ Nishchay Parmeshwar apne shatruon ke sir par, aur jo adharm ke rmaag par chalta rahta hai, uske baal bhari khopdi par maar maar ke use choor karega.
- ²² Prabhu ne kaha hai, ki main unhein bashaan se nikaal laoonga, main un ko gahire sagar ke tal se bhi pher le aaoonga,
- ²³ Ki tu apne paanv ko lohu mein duboye, aur tere shatru tere kutton ka bhaag thahrein.
- ²⁴ He Parmeshwar teri gati dekhi gai, mere ishwar, mere raja ki gati pavitra sthaan mein dikhai di hai;
- ²⁵ Gane vale aage aage aur taar vale bajon ke bajane vale peechhe peechhe gaye, charon or kumariyan daph bajati thi.
- ²⁶ Sabhaon mein Parmeshwar ka, he Israel ke sote se nikle hue logon, Prabhu ka dhanyavaad karo.
- ²⁷ Vahan unka adhyaksh chhota binyameen hai, vahan Yahuda ke hakim apne anuchron samet hain, vahan jabooloon aur naptali ke bhi hakim hain.
- ²⁸ Tere Parmeshwar ne aagya di, ki tujhe samarthya mile; he Parmeshwar jo kuchh tu ne hamare liye kiya hai, use dridh kar.
- ²⁹ Tere mandir ke karan jo Yerushalem mein hain, raja tere liye bhent le aayenge.
- ³⁰ Narakton mein rahne vale banaile pashuon ko, sandon ke jhund ko aur desh desh ke bachhdon ko jhidak de. Ve chandi ke tukde liye hue pranaam karenge; jo loge yuddh se prasann rahte hain, un ko usne titar bitar kiya hai.
- ³¹ Mistra se rais aayenge; kooshi apne hathon ko Parmeshwar ki or phurti se phailayenge.
- ³² He prithvi par ke rajya rajya ke logon Parmeshwar ka geet gao; Prabhu ka bhajan gao,
- ³³ Jo sab se oonche sanatan swarg mein savaar hokar chalta hai; dekho vah apni vani sunata hai, vah gambheer vani shaktishali hai.
- ³⁴ Parmeshwar ki samarthya ki stuti karo, uska prataap Israel par chhaya huua hai, aur uski samarthya aakashmandal mein hai.
- ³⁵ He Parmeshwar, tu apne pavitra sthanon mein bhay yogya hai, Israel ka ishwar hi apni praja ko samarthya aur shakti ka dene vala hai. Parmeshwar dhanya hai.

- ¹ He Parmeshwar, mera uddhaar kar, main jal mein dooba jata hoon.
- ² Main bade daldal mein dhasa jata hoon, aur mere pair kahi nahi rookte; main gahire jal mein aa gaya, aur dhara mein dooba jata hoon.
- ³ Main pukarte pukarte thak gaya, mera gala sookh gaya hai; apne Parmeshwar ki baat johte johte, meri aankhe rah gai hain.
- ⁴ Jo akaran mere bairi hain, ve ginti mein mere sir ke balon se adhik hain; mere vinaash karne vale jo vyarth mere shatru hain, ve samarthy hain, isliye jo main ne loota nahi vah bhi mujh ko dena pada hai.
- ⁵ He Parmeshwar, tu to meri moodhta ko janta hai, aur mere dosh tujh se chhipe nahi hain.
- ⁶ He Prabhu, he senaon ke Yahowa, jo teri baat johte hain, unki aasha mere karan na toote; he Israel ke Parmeshwar, jo tujhe dhoondhte hain unka munh mere karan kala na ho.
- ⁷ Tere hi karan meri ninda hui hai, aur mera munh lajja se dhampa hai.
- ⁸ Main apne bhaiyon ke samhane ajanbi huua, aur apne sage bhaiyon ki drishti mein pardeshi thahra hoon.
- ⁹ Kyonki main tere bhavan ke nimitt jalte jalte bhasm huua, aur jo ninda ve teri karte hain, vahi ninda mujh ko sahni padi hai.
- ¹⁰ Jab main rokar aur upvaas karke dukh uthata tha, tab usse bhi meri namadhrayi hi hui.
- ¹¹ Aur jab main taat ka vastra pahine tha, tab mera drishtaant un mein chalta tha.
- ¹² Phatak ke paas baithne vale mere vishay batchet karte hain, aur madira peene vale mujh par lagta huua geet gate hain.
- ¹³ Parantu he Yahowa, meri prarthana to teri prasannata ke samay mein ho rahi hai; he Parmeshwar apni karoona ki bahutayat se, aur bachane ki apni sachchi pratigya ke anusaar meri sun le.
- ¹⁴ Mujh ko daldal mein se ubaar, ki main dhans na jaun; main apne bairiyon se, aur gahire jal mein se bach jaun.
- ¹⁵ Main dhara mein doob na jaun, aur na main gahire jal mein doob marun, aur na pataal ka munh mere oopar band ho.
- ¹⁶ He Yahowa, meri sun le, kyonki teri karoona uttam hai; apni daya ki bahutayat ke anusaar meri or dhyaan de.
- ¹⁷ Apne daas se apna munh na mod; kyonki main sankat mein hoon, phurti se meri sun le.

- ¹⁸ Mere nikat aakar mujhe chhuda le, mere shatruon se mujh ko chhutkara de.
- ¹⁹ Meri namadhrai aur lajja aur anadar ko tu janta hai: mere sab drohi tere samhane hain.
- ²⁰ Mera hriday namadhrai ke karan phat gaya, aur main bahut udaas hoon. Main ne kisi taras khane vale ki aasha to ki, parantu kisi ko na paya, aur shanti dene vale dhoondhta to raha, parantu koi na mila.
- ²¹ Aur logon ne mere khane ke liye indrayan diya, aur meri pyaas bujhane ke liye mujhe sirka pilaya.
- ²² Unka bhojan unke liye phanda ho jaye; aur unke sukh ke samay jaal ban jaye.
- ²³ Unki aankhon par andhera chha jaye, taki ve dekh na sakein; aur tu unki kati ko nirantar kampata rah.
- ²⁴ Unke oopar apna rosh bhadka, aur tere krodh ki aanch un ko lage.
- ²⁵ Unki chhavni ujad jaye, unke deron mein koi na rahe.
- ²⁶ Kyonki jis ko tu ne mara, ve uske peechhe pade hain, aur jin ko tu ne ghayal kiya, ve unki peeda ki charcha karte hain.
- ²⁷ Unke adharm par adharm badha; aur ve tere dharm ko praapt na karein.
- ²⁸ Unka naam jeevan ki pustak mein se kata jaye, aur dharmiyon ke sang likha na jaye.
- ²⁹ Parantu main to dukhi aur peedit hoon, isliye he Parmeshwar tu mera uddhaar karke mujhe oonche sthaan par baitha.
- ³⁰ Main geet gakar tere naam ki stuti karoonga, aur dhanyavaad karta huua teri badai karoonga.
- ³¹ Yah Yahowa ko bail se adhik, varan seeng aur khur vale bail se bhi adhik bhayega.
- ³² Namra log ise dekh kar aanandit honge, he Parmeshwar ke khojiyon tumhara man hara ho jaye.
- ³³ Kyonki Yahowa daridron ki or kaan lagata hai, aur apne logon ko jo bandhue hain tuchchh nahi janta.
- ³⁴ Swarg aur prithvi uski stuti karein, aur samudra apne sab jeev jantuon samet uski stuti kare.
- ³⁵ Kyonki Parmeshwar siyyon ka uddhaar karega, aur Yahuda ke nagron ko phir basayega; aur log phir vahan bas kar uske adhikari ho jayenge.
- ³⁶ Uske dason ko vansh usko apne bhaag mein payega, aur uske naam ke premi us mein vaas karenge.

- ¹ He Parmeshwar mujhe chhudane ke liye, he Yahowa meri sahayta karne ke liye phurti kar!
- ² Jo mere praan ke khoji hain, unki aasha toote, aur munh kala ho jaye! Jo meri hani se prasann hote hain, ve peechhe hataye aur niradar kiye jayen.
- ³ Jo kahte hain, aaha, aaha, ve apni lajja ke mare ulte phere jayen.
- ⁴ Jitne tujhe dhoondhte hain, ve sab tere karan harshit aur aanandit hon! Aur jo tera uddhaar chahte hain, ve nirantar kahte rahein, ki Parmeshwar ki badai ho.
- ⁵ Main to deen aur daridra hoon; he Parmeshwar mere liye phurti kar! Tu mera sahayak aur chhudane vala hai; he Yahowa vilamb na kar!

- ¹ He Yahowa main tera sharnagat hoon; meri aasha kabhi tootne na paye!
- ² Tu to dharmi hai, mujhe chhuda aur mera uddhaar kar; meri or kaan laga, aur mera uddhaar kar!
- ³ Mere liye sanatan kaal ki chattaan ka dhaam ban, jis mein main nitya ja sakun; tu ne mere uddhaar ki aagya to di hai, kyunki tu meri chattaan aur mera gadh thahra hai.
- ⁴ He mere Parmeshwar dusht ke, aur kutil aur kroor manushya ke haath se meri raksha kar.
- ⁵ Kyonki he Prabhu Yahowa, main teri hi baat johta aaya hoon; bachpan se mera aadhaar tu hai.
- ⁶ Main garbh se nikalte hi, tujh se sambhala gaya; mujhe maa ki kokh se tu hi ne nikala; isliye main nitya teri stuti karta rahoonga.
- ⁷ Main bahuton ke liye chamatkaar bana hoon; parantu tu mera dridh sharan sthaan hai.
- ⁸ Mere munh se tere gunanuvaad, aur din bhar teri shobha ka varnan bahut huua kare.
- ⁹ Budhape ke samay mera tyaag na kar; jab mera bal ghate tab mujh ko chhod na de.
- ¹⁰ Kyonki mere shatru mere vishay batein karte hain, aur jo mere praan ki taak mein hain, ve aapas mein yah sammati karte hain, ki
- ¹¹ Parmeshwar ne usko chhod diya hai; uska peechha karke use pakad lo, kyunki uska koi chhudane vala nahi.
- ¹² He Parmeshwar, mujh se door na rah; he mere Parmeshwar, meri sahayta ke liye phurti kar!
- ¹³ Jo mere praan ke virodhi hain, unki aasha toote aur unka ant ho jaye; jo meri hani ke abhilashi hain, ve namadhrai aur anadar mein gad jayen.
- ¹⁴ Main to nirantar aasha lagaye rahoonga, aur teri stuti adhik adhik karta jaoonga.
- ¹⁵ Main apne munh se tere dharm ka, aur tere kiye hue uddhaar ka varnan din bhar karta rahoonga, parantu unka poora byora jana bhi nahi jata.
- ¹⁶ Main Prabhu Yahowa ke parakram ke kamon ka varnan karta huua aaoonga, main keval tere hi dharm ki charcha kiya karoonga.
- ¹⁷ He Parmeshwar, tu to mujh ko bachpan hi se sikhata aaya hai, aur ab tak main tere aashcharya karmon ka prachaar karta aaya hoon.
- ¹⁸ Isliye he Parmeshwar jab main boodha ho jaun aur mere baal pak jayen, tab bhi tu mujhe na chhod, jab tak main aane vali peedhi ke logon ko tera bahubal aur sab utpann hone valon ko tera parakram sunaun.
- ¹⁹ Aur he Parmeshwar, tera dharm ati mahaan hai. Tu jisne mahakarya kiye hain, he Parmeshwar tere tulya kaun hai?

- ²⁰ Tu ne to ham ko bahut se kathin kasht dikhaye hain parantu ab tu phir se ham ko jilayega; aur prithvi ke gahire gadhe mein se ubaar lega.
- ²¹ Tu meri badai ko badhayega, aur phir kar mujhe shanti dega.
- ²² He mere Parmeshwar, main bhi teri sachchai ka dhanyavaad sarangi bajakar gaoonga; he Israel ke pavitra main veena baja kar tera bhajan gaoonga.
- ²³ Jab main tera bhajan gaoonga, tab apne munh se aur apne praan se bhi jo tu ne bacha liya hai, jayjaykaar karoonga.
- ²⁴ Aur main tere dharm ki charcha din bhar karta rahoonga; kyonki jo meri hani ke abhilashi the, unki aasha toot gai aur munh kale ho gaye hain.

- ¹ He Parmeshwar, raja ko apna niyam bata, rajputra ko apna dharm sikhla!
- ² Vah teri praja ka nyaay dharm se, aur tere deen logon ka nyaay theek theek chukayega.
- ³ Pahadon aur pahadiyon se praja ke liye, dharm ke dwara shanti mila karegi
- ⁴ Vah praja ke deen logon ka nyaay karega, aur daridra logon ko bachayega; aur andher karne valon ko choor karega.
- ⁵ Jab tak soorya aur chandrama bane rahenge tab tak log peedhi- peedhi tera bhay mante rahenge.
- ⁶ Vah ghaas ki khoonti par barasne vale menh, aur bhoomi seenchne vali jhadiyon ke samaan hoga.
- ⁷ Uske dinon mein dharmi phoole phalenge, aur jab tak chandrama bana rahega, tab tak shanti bahut rahegi.
- ⁸ Vah samudra se samudra tak aur mahanad se prithvi ki chhor tak prabhuta karega.
- ⁹ Uske samhane jangal ke rahne vale ghutne tekenge, aur uske shatru mitti chatenge.
- ¹⁰ Tarsheesh aur dweep dweep ke raja bhent le aayenge, sheba aur saba donon ke raja dravya pahunchayenge.
- ¹¹ Sab raja dandavat karenge, jati jati ke log uske aadheen ho jayenge.
- ¹² Kyonki vah dohai dene vale daridra ko, aur dukhi aur ashaay manushya ka uddhaar karega.
- ¹³ Vah kangaal aur daridra par taras khayega, aur daridron ke pranon ko bachayega.
- ¹⁴ Vah unke pranon ko andher aur upadrav se chhuda lega; aur unka lohu uski drishti mein anmol thahrega.
- ¹⁵ Vah to jeevit rahega aur sheba ke sone mein se usko diya jayega. Log uske liye nitya prarthana karenge; aur din bhar usko dhanya kahte rahenge.
- ¹⁶ Desh mein pahadon ki chotiyon par bahut sa ann hoga; jiski balein labanon ke devdaron ki nai jhoomengi; aur nagar ke log ghaas ki nai lahalhayenge.
- ¹⁷ Uska naam sada sarvada bana rahega; jab tak soorya bana rahega, tab tak uska naam nitya naya hota rahega, aur log apne ko uske karan dhanya ginenge, sari jatiyan usko bhagyavaan kahengi.
- ¹⁸ Dhanya hai, Yahowa Parmeshwar jo Israel ka Parmeshwar hai; aashcharya karm keval vahi karta hai.
- ¹⁹ Uska mahimayukt naam sarvada dhanya rahega; aur sari prithvi uski mahima se paripoorn hogi. Aamin phir Aamin.
- ²⁰ Yishai ke putra Daud ki prarthana samaapt hui.

- ¹ Sachmuch istrayel ke liye arthaat shuddh man valon ke liye Parmeshwar bhala hai.
- ² Mere dag to ukhadna chahte the, mere dag phisalne hi par the.
- ³ Kyonki jab main dushton ka kushal dekhta tha, tab un ghamandiyon ke vishay daah karta tha.
- ⁴ Kyonki unki mrityu mein vednayen nahi hoti, parantu unka bal atoot rahta hai.
- ⁵ Un ko doosre manushyon ki nai kasht nahi hota; aur aur manushyon ke samaan un par vipatti nahi padti.
- ⁶ Is karan ahankaar unke gale ka haar bana hai; unka odhna upadrav hai.
- ⁷ Unki aankhein charbi se jhalakti hain, unke man ki bhavnayen umandati hain.
- ⁸ Ve thattha marte hain, aur dushtata se andher ki baat bolte hain;
- ⁹ Ve deeng marte hain. Ve manon swarg mein baithe hue bolte hain, aur ve prithvi mein bolte phirte hain.
- ¹⁰ Taubhi uski praja idhar laut aayegi, aur un ko bhare hue pyale ka jal milega.
- ¹¹ Phir ve kahte hain, ishwar kaise janta hai? Kya parmapradhaan ko kuchh gyaan hai?
- ¹² Dekho, ye to dusht log hain; taubhi sada subhagi rahkar, dhan sampatti batorte rahte hain.
- ¹³ Nishchay, main ne apne hriday ko vyarth shuddh kiya aur apne hathon ko nirdoshta mein dhoya hai;
- ¹⁴ Kyonki main din bhar maar khata aaya hoon aur prati bhor ko meri tadna hoti aai hai.
- ¹⁵ Yadi main ne kaha hota ki main aisa hi kahoonga, to dekh main tere ladkon ki santaan ke saath kroorta ka vyavhaar karta,
- ¹⁶ Jab main sochne laga ki ise main kaise samjhun, to yah meri drishti mein ati kathin samasya thi,
- ¹⁷ Jab tak ki main ne ishwar ke pavitra sthaan mein jakar un logon ke parinaam ko na socha.
- ¹⁸ Nishchay tu unhein phisalne vale sthanon mein rakhta hai; aur girakar satyanaash kar deta hai.
- ¹⁹ Aha, ve kshan bhar mein kaise ujad gaye hain! Ve mit gaye, ve ghabrate ghabrate naash ho gaye hain.
- ²⁰ Jaise jagne hara swapn ko tuchchh janta hai, vaise hi he Prabhu jab tu uthega, tab un ko chhaya sa samajh kar tuchchh janega.
- ²¹ Mera man to chidchida ho gaya, mera antakran chhid gaya tha,
- ²² Main to pashu sareekha tha, aur samajhta na tha, main tere sang rah kar bhi, pashu ban gaya tha.

- ²³ Taubhi main nirantar tere sang hi tha; tu ne mere dahine haath ko pakad rakha.
- ²⁴ Tu sammati deta huaa, meri aguvai karega, aur tab meri mahima karke mujh ko apne paas rakhega.
- ²⁵ Swarg mein mera aur kaun hai? Tere sang rahte hue main prithvi par aur kuchh nahi chahta.
- ²⁶ Mere hriday aur man donon to haar gaye hain, parantu Parmeshwar sarvada ke liye mera bhaag aur mere hriday ki chattaan bana hai.
- ²⁷ Jo tujh se door rahte hain ve to naash honge; jo koi tere viruddh vyabhichaar karta hai, usko tu vinaash karta hai.
- ²⁸ Parantu Parmeshwar ke sameep rahna, yahi mere liye bhala hai; main ne Prabhu Yahowa ko apna sharnasthaan mana hai, jis se main tere sab kamon ka varnan karun.

- ¹ He Parmeshwar, tu ne hamein kyon sada ke liye chhod diya hai? Teri kopagni ka dhuaan teri charai ki bhodon ke viruddh kyon uth raha hai?
- ² Apni mandali ko jise tu ne pracheen kaal mein mol liya tha, aur apne nij bhaag ka gotra hone ke liye chhuda liya tha, aur is siyyon parvat ko bhi, jis par tu ne vaas kiya tha, smaran kar!
- ³ Apne dag sanatan ki khandhar ki or badha; arthaat un sab buraiyon ki or jo shatru ne pavitra sthaan mein kiye hain.
- ⁴ Tere drohi tere sabha sthaan ke beech garajte rahe hain; unhonne apni hi dhvajaon ko chingh thahraya hai. Ve un manushyon ke samaan the
- ⁵ Jo ghane van ke pedon par kulhade chalute hain.
- ⁶ Aur ab ve us bhavan ki nakkashi ko, kulhadiyon aur hathaudon se bilkul tode dalte hain.
- ⁷ Unhonne tere pavitra sthaan ko aag mein jhonk diya hai, aur tere naam ke nivaas ko gira kar ashuddh kar dala hai.
- ⁸ Unhonne man mein kaha hai ki ham in ko ekdam daba dein; unhonne is desh mein ishwar ke sab sabha sthanon ko phoonk diya hai.
- ⁹ Ham ko hamare nishaan nahi dekh padte; ab koi nabi nahi raha, na hamare beech koi janta hai ki kab tak yah dasa rahegi.
- ¹⁰ He Parmeshwar drohi kab tak namadhrai karta rahega? Kya shatru, tere naam ki ninda sada karta rahega?
- ¹¹ Tu apna dahina haath kyon roke rahta hai? Use apne panjar se nikaal kar unka ant kar de.
- ¹² Parmeshwar to pracheen kaal se mera raja hai, vah prithvi par uddhaar ke kaam karta aaya hai.
- ¹³ Tu ne apni shakti se samudra ko do bhaag kar diya; tu ne jal mein magarmachchhon ke siron ko phod diya.
- ¹⁴ Tu ne to livyatanon ke sir tukde tukde karke jangli jantuon ko khila diye.
- ¹⁵ Tu ne to sota khol kar jal ki dhara bahai, tu ne to barahmasi nadiyon ko sukha dala.
- ¹⁶ Din tera hai raat bhi teri hai; soorya aur chandrama ko tu ne sthir kiya hai.
- ¹⁷ Tu ne to prithvi ke sab sivanon ko thahraya; dhoopkaal aur jada donon tu ne thahraye hain.
- ¹⁸ He Yahowa smaran kar, ki shatru ne namadhrai ki hai, aur moodh logon ne tere naam ki ninda ki hai.
- ¹⁹ Apni pinduki ke praan ko vanapshu ke vash mein na kar; apne deen janon ko sada ke liye na bhool

- ²⁰ Apni vacha ki sudhi le; kyonki desh ke andhere sthaan atyachaar ke gharon se bharpoor hain.
- ²¹ Pise hue jan ko niradar hokar lautna na pade; deen daridra log tere naam ki stuti karne payen.
- ²² He Parmeshwar uth, apna mukaddama aap hi lad; teri jo namadhrail moodh se din bhar hoti rahti hai, use smaran kar.
- ²³ Apne drohiyon ka bada bol na bhool, tere virodhiyon ka kolahal to nirantar uthta rahta hai.

- ¹ He Parmeshwar ham tera dhanyavaad karte, ham tera naam ka dhanyavaad karte hain; kyonki tera naam pragat huua hai, tere aashcharyakarmon ka varnan ho raha hai.
- ² Jab theek samay aayega tab main aap hi theek theek nyaay karoonga.
- ³ Prithvi apne sab rahne valon samet dol rahi hai, main ne uske khambhon ko sthir kar diya hai.
- ⁴ Main ne ghamandiyon se kaha, ghamand mat karo, aur dushton se, ki seeng ooncha mat karo;
- ⁵ Apna seeng bahut ooncha mat karo, na sir utha kar dhithai ki baat bolo.
- ⁶ Kyonki badhti na to poorab se na pachchhim se, aur na jangal ki or se aati hai;
- ⁷ Parantu Parmeshwar hi nyayi hai, vah ek ko ghatata aur doosre ko badhata hai.
- ⁸ Yahowa ke haath mein ek katora hai, jis mein ka dakhamdhu jhaag vala hai; us mein masala mila hai, aur vah us mein se undelta hai, nishchay uski talchhat tak prithvi ke sab drisht log pi jayenge.
- ⁹ Parantu main to sada prachaar karta rahoonga, main Yakub ke Parmeshwar ka bhajan gaoonga.
- ¹⁰ Dushton ke sab seengon ko main kaat daloonga, parantu dharmi ke seeng oonche kiye jayenge.

- ¹ Parmeshwar Yahuda mein jana gaya hai, uska naam Israel mein mahaan huaa hai.
- ² Aur uska mandap shalem mein, aur uska dhaam siyyon mein hai.
- ³ Vahan usne chamachmate teeron ko, aur dhaal aur talvaar ko todkar, nidaan ladai hi ko tod dala hai.
- ⁴ He Parmeshwar tu to jyotimay hai; tu aher se bhare hue pahadon se adhik uttam aur mahaan hai.
- ⁵ Dridh man vale lut gaye, aur bhari neend mein pade hain;
- ⁶ Aur shoorveeron mein se kisi ka haath na chala. He Yakub ke Parmeshwar, teri ghudki se, rathon samet ghode bhari neend mein pade hain.
- ⁷ Keval tu hi bhay yogya hai; aur jab tu krodh karne lage, tab tere samhane kaun khada rah sakega?
- ⁸ Tu ne swarg se nirnay sunaya hai; prithvi us samay sunkar dar gai, aur chup rahi,
- ⁹ Jab Parmeshwar nyaay karne ko, aur prithvi ke sab namra logon ka uddhaar karne ko utha.
- ¹⁰ Nishchay manushya ki jalajlahat teri stuti ka karan ho jayegi, aur jo jalajlahat rah jaye, usko tu rokega.
- ¹¹ Apne Parmeshwar Yahowa ki mannat mano, aur पूरी भी करो; वह जो भय के योग्य है, उसके आस पास के सब उसके लिये भेंट ले आयें.
- ¹² वह तो प्रधानों का अभिमान मिटा देगा; वह पृथ्वी के राजाओं को भय योग्य जान पड़ता है.

- ¹ Main Parmeshwar ki dohai chilla chillakar doonga, main Parmeshwar ki dohai doonga, aur vah meri or kaan lagayega.
- ² Sankat ke din main Prabhu ki khoj mein laga raha; raat ko mera haath phaila raha, aur dheela na huua, mujh mein shanti aai hi nahi.
- ³ Main Parmeshwar ka smaran kar karke karhata hoon; main chinta karte karte moorchhit ho chala hoon. (sela)
- ⁴ Tu mujhe jhapakki lagne nahi deta; main aisa ghabraya hoon ki mere munh se baat nahi nikalti.
- ⁵ Mainne pracheen kaal ke dinon ko, aur yug yug ke varshon ko socha hai.
- ⁶ Main raat ke samay apne geet ko smaran karta; aur man mein dhyaan karta hoon, aur man mein bhali bhanti vichaar karta hoon:
- ⁷ Kya Prabhu yug yug ke liye chhod dega; aur phir kabhi prasann na hoga?
- ⁸ Kya uski karoona sada ke liye jati rahi? Kya uska vachan peedhi peedhi ke liye nishphal ho gaya hai?
- ⁹ Kya ishwar anugrah karna bhool gaya? Kya usne krodh karke apni sab daya ko rok rakha hai? (sela)
- ¹⁰ Maine kaha yah to meri durbalta hi hai, parantu main parmapradhaan ke dahine haath ke varshon ko vicharta hoon.
- ¹¹ Main yaah ke bade kamon ki charcha karoonga; nishchay main tere pracheen kaal vale adbhut kamon ko smaran karoonga.
- ¹² Main tere sab kamon par dhyaan karoonga, aur tere bade kamon ko sochoonga.
- ¹³ He Parmeshwar teri gati pavitrata ki hai. Kaun sa devta Parmeshwar ke tulya bada hai?
- ¹⁴ Adbhut kaam karne vala ishwar tu hi hai, tu ne apne desh desh ke logon par apni shakti pragat ki hai.
- ¹⁵ Tu ne apne bhujbal se apni praja, Yakub aur Yusuf ke vansh ko chhuda liya hai. (sela)
- ¹⁶ He Parmeshwar samudra ne tujhe dekha, samudra tujhe dekh kar dar gaya, gahira sagar bhi kaamp utha.
- ¹⁷ Meghon se badi varsha hui; aakaash se shabd huua; phir tere teer idhar udhar chale.
- ¹⁸ Bavandar mein tere garajne ka shabd sun pada tha; jagat bijli se prakashit huua; prithvi kampi aur hil gai.

¹⁹ Tere maarg samudra mein hai, aur tera rasta gahire jal mein huaa; aur tere panvon ke chihni
maloom nahi hote.

²⁰ Tu ne Musa aur haroon ke ddhara, apni praja ki aguvai bhodon ki si ki.

- ¹ He mere logon, meri shiksha suno; mere vachnon ki or kaan lagao!
- ² Main apna moonh neetivchan kahne ke liye kholoonga; main pracheen kaal ki gupt batein kahoonga,
- ³ Jin baton ko ham ne suna, or jaan liya, aur hamare baap dadon ne ham se varnan kiya hai.
- ⁴ Unhe ham unki santaan se gupt na rakhenge, parantu honhaar peedhi ke logon se, Yahowa ka gunanuvaad aur uski samarth aur aashcharyakarmon ka varnan karenge.
- ⁵ Usne to Yakub mein ek chitauni thahrai, aur istrayel mein ek vyavastha chalai, jiske vishay usne hamare pitron ko aagya di, ki tum inhe apne apne ladke balon ko batana;
- ⁶ Ki aane vali peedhi ke log, arthaat jo ladke bale utpann hone vale hain, ve inhe janein; aur apne apne ladke balon se inka bakhaan karne mein udyat hon, jis se ve Parmeshwar ka aasra rakhein,
- ⁷ Aur ishwar ke bade kamon ko bhool na jayen, parantu uski aagyaon ka palan karte rahein;
- ⁸ Aur apne pitron ke samaan na hon, kyonki us peedhi ke log to hatheele aur jhagdaluthe, aur unhonne apna man sthir na kiya tha, aur na unki aatma ishwar ki or sachchi rahi.
- ⁹ Epremyon ne to shastradhari aur dhanurdhari hone par bhi, yuddh ke samay peeth dikha di.
- ¹⁰ Unhonne Parmeshwar ki vacha poori nahi ki, aur uski vyavastha par chalne se inkaar kiya.
- ¹¹ Unhonne uske bade kamon ko aur jo aashcharyakarm usne unke samhane kiye the, un ko bhula diya.
- ¹² Usne to unke baap dadon ke sammukh mistra desh ke soan ke maidaan mein adbhut karm kiye the.
- ¹³ Usne samudra ko do bhaag karke unhe paar kar diya, aur jal ko dher ki nai khada kar diya.
- ¹⁴ Aur usne din ko badal ke khambhon se aur raat bhar agni ke prakaash ke ddhara unki aguvai ki.
- ¹⁵ Vah jangal mein chattanein phadkar, un ko mano gahire jalashyon se manmane pilata tha.
- ¹⁶ Usne chattaan se bhi dharayen nikali aur nadiyon ka sa jal bahaya.
- ¹⁷ Taubhi ve phir uske viruddh adhik paap karte gaye, aur nirjal desh mein parmapradhaan ke viruddh uthte rahe.
- ¹⁸ Aur apni chaah ke anusaar bhojan maang kar man hi man ishwar ki pareeksha ki.
- ¹⁹ Ve Parmeshwar ke viruddh bole, aur kahne lage, kya ishwar jangal mein mej laga sakta hai?
- ²⁰ Usne chattaan par maar ke jal baha to diya, aur dharayen umand chali, parantu kya vah roti bhi de sakta hai? Kya vah apni praja ke liye maans bhi taiyaar kar sakta?

- 21 Yahowa sunkar krodh se bhar gaya, tab Yakub ke beech aag lagi, aur istrayel ke viruddh krodh bhadka;
- 22 Isliye ki unhonne Parmeshwar par vishwaas nahi rakha tha, na uski uddhaar karne ki shakti par bharosa kiya.
- 23 Taubhi usne aakaash ko aagya di, aur swarg ke dwaron ko khola;
- 24 Aur unke liye khane ko manna barsaya, aur unhe swarg ka ann diya.
- 25 Un ko shoorveeron ki si roti mili; usne un ko manmana bhojan diya.
- 26 Usne aakaash mein purvai ko chalaya, aur apni shakti se dakkhini bahai;
- 27 Aur unke liye maans dhooli ki nai bahut barsaya, aur samudra ke balu ke samaan anginit pakshi bheje;
- 28 Aur unki chhavni ke beech mein, unke nivason ke charon or giraye.
- 29 Aur ve khakar ati tript hue, aur usne unki kamna पूरी ki.
- 30 Unki kamna bani hi rahi, unka bhojan unke munh hi mein tha,
- 31 Ki Parmeshwar ka krodh un par bhadka, aur usne unke hrishtapushton ko ghaat kiya, aur istrayel ke javanon ko gira diya.
- 32 Itne par bhi ve aur adhik paap karte gaye; aur Parmeshwar ke aashcharyakarmon ki prateeti na ki.
- 33 Tab usne unke dinon ko vyarth shram mein, aur unke varshon ko ghabrahat mein katvaya.
- 34 Jab jab vah unhe ghaat karne lagta, tab tab ve usko poochhte the; aur phirkar ishwar ko yatn se khojte the.
- 35 Aur un ko smaran hota tha ki Parmeshwar hamari chattaan hai, aur parmapradhaan ishwar hamara chhudane vala hai.
- 36 Taubhi unhonne usse chaploosi ki; ve usse jhooth bole.
- 37 Kyonki unka hriday uski or dridh na tha; na ve uski vacha ke vishay sachche the.
- 38 Parantu vah jo dayalu hai, vah adharm ko dhampta, aur naash nahi karta; vah barbaar apne krodh ko thanda karta hai, aur apni jalajlahat ko पूरी reeti se bhadakne nahi deta.
- 39 Usko smaran huua ki ye nashmaan hain, ye vayu ke samaan hain jo chali jati aur laut nahi aati.
- 40 Unhonne kitni hi baar jangal mein usse balva kiya, aur nirjal desh mein usko udaas kiya!
- 41 Ve barbaar ishwar ki pareeksha karte the, aur istrayel ke pavitra ko khedit karte the.
- 42 Unhone na to uska bhujbal smaran kiya, na vah din jab usne un ko drohi ke vash se chhudaya tha;

- ⁴³ Ki usne kyonkar apne chingh mistra mein, aur apne chamatkaar soan ke maidaan mein kiye the.
- ⁴⁴ Usne to mistriyon ki nahron ko lohu bana dala, aur ve apni nadiyon ka jal pi na sake.
- ⁴⁵ Usne unke beech mein daans bheje jinhonne unhe kaat khaya, aur mendhak bhi bheje, jinhonne unka bigaad kiya.
- ⁴⁶ Usne unki bhoomi ki upaj keedon ko, aur unki kheteebari tiddayon ko khila di thi.
- ⁴⁷ Usne unki dakhaltaon ko olon se, aur unke goolar ke pedon ko bade bade patthar barsa kar naash kiya.
- ⁴⁸ Usne unke pashuon ko olon se, aur unke dhoron ko bijliyon se mita diya.
- ⁴⁹ Usne unke oopar apna prachand krodh aur rosh bhadkaya, aur unhe sankat mein dala, aur dukhdai dooton ka dal bheja.
- ⁵⁰ Usne apne krodh ka maarg khola, aur unke pranon ko mrityu se na bachaya, parantu un ko mari ke vash mein kar diya.
- ⁵¹ Usne mitra ke sab pahilauthon ko mara, jo haam ke deron mein pauroosh ke pahile phal the;
- ⁵² Parantu apni praja ko bhed- bakriyon ki nai prasthaan karaya, aur jungle mein unki aguvai pashuon ke jhund ki si ki.
- ⁵³ Tab ve uske chalane se bekhatke chale aur un ko kuchh bhay na huaa, parantu unke shatru samudra mein doob gaye.
- ⁵⁴ Aur usne un ko apne pavitra desh ke sivane tak, isi pahadi desh mein pahunchaya, jo usne apne dahine haath se praapt kiya tha.
- ⁵⁵ Usne unke samhane se anyajatiyon ko bhaga diya; aur unki bhoomi ko dori se maap maap kar baant diya; aur istrayel ke gotron ko unke deron mein basaya.
- ⁵⁶ Taubhi unhone parmapradhaan Parmeshwar ki pareeksha ki aur usse balva kiya, aur uski chitauniyon ko na mana,
- ⁵⁷ Aur mud kar apne purkhaon ki nai vishwasghaat kiya; unhone nikamme dhanush ki nai dhokha diya.
- ⁵⁸ Kyonki unhone oonche sthaan banakar usko ris dilai, aur khudi hui murtiyon ke dwara us mein jalan upjai.
- ⁵⁹ Parmeshwar sunkar rosh se bhar gaya, aur usne istrayel ko bilkul taj diya.
- ⁶⁰ Usne sheelo ke nivaas, arthaat us tambu ko jo usne manushyon ke beech khada kiya tha, tyaag diya,
- ⁶¹ Aur apni samarth ko bandhuaai mein jane diya, aur apni shobha ko drohi ke vash mein kar diya.
- ⁶² Usne apni praja ko talvaar se marva diya, aur apne nij bhaag ke logon par rosh se bhar gaya.

- ⁶³ Un ke javaan aag se bhasm hue, aur unki kumariyon ke vivaah ke geet na gaye gaye.
- ⁶⁴ Unke yajak talvaar se mare gaye, aur unki vidhvayen rone na pai.
- ⁶⁵ Tab Prabhu mano neend se chaunk utha, aur aise veer ke samaan utha jo dakhamdhu peekar lalkarta ho.
- ⁶⁶ Aur usne apne drohiyon ko maar kar peechhe hata diya; aur unki sada ki namadhras karai.
- ⁶⁷ Phir usne Yusuf ke tambu ko taj diya; aur epraim ke gotra ko na chuna;
- ⁶⁸ Parantu Yahuda hi ke gotra ko, aur apne priya siyyon parvat ko chun liya.
- ⁶⁹ Usne apne pavitra sthaan ko bahut ooncha bana diya, aur prithvi ke samaan sthir banaya, jiski nev usne sada ke liye dali hai.
- ⁷⁰ Phir usne apne daas Daud ko chun kar bhedshalaon mein se le liya;
- ⁷¹ Vah usko bachche vali bhedon ke peechhe peechhe phirne se le aaya ki vah uski praja Yakub ki arthaat uske nij bhaag istrayel ki charvahi kare.
- ⁷² Tab usne khare man se unki charvahi ki, aur apne haath ki kushalta se unki aguvai ki.

- ¹ He Parmeshwar anyajatiyan tere nij bhag mein ghus aai; unhonne tere pavitra mandir ko ashuddh kiya; aur Yerushalem ko khandhar kar diya hai.
- ² Unhonne tere dason ki lothon ko aakaash ke pakshiyon ka aahaar kar diya, aur tere bhakton ka maans vanapshuon ko khila diya hai.
- ³ Unhonne unka lohu Yerushalem ke charon or jal ki nai bahaya, aur un ko mitti dene vala koi na tha.
- ⁴ Padosiyon ke beech hamari namadhrai hui; charon or ke rahne vale ham par hanste, aur thattha karte hain.
- ⁵ He Yahowa, tu kab tak lagataar krodh karta rahega? Tujh mein aag ki si jalan kab tak bhadakti rahegi?
- ⁶ Jo jatiyan tujh ko nahi janti, aur jin rajyon ke log tujh se prarthana nahi karte, unhi par apni sab jalajlahat bhadka!
- ⁷ Kyonki unhonne Yakub ko nigal liya, aur uske vasasthaan ko ujaad diya hai.
- ⁸ Hamari hani ke liye hamare purkhaon ke adharm ke kamon ko smaran na kar; teri daya ham par sheeghra ho, kyonki ham badi durdasha mein pade hain.
- ⁹ He hamare uddharkarta Parmeshwar, apne naam ki mahima ke nimit hamari sahayta kar; aur apne naam ke nimit ham ko chhuda kar hamare papon ko dhaamp de.
- ¹⁰ Anayjatiyan kyon kahne payen ki unka Parmeshwar kahan raha? Anyajatiyon ke beech tere dason ke khoon ka palta lena hamare dekhte unhein maloom ho jaye.
- ¹¹ Bandhuon ka karahna tere kaan tak pahunche; ghaat hone valon ko apne bhujbal ke dwara bacha.
- ¹² Aur he Prabhu, hamare padosiyon ne jo teri ninda ki hai, uska satguna badla un ko de!
- ¹³ Tab ham jo teri praja aur teri charai ki bhedein hain, tera dhanyavaad sada karte rahenge; aur peedhi se peedhi tak tera gunanuvaad karte rahenge.

- ¹ He istrayel ke charvahe, tu jo Yusuf ki aguvai bhedon ki si karta hai, kaan laga! Tu jo karoobon par virajmaan hai, apna tej dikha!
- ² Epraim, binyameen, aur manashshe ke samhane apna parakram dikha kar, hamara uddhaar karne ko aa!
- ³ He Parmeshwar, ham ko jyon ka tyon kar de; aur apne mukh ka prakaash chamka, tab hamara uddhaar ho jayega!
- ⁴ He senaon ke Parmeshwar Yahowa, tu kab tak apni praja ki prarthana par krodhit rahega?
- ⁵ Tu ne aansuon ko unka aahaar kar diya, aur matke bhar bhar ke unhein aansu pilaye hain.
- ⁶ Tu hamein hamare padosiyon ke jhagadne ka karan kar deta hai; aur hamare shatru manmane thattha karte hain.
- ⁷ He senaon ke Parmeshwar, ham ko jyon ka tyon kar de; aur apne mukh ka prakaash ham par chamka, tab hamara uddhaar ho jayega.
- ⁸ Tu mistra se ek dakhalta le aaya; aur anyajatiyon ko nikaal kar use laga diya.
- ⁹ Tu ne uske liye sthaan taiyaar kiya hai; aur usne jad pakdi aur phail kar desh ko bhar diya.
- ¹⁰ Uski chhaya pahadon par phail gai, aur uski daliyan ishwar ke devdaron ke samaan hui;
- ¹¹ Uski shakhayen samudra tak badh gai, aur uske ankur mahanad tak phail gaye.
- ¹² Phir tu ne uske badon ko kyon gira diya, ki sab batohi uske phalon ko todte hain?
- ¹³ Jangli sooar usko naash kiye dalta hai, aur maidaan ke sab pashu use char jate hain.
- ¹⁴ He senaon ke Parmeshwar, phir aa! Swarg se dhyaan dekar dekh, aur is dakhalta ki sudhi le,
- ¹⁵ Ye paudha tu ne apne dahine haath se lagaya, aur jo lata ki shakha tu ne apne liye dridh ki hai.
- ¹⁶ Vah jal gai, vah kat gai hai; teri ghudki se ve naash hote hain.
- ¹⁷ Tere dahine haath ke sambhale hue puroosh par tera haath rakha rahe, us aadmi par, jise tu ne apne liye dridh kiya hai.
- ¹⁸ Tab ham log tujh se na mudenge: tu ham ko jila, aur ham tujh se prarthana kar sakenge.
- ¹⁹ He senaon ke Parmeshwar Yahowa, ham ko jyon ka tyon kar de! Aur apne mukh ka prakaash ham par chamka, tab hamara uddhaar ho jayega!

- ¹ Parmeshwar jo hamara bal hai, uska geet aanand se gao; Yakub ke Parmeshwar ka jayjaykaar karo!
- ² Bhajan uthao, daph aur madhur bajne vali veena aur sarangi ko le aao.
- ³ Naye chaand ke din, aur poornamasi ko hamare parva ke din narsinga phoonko.
- ⁴ Kyonki yah istrayel ke liye vidhi, aur Yakub ke Parmeshwar ka thahraya huaa niyam hai.
- ⁵ Is ko usne Yusuf mein chitauni ki reeti par us samay chalaya, jab vah mistra desh ke viruddh chala. Vahan main ne ek anjani bhasha suni;
- ⁶ Main ne unke kandhon par se bojh ko utaar diya; unka tokri dhona chhut gaya.
- ⁷ Tu ne sankat mein pad kar pukara, tab main ne tujhe chhudaya; badal garajne ke gupt sthaan mein se main ne teri suni, aur mareeba naam sote ke paas teri pareeksha ki. (sela)
- ⁸ He meri praja, sun, main tujhe chita deta hoon! He istrayel bhala ho ki tu meri sune!
- ⁹ Tere beech mein paraya ishwar na ho; aur na tu kisi paraye devta ko danadvat karna!
- ¹⁰ Tera Parmeshwar Yahowa main hoon, jo tujhe mistra desh se nikaal laya hai. Tu apna munh pasaar, main use bhar doonga.
- ¹¹ Parantu meri praja ne meri na suni; istrayel ne mujh ko na chaha.
- ¹² Isliye main ne usko uske man ke hath par chhod diya, ki vah apni hi yuktiyon ke anusaar chale.
- ¹³ Yadi meri praja meri sune, yadi istrayel mere margon par chale,
- ¹⁴ To kshan bhar mein unke shatruon ko dabaun, aur apna haath unke drohiyon ke viruddh chalaun.
- ¹⁵ Yahowa ke bairi to us ke vash mein ho jate, aur unka ant sadakaal tak bana rahta hain.
- ¹⁶ Aur unko uttam se uttam gehun khilata, aur main chattaan mein ke madhu se un ko tript karun.

- ¹ Parmeshwar ki sabha mein Parmeshwar hi khada hai; vah ishwaron ke beech mein nyaay karta hai.
- ² Tum log kab tak tedha nyaay karte aur dushton ka paksh lete rahoge?
- ³ Kangaal aur anathon ka nyaay chukao, deen daridra ka vichaar dharm se karo.
- ⁴ Kangaal aur nirdhan ko bacha lo; dushton ke haath se unhein chhudao.
- ⁵ Ve na to kuchh samajhte aur na kuchh boojhte hain, parantu andhere mein chalte phirte rahte hain; prithvi ki poori neev hil jati hai.
- ⁶ Main ne kaha tha ki tum ishwar ho, aur sab ke sab parmapradhaan ke putra ho;
- ⁷ Taubhi tum manushyon ki nai maroge, aur kisi pradhaan ke samaan gir jaoge.
- ⁸ He Parmeshwar uth, prithvi ka nyaay kar; kyonki tu hi sab jatiyon ko apne bhaag mein lega!

- ¹ He Parmeshwar maun na rah; he ishwar chup na rah, aur na shaant rah!
- ² Kyonki dekh tere shatru dhoom macha rahe hain; aur tere bairiyon ne sir uthaya hai.
- ³ Ve chaturai se teri praja ki hani ki sammati karte, aur tere rakshit logon ke viruddh yuktiyan nikalte hain.
- ⁴ Unhonne kaha, aao, ham un ko aisa naash karein ki rajya bhi mit jaye; aur istrayel ka naam aage ko smaran na rahe.
- ⁵ Unhonne ek man ho kar yukti nikali hai, aur tere hi viruddh vacha bandhi hai.
- ⁶ Ye to edom ke tambu vale aur ishmaili, moaabi aur hugri,
- ⁷ Gabali, ammoni, amaleki, aur sor samet palishti hain.
- ⁸ Inke sang ashshoori bhi mil gaye hain; un se bhi lootvanshiyon ko sahara mila hai.
- ⁹ In se aisa kar jaisa midyaniyon se, aur keeshon nale mein seesra aur yabeen se kiya tha, jo endor mein naash hue,
- ¹⁰ Aur bhoomi ke liye khaad ban gaye.
- ¹¹ Inke raison ko oreb aur jayeb sareekhe, aur inke sab pradhanon ko jebah aur salmunna ke samaan kar de,
- ¹² Jinhonne kaha tha, ki ham Parmeshwar ki charaiyon ke adhikari aap hi ho jayen.
- ¹³ He mere Parmeshwar in ko bavandar ki dhooli, va pavan se udaye hue bhoose ke samaan kar de.
- ¹⁴ Us aag ki nai jo van ko bhasm karti hai, aur us lau ki nai jo pahadon ko jala deti hai,
- ¹⁵ Tu inhe apni aandhi se bhaag de, aur apne bavandar se ghabra de!
- ¹⁶ Inke munh ko ati lajjit kar, ki he Yahowa ye tere naam ko dhoondhein.
- ¹⁷ Ye sada ke liye lajjit aur ghabraye rahein inke munh kale hon, aur inka naash ho jaye,
- ¹⁸ Jis se yah janein ki keval tu jiska naam Yahowa hai, sari prithvi ke oopar parmapradhaan hai.

- ¹ He senaon ke Yahowa, tere nivaas kya hi priya hain!
- ² Mera praan Yahowa ke aangnon ki abhilasha karte karte moorchhit ho chala; mera tan man donon jeevte ishwar ko pukaar rahe.
- ³ He senaon ke Yahowa, he mere raja, aur mere Parmeshwar, teri vediyon me gauraiya ne apna basera aur shoopabeni ne ghonsla bana liya hai jis mein vah apne bachche rakhe.
- ⁴ Kya hi dhanya hain ve, jo tere bhavan mein rahte hain; ve teri stuti nirantar karte rahenge.
- ⁵ Kya hi dhanya hai, vah manushya jo tujh se shakti pata hai, aur ve jin ko siyyon ki sadak ki sudhi rahti hai.
- ⁶ Ve rone ki tarai mein jate hue usko soton ka sthaan banate hain; phir barsaat ki agli vrishti usmein aasheesh hi aasheesh upjati hai.
- ⁷ Ve bal par bal pate jate hain; un mein se har ek jan siyyon mein Parmeshwar ko apna munh dikhayega.
- ⁸ He senaon ke Parmeshwar Yahowa, meri prarthana sun, he Yakub ke Parmeshwar, kaan laga!
- ⁹ He Parmeshwar, he hamari dhaal, drishti kar; aur apne abhishikt ka mukh dekh!
- ¹⁰ Kyonki tere aangnon mein ka ek din aur kahi ke hazaar din se uttam hai. Dushton ke deron mein vaas karne se apne Parmeshwar ke bhavan ki devdhi par khada rahna hi mujhe adhik bhavta hai.
- ¹¹ Kyonki Yahowa Parmeshwar soorya aur dhaal hai; Yahowa anugrah karega, aur mahima dega; aur jo log khari chaal chalte hain; un se vah koi achchha padaarth rakh na chhodega.
- ¹² He senaon ke Yahowa, kya hi dhanya vah manushya hai, jo tujh par bharosa rakhta hai!

- ¹ He Yahowa, tu apne desh par prasann huaa, Yakub ko bandhuaai se lauta le aaya hai.
- ² Tu ne apni praja ke adharm ko kshama kiya hai; aur uske sab papon ko dhaamp diya hai.
- ³ Tu ne apne rosh ko shaant kiya hai; aur apne bhadke hue kop ko door kiya hai.
- ⁴ He hamare uddharkarta Parmeshwar ham ko pher, aur apna krodh ham par se door kar!
- ⁵ Kya tu ham par sada kopit rahega? Kya tu peedhi se peedhi tak kop karta rahega?
- ⁶ Kya tu ham ko phir na jilayega, ki teri praja tujh mein aanand kare?
- ⁷ He Yahowa apni karoona hamein dikha, aur tu hamara uddhaar kar.
- ⁸ Main kaan lagaye rahoonga, ki ishwar Yahowa kya kahta hai, vah to apni praja se jo uske bhakt hai, shanti ki batein kahega; parantu ve phir ke moorkhata na karne lagein.
- ⁹ Nishchay uske darvaiyon ke uddhaar ka samay nikat hai, tab hamare desh mein mahima ka nivaas hoga.
- ¹⁰ Karoona aur sachchai aapas mein mil gai hain; dharm aur mel ne aapas mein chumban kiya hai.
- ¹¹ Prithvi mein se sachchai ugti aur swarg se dharm jhukta hai.
- ¹² Phir Yahowa uttam padaarth dega, aur hamari bhoomi apni upaj degi.
- ¹³ Dharm uske aage aage chalega, aur uske panvon ke chinhon ko hamare liye maarg banayega.

- ¹ He Yahowa kaan laga kar meri sun le, kyonki main deen aur daridra hoon.
- ² Mere praan ki raksha kar, kyonki main bhakt hoon; tu mera Parmeshwar hai, isliye apne daas ka, jiska bharosa tujh par hai, uddhaar kar.
- ³ He Prabhu mujh par anugrah kar, kyonki main tujhi ko lagataar pukarta rahta hoon.
- ⁴ Apne daas ke man ko aanandit kar, kyonki he Prabhu, main apna man teri hi or lagata hoon.
- ⁵ Kyonki he Prabhu, tu bhala aur kshama karne vala hai, aur jitne tujhe pukarte hain un sabhon ke liye tu ati karoonamay hai.
- ⁶ He Yahowa meri prarthana ki or kaan laga, aur mere gidgidane ko dhyaan se sun.
- ⁷ Sankat ke din main tujh ko pukaroonga, kyonki tu meri sun lega.
- ⁸ He Prabhu devtaon mein se koi bhi tere tulya nahi, aur ne kisi ke kaam tere kamon ke barabar hain.
- ⁹ He Prabhu jitni jatiyon ko tu ne banaya hai, sab aakar tere samhane danadvat karenge, aur tere naam ki mahima karenge.
- ¹⁰ Kyonki tu mahaan aur aashcharya karm karne vala hai, keval tu hi Parmeshwar hai.
- ¹¹ He Yahowa apna maarg mujhe dikha, tab main tere satya maarg par chaloonga, mujh ko ek chitt kar ki main tere naam ka bhay manun.
- ¹² He Prabhu he mere Parmeshwar main apne sampoon man se tera dhanyavaad karoonga, aur tere naam ki mahima sada karta rahoonga.
- ¹³ Kyonki teri karoona mere oopar badi hai; aur tu ne mujh ko adholok ki tah mein jane se bacha liya hai.
- ¹⁴ He Parmeshwar abhimani log to mere viruddh uthe hain, aur balatkariyon ka samaaj mere praan ka khoji huua hai, aur ve tera kuchh vichar nahi rakhte.
- ¹⁵ Parantu Prabhu tu dayalu aur anugrahkari ishwar hai, tu vilamb se kop karne vala aur ati karoonamay hai.
- ¹⁶ Meri or phir kar mujh par anugrah kar; apne daas ko tu shakti de, aur apni dasi ke putra ka uddhaar kar.
- ¹⁷ Mujhe bhalai ka koi lakshan dikha, jise dekh kar mere bairi niraash hon, kyonki he Yahowa tu ne aap meri sahayta ki aur mujhe shanti di hai.

- ¹ Uski nev pavitra parvaton mein hai;
- ² Aur Yahowa siyyon ke phatkon ko Yakub ke sare nivason se badh kar preeti rakhta hai.
- ³ He Parmeshwar ke nagar, tere vishay mahima ki batein kahi gai hain.
- ⁴ Main apne jaan- pahchaan valon se rahab aur babel ki bhi charcha karoonga; palisht, sor aur koosh ko dekho, yah vahan utpann huaa tha.
- ⁵ Aur siyyon ke vishay mein yah kaha jayega, ki amuk amuk manushya us mein utpann huaa tha; aur parmapradhaan aap hi usko sthir rakhega.
- ⁶ Yahowa jab desh desh ke logon ke naam likh kar gin lega, tab yah kahega, ki yah vahan utpann huaa tha.
- ⁷ Gavaiye aur nritak donon kahenge ki hamare sab sote tujhi mein paye jate hain.

- ¹ He mere uddharkarta Parmeshwar Yahowa, main din ko aur raat ko tere aage chillata aaya hoon.
- ² Meri prarthana tujh tak pahunche, mere chillane ki or kaan laga!
- ³ Kyonki mera praan klesh mein bhara huaa hai, aur mera praan adholok ke nikat pahuncha hai.
- ⁴ Main kabar mein padne valon mein gina gaya hoon; main balheen puroosh ke samaan ho gaya hoon.
- ⁵ Main murdon ke beech chhoda gaya hoon, aur jo ghaat ho kar kabar mein pade hain, jin ko tu phir smaran nahi karta aur ve teri sahayta rahat hain, unke samaan main ho gaya hoon.
- ⁶ Tu ne mujhe gadhe ke tal hi mein, andhere aur gahire sthaan mein rakha hai.
- ⁷ Teri jalajlahat mujhi par bani hui hai, aur tu ne apne sab tarangon se mujhe dukh diya hai;
- ⁸ Tu ne mere pahichaan valon ko mujh se door kiya hai; aur mujh ko unki drishti mein ghinauna kiya hai. Main bandi hoon aur nikal nahi sakta;
- ⁹ Dukh bhogte bhogte meri aankhe dhundhala gai. He Yahowa main lagataar tujhe pukarta aur apne haath teri or phailata aaya hoon.
- ¹⁰ Kya tu murdon ke liye adbhut kaam karega? Kya mare log uth kar tera dhanyavaad karenge?
- ¹¹ Kya kabar mein teri karoona ka, aur vinaash ki dasa mein teri sachchai ka varnan kiya jayega?
- ¹² Kya tere adbhut kaam andhakaar mein, va tera dharm vishwasghaat ki dasa mein jana jayega?
- ¹³ Parantu he Yahowa, main ne teri dohai di hai; aur bhor ko meri prarthana tujh tak pahunchegi.
- ¹⁴ He Yahowa, tu mujh ko kyon chhodta hai? Tu apna mukh mujh se kyon chhipata rahta hai?
- ¹⁵ Main bachpan hi se dukhi varan adhmuaa hoon, tujh se bhay khate main ati vyakul ho gaya hoon.
- ¹⁶ Tera krodh mujh par pada hai; us bhay se main mit gaya hoon.
- ¹⁷ Vah din bhar jal ki nai mujhe ghare rahta hai; vah mere charon or dikhai deta hai.
- ¹⁸ Tu ne mitra aur bhaibandhu donon ko mujh se door kiya hai; aur mere jaan-pahichaan valon ko andhakaar mein daal diya hai.

- ¹ Main Yahowa ki sari karoona ke vishay sada gata rahoonga; main teri sachchai peedhi peedhi tak jatata rahoonga.
- ² Kyonki main ne kaha hai, teri karoona sada bani rahegi, tu swarg mein apni sachchai ko sthir rakhega.
- ³ Main ne apne chune hue se vacha bandhi hai, main ne apne daas Daud se shapath khai hai,
- ⁴ Ki main tere vansh ko sada sthir rakhoonga; aur teri rajgaddi ko peedhi peedhi tak banaye rakhoonga.
- ⁵ He Yahowa, swarg mein tere adbhut kaam ki, aur pavitron ki sabha mein teri sachchai ki prashansa hogi.
- ⁶ Kyonki aakaash mandal mein Yahowa ke tulya kaun thahrega? Balvanton ke putron mein se kaun hai jiske saath Yahowa ki upma di jayegi?
- ⁷ Ishwar pavitron ki goshti mein atyant pratishtha ke yogya, aur apne charon or sab rahne valon se adhik bhay yogya hai.
- ⁸ He senaon ke Parmeshwar Yahowa, he yaah, tere tulya kaun samarthi hai? Teri sachchai to tere charon or hai!
- ⁹ Samudra ke garva ko tu hi todta hai; jab uske tarang uthte hain, tab tu un ko shaant kar deta hai.
- ¹⁰ Tu ne rahab ko ghaat kiye hue ke samaan kuchal dala, aur apne shatruon ko apne bahubal se titar bitar kiya hai.
- ¹¹ Aakaash tera hai, prithvi bhi teri hai; jagat aur jo kuchh us mein hai, use tu hi ne sthir kiya hai.
- ¹² Uttar aur dakkhin ko tu hi ne sirja; tabor aur hermon tere naam ka jayjaykaar karte hain.
- ¹³ Teri bhuja balvant hai; tera haath shaktimaan aur tera dahina haath prabal hai.
- ¹⁴ Tere sinhasan ka mool, dharm aur nyaay hai; karoona aur sachchai tere aage aage chalti hai.
- ¹⁵ Kya hi dhanya hai vah samaaj jo aanand ke lalkaar ko pahichanta hai; he Yahowa, ve log tere mukh ke prakaash mein chalte hain,
- ¹⁶ Ve tere naam ke hetu din bhar magan rahte hain, aur tere dharm ke karan mahaan ho jate hain.
- ¹⁷ Kyonki tu unke bal ki shobha hai, aur apni prasannata se hamare seeng ko ooncha karega.
- ¹⁸ Kyonki hamari dhaal Yahowa ki or se hai hamara raja Israel ke pavitra ki or se hai.
- ¹⁹ Ek samay tu ne apne bhakt ko darshan dekar batein ki; aur kaha, main ne sahayta karne ka bhaar ek veer par rakha hai, aur praja mein se ek ko chun kar badhaya hai.

- ²⁰ Main ne apne daas Daud ko lekar, apne pavitra tel se uska abhishek kiya hai.
- ²¹ Mera haath uske saath bana rahega, aur meri bhuja use dridh rakhegi.
- ²² Shatru usko tang karne na payega, aur na kutil jan usko dukh dene payega.
- ²³ Main uske drohiyon ko uske samhane se naash karoonga, aur uske bairiyon par vipatti daloonga.
- ²⁴ Parantu meri sachchai aur karoona us par bani rahengi, aur mere naam ke dwara uska seeng ooncha ho jayega.
- ²⁵ Main samudra ko uske haath ke neeche aur mahandon ko uske dahine haath ke neeche kar doonga.
- ²⁶ Vah mujhe pukaar ke kahega, ki tu mera pita hai, mera ishwar aur mere bachne ki chattaan hai.
- ²⁷ Phir main usko apna pahilautha, aur prithvi ke rajaon par pradhaan thahraoonga.
- ²⁸ Main apni karoona us par sada banaye rahoonga, aur meri vacha uske liye atal rahegi.
- ²⁹ Main uske vansh ko sada banaye rakhoonga, aur uski rajgaddi swarg ke samaan sarvada bani rahegi.
- ³⁰ Yadi uske vansh ke log meri vyavastha ko chhodein aur mere niymon ke anusaar na chalein,
- ³¹ Yadi ve meri vidhiyon ka ullanghan karein, aur meri aagyaon ko na manein,
- ³² To main unke apraadh ka dand sontein se, aur unke adharm ka dand kodon se doonga.
- ³³ Parantu main apni karoona us par se na hataoonga, aur na sachchai tyag kar jhootha thahroonga.
- ³⁴ Main apni vacha na todoonga, aur jo mere munh se nikal chuka hai, use na badloonga.
- ³⁵ Ek baar main apni pavitrata ki shapath kha chuka hoon; main Daud ko kabhi dhokha na doonga.
- ³⁶ Uska vansh sarvada rahega, aur uski rajgaddi soorya ki nai mere sammukh thahri rahegi.
- ³⁷ Vah chandrama ki nai, aur aakaash mandal ke vishwaas yogya sakshi ki nai sada bana rahega.
- ³⁸ Taubhi tu ne apne abhishikt ko chhoda aur use taj diya, aur us par ati krodh kiya hai.
- ³⁹ Tu apne daas ke saath ki vacha se ghinaya, aur uske mukut ko bhoomi par gira kar ashuddh kiya hai.
- ⁴⁰ Tu ne uske sab badon ko tod dala hai, aur uske gadhon ko ujaad diya hai.
- ⁴¹ Sab batohi usko loot lete hain, aur uske padosiyon mein uski namadhrai hoti hai.
- ⁴² Tu ne uske drohiyon ko prabal kiya; aur uske sab shatruon ko aanandit kiya hai.

- ⁴³ Phir tu uski talvaar ki dhaar ko mod deta hai, aur yuddh mein uske paanv jamne nahi deta.
- ⁴⁴ Tu ne uska tej har liya hai aur uske sinhasan ko bhoomi par patak diya hai.
- ⁴⁵ Tu ne uski javani ko ghataya, aur usko lajja se dhaamp diya hai.
- ⁴⁶ He Yahowa tu kab tak lagataar moonh phere rahega, teri jalajlahat kab tak aag ki nai bhadki rahegi.
- ⁴⁷ Mera smaran kar, ki main kaisa anitya hoon, tu ne sab manushyon ko kyon vyarth sirja hai?
- ⁴⁸ Kaun puroosh sada amar rahega? Kya koi apne praan ko adholok se bacha sakta hai?
- ⁴⁹ He Prabhu teri pracheenkaal ki karoona kahan rahi, jiske vishay mein tu ne apni sachchai ki shapath Daud se khai thi?
- ⁵⁰ He Prabhu apne dason ki namadhrai ki sudhi kar; main to sab samarthi jatiyon ka bojh liye rahta hoon.
- ⁵¹ Tere un shatruon ne to he Yahowa tere abhishikt ke peechhe pad kar uski namadhrai ki hai.
- ⁵² Yahowa sarvada dhanya rahega! Aamin phir Aamin.

- ¹ He Prabhu, tu peedhi se peedhi tak hamare liye dhaam bana hai.
- ² Is se pahile ki pahaad utpann hue, va tu ne prithvi aur jagat ki rachna ki, varan anadikaal se anantakaal tak tu hi ishwar hai.
- ³ Tu manushya ko lauta kar choor karta hai, aur kahta hai, ki he aadmiyon, laut aao!
- ⁴ Kyonki hazaar varsh teri drishti mein aise hain, jaisa kal ka din jo beet gaya, va raat ka ek pahar.
- ⁵ Tu manushyon ko dhara mein baha deta hai; ve swapn se thaharte hain, ve bhor ko badhne vali ghaas ke samaan hote hain.
- ⁶ Vah bhor ko phoolti aur badhti hai, aur saanjh tak kat kar murjha jati hai.
- ⁷ Kyonki ham tere krodh se naash hue hain; aur teri jalajlahat se ghabra gaye hain.
- ⁸ Tu ne hamare adharm ke kamon se apne sammukh, aur hamare chhipe hue papon ko apne mukh ki jyoti mein rakha hai.
- ⁹ Kyonki hamare sab din tere krodh mein beet jate hain, ham apne varsh shabd ki nai bitate hain.
- ¹⁰ Hamari aayu ke varsh sattar to hote hain, aur chahe bal ke karan assi varsh ke bhi ho jayen, taubhi unka ghamand keval nasht aur shok hi shok hai; kyonki vah jaldi kat jati hai, aur ham jate rahte hain.
- ¹¹ Tere krodh ki shakti ko aur tere bhay ke yogya tere rosh ko kaun samajhta hai?
- ¹² Ham ko apne din ginne ki samajh de ki ham buddhimaan ho jayen.
- ¹³ He Yahowa laut aa! Kab tak? Aur apne dason par taras kha!
- ¹⁴ Bhor ko hamein apni karoona se tript kar, ki ham jeevan bhar jayjaykaar aur aanand karte rahein.
- ¹⁵ Jitne din tu hamein dukh deta aaya, aur jitne varsh ham klesh bhogte aaye hain utne hi varsh ham ko aanand de.
- ¹⁶ Tera kaam tere dason ko, aur tera prataap unki santaan par pragat ho.
- ¹⁷ Aur hamare Parmeshwar Yahowa ki manoharta ham par pragat ho, tu hamare hathon ka kaam hamare liye dridh kar, hamare hathon ke kaam ko dridh kar.

- ¹ Jo parmapradhaan ke chhaye hue sthaan mein baitha rahe, vah sarvashaktimaan ki chhaya mein thikana payega.
- ² Main Yahowa ke vishay kahoonga, ki vah mera sharnasthaan aur gadh hai; vah mera Parmeshwar hai, main us par bharosa rakhoonga.
- ³ Vah to tujhe baheliye ke jaal se, aur mahamari se bachayega;
- ⁴ Vah tujhe apne pankhon ki aad mein le lega, aur tu uske pairon ke neeche sharan payega; uski sachchai tere liye dhaal aur jhilam thahregi.
- ⁵ Tu na raat ke bhay se darega, aur na us teer se jo din ko udta hai,
- ⁶ Na us mari se jo andhere mein phailti hai, aur na us maharog se jo din dupahri mein ujadta hai.
- ⁷ Tere nikat hazaar, aur teri dahini or das hazaar girenge; parantu vah tere paas na aayega.
- ⁸ Parantu tu apni aankhon ki drishti karega aur dushton ke ant ko dekhega.
- ⁹ He Yahowa, tu mera sharan sthaan thahra hai. Tu ne jo parmapradhaan ko apna dhaam maan liya hai,
- ¹⁰ Isliye koi vipatti tujh par na padegi, na koi dukh tere dere ke nikat aayega.
- ¹¹ Kyonki vah apne dooton ko tere nimitt aagya dega, ki jahan kahi tu jaye ve teri raksha karein.
- ¹² Ve tujh ko hathon haath utha lenge, aisa na ho ki tere panvon mein patthar se thes lage.
- ¹³ Tu sinh aur naag ko kuchlega, tu javaan sinh aur ajar ko latadega.
- ¹⁴ Usne jo mujh se sneh kiya hai, isliye main usko chhudaoonga; main usko oonche sthaan par rakhoonga, kyonki usne mere naam ko jaan liya hai.
- ¹⁵ Jab vah mujh ko pukare, tab main uski sunoonga; sankat mein main uske sang rahoonga, main usko bacha kar uski mahima badhaoonga.
- ¹⁶ Main usko deerghayu se tript karoonga, aur apne kiye hue uddhaar ka darshan dikhaoonga.

- ¹ Yahowa ka dhanyavaad karna bhala hai, he parmapradhaan, tere naam ka bhajan gana;
- ² Pratakaal ko teri karoona, aur prati raat teri sachchai ka prachaar karna,
- ³ Das taar vale baje aur sarangi par, aur veena par gambheer swar se gana bhala hai.
- ⁴ Kyonki, he Yahowa, tu ne mujh ko apne kaam se aanandit kiya hai; aur main tere hathon ke kamon ke karan jayjaykaar karoonga.
- ⁵ He Yahowa, tere kaam kya hi bade hain! Teri kalpanayen bahut gambheer hain!
- ⁶ Pashu samaan manushya is ko nahi samajhta, aur moorkh iska vichaar nahi karta:
- ⁷ Ki dusht jo ghaas ki nai phoolte- phalte hain, aur sab anarthakari jo praphullit hote hain, yah isliye hota hai, ki ve sarvada ke liye naash ho jayen,
- ⁸ Parantu he Yahowa, tu sada virajmaan rahega.
- ⁹ Kyonki he Yahowa, tere shatru, han tere shatru naash honge; sab anarthakari titar bitar honge.
- ¹⁰ Parantu mera seeng tu ne jangli saandh ka sa ooncha kiya hai; main tatke tel se chupda gaya hoon.
- ¹¹ Aur main apne drohiyon par drishti kar ke, aur un kukarmiyon ka haal mere viruddh uthe the, sunkar santusht huua hoon.
- ¹² Dharmi log khajoor ki nai phoole phalenge, aur labanon ke devdaar ki nai badhte rahenge.
- ¹³ Ve Yahowa ke bhavan mein rope ja kar, hamare Parmeshwar ke aangnon mein phoole phalenge.
- ¹⁴ Ve purane hone par bhi phalte rahenge, aur ras bhare aur lahalhate rahenge,
- ¹⁵ Jis se yah pragat ho, ki Yahowa seedha hai; vah meri chattaan hai, aur us mein kutilta kuchh bhi nahi.

- ¹ Yahowa raja hai; usne mahatmya ka pahirava pahina hai; Yahowa pahirava pahine hue, aur samarthya ka pheta bandhe hai. Is karan jagat sthir hai, vah nahi talne ka.
- ² He Yahowa, teri rajgaddi anadikaal se sthir hai, tu sarvada se hai.
- ³ He Yahowa, mahandon ka kolahal ho raha hai, mahandon ka bada shabd ho raha hai, mahanad garajte hain.
- ⁴ Mahasagar ke shabd se, aur samudra ki mahatragon se, virajmaan Yahowa adhik mahaan hai.
- ⁵ Teri chitauniyan ati vishwasyogya hain; he Yahowa tere bhavan ko yug yug pavitrata hi shobha deti hai.

- ¹ He Yahowa, he palta lene vale ishwar, he palta lene vale ishwar, apna tej dikha!
- ² He prithvi ke nyayi uth; aur ghamandiyon ko badla de!
- ³ He Yahowa, dusht log kab tak, dusht log kab tak deeng marte rahenge?
- ⁴ Ve bakte aur dhithai ki batein bolte hain, sab anarthakari badaai marte hain.
- ⁵ He Yahowa, ve teri praja ko pees dalte hain, ve tere nij bhaag ko dukh dete hain.
- ⁶ Ve vidhva aur pardeshi ka ghaat karte, aur anathon ko maar dalte hain;
- ⁷ Aur kahte hain, ki yaah na dekhega, Yakub ka Parmeshwar vichaar na karega.
- ⁸ Tum jo praja mein pashu sareekhe ho, vichaar karo; aur he moorkhon tum kab tak buddhimaan ho jaoge?
- ⁹ Jisne kaan diya, kya vah aap nahi sunta? Jisne aankh rachi, kya vah aap nahi dekhta?
- ¹⁰ Jo jati jati ko tadna deta, aur manushya ko gyaan sikhata hai, kya vah na samjhayega?
- ¹¹ Yahowa manushya ki kalpanaon ko to janta hai ki ve mithya hain.
- ¹² He yaah, kya hi dhanya hai vah puroosh jis ko tu tadna deta hai, aur apni vyavastha sikhata hai,
- ¹³ Kyonki tu usko vipatti ke dinon mein us samay tak chain deta rahta hai, jab tak dushton ke liye gadha nahi khoda jata.
- ¹⁴ Kyonki Yahowa apni praja ko na tajega, vah apne nij bhaag ko na chhodega;
- ¹⁵ Parantu nyaay phir dharm ke anusaar kiya jayega, aur sare seedhe man vale uske peechhe peechhe ho lenge.
- ¹⁶ Kukarmiyon ke viruddh meri or kaun khada hoga? Meri or se anarthakariyon ka kaun samhana karega?
- ¹⁷ Yadi Yahowa mera sahayak na hota, to kshan bhar mein mujhe chupchaap hokar rahna padta.
- ¹⁸ Jab main ne kaha, ki mera paanv phisalne laga hai, tab he Yahowa, teri karoona ne mujhe thaam liya.
- ¹⁹ Jab mere man mein bahut si chintayen hoti hain, tab he Yahowa, teri di hui shanti se mujh ko sukh hota hai.
- ²⁰ Kya tere aur dushton ke sinsahan ke beech sandhi hogi, jo kanoon ki aad mein utpaat machate hain?
- ²¹ Ve dharmi ka praan lene ko dal bandhate hain, aur nirdosh ko prandand dete hain.
- ²² Parantu Yahowa mera gadh, aur mera Parmeshwar meri sharan ki chattaan thahra hai.

²³ Aur usne unka anarth kaam unhi par lautaya hai, aur vah unhein unhi ki burai ke dwara satyanaash karega; hamara Parmeshwar Yahowa un ko satyanaash karega.

- ¹ Aao ham Yahowa ke liye oonche swar se gayen, apne uddhaar ki chattaan ka jayjaykaar karein!
- ² Ham dhanyavaad karte hue uske sammukh aayen, aur bhajan gate hue uska jayjaykaar karein!
- ³ Kyonki Yahowa mahaan ishwar hai, aur sab devtaon ke oopar mahaan raja hai.
- ⁴ Prithvi ke gahire sthaan usi ke haath mein hain; aur pahadon ki chotiyan bhi usi ki hain.
- ⁵ Samudra uska hai, aur usi ne usko banaya, aur sthal bhi usi ke haath ka racha hai.
- ⁶ Aao ham jhuk kar dandavat karein, aur apne karta Yahowa ke samhane ghutne tekein!
- ⁷ Kyonki vahi hamara Parmeshwar hai, aur ham uski charai ki praja, aur uske haath ki bhedein hain. Bhala hota, ki aaj tum uski baat sunte!
- ⁸ Apna apna hriday aisa kathor mat karo, jaisa mareeba mein, va massa ke din jangal mein huua tha,
- ⁹ Jab tumhare purkhaon ne mujhe parkha, unhone mujh ko jancha aur mere kaam ko bhi dekha.
- ¹⁰ Chalees varsh tak main us peedhi ke logon se rootha raha, aur main ne kaha, ye to bharmane vale man ke hain, aur inhone mere margon ko nahi pahichana.
- ¹¹ Is karan main ne krodh mein aakar shapath khai ki ye mere vishraam sthaan mein kabhi praves na karne payenge.

- ¹ Yahowa ke liye ek naya geet gao, he sari prithvi ke logon Yahowa ke liye gao!
- ² Yahowa ke liye gao, uske naam ko dhanya kaho; din din uske kiye hue uddhaar ka shubh samachar sunate raho.
- ³ Anya jatiyon mein uski mahima ka, aur desh desh ke logon mein uske aashcharyakarmon ka varnan karo.
- ⁴ Kyonki Yahowa mahaan aur ati stuti ke योग्या hai; vah to sab devtaon se adhik bhay योग्या hai.
- ⁵ Kyonki desh desh ke sab devta to moortein hi hain; parantu Yahowa hi ne swarg ko banaya hai.
- ⁶ Uske charon aur vaibhav aur aishwarya hai; uske pavitra sthaan mein samarthya aur shobha hai.
- ⁷ He desh desh ke kulon, Yahowa ka gunanuvaad karo, Yahowa ki mahima aur samarthya ko mano!
- ⁸ Yahowa ke naam ki aisi mahima karo jo uske योग्या hai; bhent le kar uske aangnon mein aao!
- ⁹ Pavitrata se shobhaymaan hokar Yahowa ko dandavat karo; he sari prithvi ke logon uske samhane kampte raho!
- ¹⁰ Jati jati mein kaho, Yahowa raja hua hai! Aur jagat aisa sthir hai, ki vah talne ka nahi; vah desh desh ke logon ka nyaay seedhai se karega.
- ¹¹ Aakaash aanand kare, aur prithvi magan ho; samudra aur us mein ki sab vastuein garaj uthein;
- ¹² Maidaan aur jo kuchh us mein hai, vah praphullit ho; usi samay van ke sare vriksh jayjaykaar karenge.
- ¹³ Yah Yahowa ke samhane ho, kyunki vah aane vala hai. Vah prithvi ka nyaay karne ko aane vala hai, vah dharm se jagat ka, aur sachchai se desh desh ke logon ka nyaay karega.

- ¹ Yahowa raja huaa hai, prithvi magan ho; aur dweep jo bahutere hain, vah bhi aanand karein!
- ² Badal aur andhakaar uske charon or hain; uske sinhasan ka mool dharm aur nyaay hai.
- ³ Uske aage aage aag chalti hui uske drohiyon ko charon or bhasm karti hai.
- ⁴ Uski bijliyon se jagat prakashit huaa, prithvi dekhkar tharathra gai hai!
- ⁵ Pahaad Yahowa ke samhane, mom ki nai pighal gaye, arthaat sari prithvi ke Parmeshwar ke samhane.
- ⁶ Aakaash ne uske dharm ki sakshi di; aur desh desh ke sab logon ne uski mahima dekhi hai.
- ⁷ Jitne khudi hui moortiyon ki upasna karte aur moorton par phoolte hain, ve lajjit hon; he sab devtaon tum usi ko dandavat karo.
- ⁸ Siyyon sun kar aanandit hui, aur Yahuda ki betiyan magan hui; he Yahowa, yah tere niymon ke karan huaa.
- ⁹ Kyonki he Yahowa, tu sari prithvi ke oopar parmapradhaan hai; tu sare devtaon se adhik mahaan thahra hai.
- ¹⁰ He Yahowa ke premiyon, burai se ghrina karo; vah apne bhakton ke pranon ki raksha karta, aur unhein dushton ke haath se bachata hai.
- ¹¹ Dharmi ke liye jyoti, aur seedhe man valon ke liye aanand boya gaya hai.
- ¹² He dharmiyon Yahowa ke karan aanandit ho; aur jis pavitra naam se uska smaran hota hai, uska dhanyavaad karo!

- ¹ Yahowa ke liye ek naya geet gao, kyonki usne aashcharyakarm kiye hai! Uske dahine haath aur pavitra bhuja ne uske liye uddhaar kiya hai!
- ² Yahowa ne apna kiya huaa uddhaar prakashit kiya, usne anyajatiyon ki drishti mein apna dharm pragat kiya hai.
- ³ Usne Israel ke gharane par ki apni karoona aur sachchai ki sudhi li, aur prithvi ke sab door door deshon ne hamare Parmeshwar ka kiya huaa uddhaar dekha hai.
- ⁴ He sari prithvi ke logon Yahowa ka jayjaykaar karo; utsahpoorvak jayjaykaar karo, aur bhajan gao!
- ⁵ Veena baja kar Yahowa ka bhajan gao, veena baja kar bhajan ka swar sunao.
- ⁶ Turhiyan aur narsinge phoonk phoonkkar Yahowa raja ka jayjaykaar karo.
- ⁷ Samudra aur us mein ki sab vastuein garaj uthein; jagat aur uske nivasi mahashabd karein!
- ⁸ Nadiyan taliyan bajayen; pahaad milkar jayjaykaar karein.
- ⁹ Yah Yahowa ke samhane ho, kyonki vah prithvi ka nyaay karne ko aane vala hai. Vah dharm se jagat ka, aur seedhai se desh desh ke logon ka nyaay karega.

- ¹ Yahowa raja huaa hai; desh desh ke log kaamp uthein! Vah karoobon par virajmaan hai; prithvi dol uthe!
- ² Yahowa siyyon mein mahaan hai; aur vah desh desh ke logon ke oopar pradhaan hai.
- ³ Ve tere mahaan aur bhayyogya naam ka dhanyavaad karein! Vah to pavitra hai.
- ⁴ Raja ki samarthya nyaay se mel rakhti hai, tu hi ne seedhai ko sthapit kiya; nyaay aur dharm ko Yakub mein tu hi ne chalu kiya hai.
- ⁵ Hamare Parmeshwar Yahowa ko saraho; aur uske charnon ki chauki ke samhane dandavat karo! Vah pavitra hai!
- ⁶ Uske yajkon mein Musa aur haroon, aur uske prarthana karne valon mein se shamooyel Yahowa ko pukarte the, aur vah unki sun leta tha.
- ⁷ Vah badal ke khambhe mein ho kar un se batein karta tha; aur ve uski chitauniyon aur uski di hui vidhiyon par chalte the.
- ⁸ He hamare Parmeshwar Yahowa tu unki sun leta tha; tu unke kamon ka palta to leta tha taubhi unke liye kshama karne vala ishwar tha.
- ⁹ Hamare Parmeshwar Yahowa ko saraho, aur uske pavitra parvat par dandavat karo; kyonki hamara Parmeshwar Yahowa pavitra hai!

- ¹ He sari prithvi ke logon Yahowa ka jayjaykaar karo!
- ² Aanand se Yahowa ki aaradhna karo! Jayjaykaar ke saath uske sammukh aao!
- ³ Nishchay jano, ki Yahowa hi Parmeshwar hai. Usi ne ham ko banaya, aur ham usi ke hain; ham uski praja, aur uski charai ki bhedein hain.
- ⁴ Uske phatkon se dhanyavaad, aur uske aangnon mein stuti karte hue pravesch karo, uska dhanyavaad karo, aur uske naam ko dhanya kaho!
- ⁵ Kyonki Yahowa bhala hai, uski karoona sada ke liye, aur uski sachchai peedhi se peedhi tak bani rahti hai.

- ¹ Main karoona aur nyaay ke vishay gaoonga; he Yahowa, main tera hi bhajan gaoonga.
- ² Main buddhimani se khare maarg mein chaloonga. Tu mere paas kab aayega! Main apne ghar mein man ki kharai ke saath apni chaal chaloonga;
- ³ Main kisi ochhe kaam par chitt na lagaoonga. Main kumaarg par chalne valon ke kaam se ghin rakhta hoon; aise kaam mein main na lagoonga.
- ⁴ Tedha swabhaav mujh se door rahega; main burai ko janoonga bhi nahi.
- ⁵ Jo chhip kar apne padosi ki chugli khaye, usko main satyanaash karoonga; jiski aankhein chadhi hon aur jiska man ghamandi hai, uski main na sahoonga.
- ⁶ Meri aankhein desh ke vishwasyogya logon par lagi rahengi ki ve mere sang rahein; jo khare maarg par chalta hai vahi mera tahluaa hoga.
- ⁷ Jo chhal karta hai vah mere ghar ke bheetar na rahne payega; jo jhooth bolta hai vah mere samhane bana na rahega.
- ⁸ Bhor hi bhor ko main desh ke sab dushton ko satyanaash kiya karoonga, isliye ki Yahowa ke nagar ke sab anarthakariyon ko naash karun.

- ¹ He Yahowa, meri prarthana sun; meri dohai tujh tak pahunche!
- ² Mere sankat ke din apna mukh mujh se na chhipa le; apna kaan meri or laga; jis samay main pukarun, usi samay phurti se meri sun le!
- ³ Kyonki mere din dhuein ki nai ude jate hain, aur meri haddiyan lukti ke samaan jal gai hain.
- ⁴ Mera man jhulsi hui ghaas ki nai sookh gaya hai; aur main apni roti khana bhool jata hoon.
- ⁵ Karahte karahte mera chamda haddiyon mein sat gaya hai.
- ⁶ Main jungle ke dhanesh ke samaan ho gaya hoon, main ujde sthanon ke ullu ke samaan ban gaya hoon.
- ⁷ Main pada pada jagta rahta hoon aur gaure ke samaan ho gaya hoon jo chhat ke oopar akela baithta hai.
- ⁸ Mere shatru lagataar meri namadhrai karte hain, jo mere virodh ki dhun mein bavle ho rahe hain, ve mera naam lekar shapath khate hain.
- ⁹ Kyonki main ne roti ki nai raakh khai aur aansu mila kar pani peeta hoon.
- ¹⁰ Yah tere krodh aur kop ke karan huua hai, kyonki tu ne mujhe uthaya, aur phir phenk diya hai.
- ¹¹ Meri aayu dhalti hui chhaya ke samaan hai; aur main aap ghaas ki nai sookh chala hoon.
- ¹² Parantu he Yahowa, tu sadaiv virajmaan rahega; aur jis naam se tera smaran hota hai, vah peedhi se peedhi tak bana rahega.
- ¹³ Tu uthkar siyyon par daya karega; kyonki us par anugrah karne ka thahraya huua samay aa pahuncha hai.
- ¹⁴ Kyonki tere daas uske pattharon ko chahte hain, aur uski dhooli par taras khate hain.
- ¹⁵ Isliye anyajatiyan Yahowa ke naam ka bhay manengi, aur prithvi ke sab raja tere prataap se darenge.
- ¹⁶ Kyonki Yahowa ne siyyon ko phir basaya hai, aur vah apni mahima ke saath dikhai deta hai;
- ¹⁷ Vah lachaar ki prarthana ki or munh karta hai, aur unki prarthana ko tuchchh nahi janta.
- ¹⁸ Yah baat aane vali peedhi ke liye likhi jayegi, aur ek jati jo sirji jayegi vahi yaah ki stuti karegi.
- ¹⁹ Kyonki Yahowa ne apne oonche aur pavitra sthaan se drishti karke swarg se prithvi ki or dekha hai,
- ²⁰ Taki bandhuon ka karahna sune, aur ghaat hon valon ke bandhan khole;
- ²¹ Aur siyyon mein Yahowa ke naam ka varnan kiya jaye, aur Yerushalem mein uski stuti ki jaye;

- ²² Yah us samay hoga jab desh desh, aur rajya rajya ke log Yahowa ki upasna karne ko ikatthe honge.
- ²³ Usne mujhe jeevan yatra mein dukh dekar, mere bal aur aayu ko ghataya.
- ²⁴ Main ne kaha, he mere ishwar, mujhe aadhi aayu mein na utha le, mere varsh peedhi se peedhi tak bane rahenge!
- ²⁵ Aadi mein tu ne prithvi ki nev dali, aur aakaash tere hathon ka banaya huaa hai.
- ²⁶ Vah to naash hoga, parantu tu bana rahega; aur vah sab kapde ke samaan purana ho jayega. Tu usko vastra ki nai badlega, aur vah to badal jayega;
- ²⁷ Parantu tu vahi hai, aur tere varshon ka ant nahi hone ka.
- ²⁸ Tere dason ki santaan bani rahegi; aur unka vansh tere samhane sthir rahega.

- ¹ He mere man, Yahowa ko dhanya kah; aur jo kuchh mujh mein hai, vah uske pavitra naam ko dhanya kahe!
- ² He mere man, Yahowa ko dhanya kah, aur uske kisi upkaar ko na bhoolna.
- ³ Vahi to tere sab adharm ko kshama karta, aur tere sab rogon ko changa karta hai,
- ⁴ Vahi to tere praan ko naash hone se bacha leta hai, aur tere sir par karoona aur daya ka mukut bandhata hai,
- ⁵ Vahi to teri lalsa ko uttam padarthon se tript karta hai, jis se teri javani ukaab ki nai nai ho jati hai.
- ⁶ Yahowa sab pise huon ke liye dharm aur nyaay ke kaam karta hai.
- ⁷ Usne Musa ko apni gati, aur Israeliyon par apne kaam pragat kiye.
- ⁸ Yahowa dayalu aur anugrahakri, vilamb se kop karne vala aur ati karoonaamayi hai.
- ⁹ Vah sarvada vadvivaad karta na rahega, na uska krodh sada ke liye bhadka rahega.
- ¹⁰ Usne hamare papon ke anusaar ham se vyavhaar nahi kiya, aur na hamare adharm ke kamon ke anusaar ham ko badla diya hai.
- ¹¹ Jaise aakaash prithvi ke oopar ooncha hai, vaise hi uski karoona uske darvaiyon ke oopar prabal hai.
- ¹² Udyachal astachal se jitni door hai, usne hamare apradhon ko ham se utni hi door kar diya hai.
- ¹³ Jaise pita apne balkon par daya karta hai, vaise hi Yahowa apne darvaiyon par daya karta hai.
- ¹⁴ Kyonki vah hamari srishti janta hai; aur usko smaran rahta hai ki manushya mitti hi hai.
- ¹⁵ Manushya ki aayu ghaas ke samaan hoti hai, vah maidaan ke phool ki nai phoolta hai,
- ¹⁶ Jo pavan lagte hi thahar nahi sakta, aur na vah apne sthaan mein phir milta hai.
- ¹⁷ Parantu Yahowa ki karoona uske darvaiyon par yug yug, aur uska dharm unke nati- poton par bhi pragat hota rahta hai,
- ¹⁸ Arthaat un par jo uski vacha ka palan karte aur uske updeshon ko smaran karke un par chalte hain.
- ¹⁹ Yahowa ne to apna sinhasan swarg mein sthir kiya hai, aur uska rajya poori srishti par hai.
- ²⁰ He Yahowa ke dooton, tum jo bade veer ho, aur uske vachan ke manne se usko poora karte ho usko dhanya kaho!

²¹ He Yahowa ki sari senaon, he uske tahlun, tum jo uski ichchha poori karte ho, usko dhanya kaho!

²² He Yahowa ki sari srishti, uske rajya ke sab sthanon mein usko dhanya kaho. He mere man, tu Yahowa ko dhanya kah!

- ¹ He mere man, tu Yahowa ko dhanya kah! He mere Parmeshwar Yahowa, tu atyant mahaan hai! Tu vaibhav aur aishwarya ka vastra pahine hue hai,
- ² Jo ujjyale ko chadar ki nai odhe rahta hai, aur aakaash ko tambu ke samaan tane rahta hai,
- ³ Jo apni atariyon ki kadiyan jal mein dharta hai, aur meghon ko apna rath banata hai, aur pavan ke pankhon par chalta hai,
- ⁴ Jo pavnon ko apne doot, aur dhadhakti aag ko apne tahlue banata hai.
- ⁵ Tu ne prithvi ko uski neev par sthir kiya hai, taki vah kabhi na dagamgaye.
- ⁶ Tu ne usko gahire sagar se dhaamp diya hai jaise vastra se; jal pahadon ke oopar thahar gaya.
- ⁷ Teri ghudki se vah bhaag gaya; tere garajne ka shabd sunte hi, vah utavli karke bah gaya.
- ⁸ Vah pahadon par chadh gaya, aur taraiyon ke maarg se us sthaan mein utar gaya jise tu ne uske liye taiyaar kiya tha.
- ⁹ Tu ne ek sivana thahraya jis ko vah nahi laangh sakta hai, aur na phirkar sthal ko dhaamp sakta hai.
- ¹⁰ Tu nalon mein soton ko bahata hai; ve pahadon ke beech se bahte hain,
- ¹¹ Un se maidaan ke sab jeev- jantu jal peete hain; jangli gadhe bhi apni pyaas bujha lete hain.
- ¹² Unke paas aakaash ke pakshi basera karte, aur daliyon ke beech mein se bolte hain.
- ¹³ Tu apni atariyon mein se pahadon ko seenchta hai tere kamon ke phal se prithvi tript rahti hai.
- ¹⁴ Tu pashuon ke liye ghaas, aur manushyon ke kaam ke liye ann aadi upjata hai, aur is reeti bhoomi se vah bhojan- vastuein utpann karta hai,
- ¹⁵ Aur dakhamdhu jis se manushya ka man aanandit hota hai, aur tel jis se uska mukh chamakta hai, aur ann jis se vah sambhal jata hai.
- ¹⁶ Yahowa ke vriksh tript rahte hain, arthaat labanon ke devdaar jo usi ke lagaye hue hain.
- ¹⁷ Un mein chidiyan apne ghonsle banati hain; laglag ka basera sanauvar ke vrikshon mein hota hai.
- ¹⁸ Oonche pahaad jangli bakron ke liye hain; aur chattanein shapanon ke sharnasthaan hain.
- ¹⁹ Usne niyat samyon ke liye chandrama ko banaya hai; soorya apne ast hone ka samay janta hai.
- ²⁰ Tu andhakaar karta hai, tab raat ho jati hai; jis mein van ke sab jeev jantu ghoomte phirte hain.
- ²¹ Javaan sinh aher ke liye garajte hain, aur ishwar se apna aahaar mangte hain.
- ²² Soorya uday hote hi ve chale jate hain aur apni mandon mein ja baithte hain.

- ²³ Tab manushya apne kaam ke liye aur sandhya tak parishram karne ke liye nikalta hai.
- ²⁴ He Yahowa tere kaam anginit hain! In sab vastuon ko tu ne buddhi se banaya hai; prithvi teri sampatti se paripoorn hai.
- ²⁵ Isi prakaar samudra bada aur bahut hi chauda hai, aur us mein anginit jalchar jeev- jantu, kya chhote, kya bade bhare pade hain.
- ²⁶ Us mein jahaaj bhi aate jate hain, aur livyataan bhi jise tu ne vahan khelne ke liye banaya hai.
- ²⁷ In sab ko tera hi aasra hai, ki tu unka aahaar samay par diya kare.
- ²⁸ Tu unhein deta he, ve chun lete hain; tu apni mutthi kholta hai aur ve uttam padarthon se tript hote hain.
- ²⁹ Tu mukh pher leta hai, aur ve ghabra jate hain; tu unki saans le leta hai, aur unke praan chhoot jate hain aur mitti mein phir mil jate hain.
- ³⁰ Phir tu apni or se saans bhejta hai, aur ve sirje jate hain; aur tu dharti ko naya kar deta hai.
- ³¹ Yahowa ki mahima sada kaal bani rahe, Yahowa apne kamon se aanandit hove!
- ³² Uski drishti hi se prithvi kaamp uthti hai, aur uske chhoote hi pahadon se dhuaan nikalta hai.
- ³³ Main jeevan bhar Yahowa ka geet gata rahoonga; jab tak main bana rahoonga tab tak apne Parmeshwar ka bhajan gata rahoonga.
- ³⁴ Mera dhyaan karna, usko priya lage, kyunki main to Yahowa ke karan aanandit rahoonga.
- ³⁵ Papi log prithvi par se mit jayen, aur dusht log aage ko na rahein! He mere man Yahowa ko dhanya kah! Yaah ki stuti karo!

- ¹ Yahowa ka dhanyavaad karo, usse prarthana karo, desh desh ke logon mein uske kamon ka prachaar karo!
- ² Uske liye geet gao, uske liye bhajan gao, uske sab aashcharyakarmon par dhyaan karo!
- ³ Uske pavitra naam ki badai karo; Yahowa ke khojiyon ka hriday aanandit ho!
- ⁴ Yahowa aur uski samarth ko khojo, uske darshan ke lagataar khoji bane raho!
- ⁵ Uske kiye hue aashcharyakarm smaran karo, uske chamatkaar aur nirnay smaran karo!
- ⁶ He uske daas Ibrahim ke vansh, he Yakub ki santaan, tum to uske chune hue ho!
- ⁷ Vahi hamara Parmeshwar Yahowa hai; prithvi bhar mein uske nirnay hote hain.
- ⁸ Vah apni vacha ko sada smaran rakhta aaya hai, yah vahi vachan hai jo usne hazaar peedheeyon ke liye thahraya hai;
- ⁹ Vahi vacha jo usne Ibrahim ke saath bandhi, aur uske vishay mein usne Ishaq se shapath khai,
- ¹⁰ Aur usi ko usne Yakub ke liye vidhi karke, aur Israel ke liye yah kah kar sada ki vacha karke dridh kiya,
- ¹¹ Ki main kanaan desh ko tujhi ko doonga, vah baant mein tumhara nij bhaag hoga.
- ¹² Us samay to ve ginti mein thode the, varan bahut hi thode, aur us desh mein pardeshi the.
- ¹³ Ve ek jati se doosri jati mein, aur ek rajya se doosre rajya mein phirte rahe;
- ¹⁴ Parantu usne kisi manushya ko un par andher karne na diya; aur vah rajaon ko unke nimitt yah dhamki deta tha,
- ¹⁵ Ki mere abhishikton ko mat chhuo, aur na mere nabiyon ki hani karo!
- ¹⁶ Phir usne us desh mein akaal bheja, aur ann ke sab aadhaar ko door kar diya.
- ¹⁷ Usne Yusuf naam ek puroosh ko un se pahile bheja tha, jo daas hone ke liye becha gaya tha.
- ¹⁸ Logon ne uske pairon mein bediyan daal kar use dukh diya; vah lohe ki sanklon se jakda gaya;
- ¹⁹ Jab tak ki uski baat पूरी na hui tab tak Yahowa ka vachan use kasauti par kasta raha.
- ²⁰ Tab raja ne doot bhej kar use nikalva liya, aur desh desh ke logon ke swami ne uske bandhan khulvaye;
- ²¹ Usne usko apne bhavan ka pradhaan aur apni पूरी sampatti ka adhikari thahraya,
- ²² Ki vah uske hakimon ko apni ichchha ke anusaar kaid kare aur purniyon ko gyaan sikhaye.
- ²³ Phir Israel mistra mein aaya; aur Yakub haam ke desh mein pardeshi raha.

- ²⁴ Tab usne apni praja ko ginti mein bahut badhaya, aur uske drohiyon se adhik balvant kiya.
- ²⁵ Usne mistriyon ke man ko aisa pher diya, ki ve uski praja se bair rakhne, aur uske dason se chhal karne lage.
- ²⁶ Usne apne daas Musa ko, aur apne chune hue haroon ko bheja.
- ²⁷ Unhonne unke beech uski or se bhanti bhanti ke chinh, aur haam ke desh mein chamatkaar dikhaye.
- ²⁸ Usne andhakaar kar diya, aur andhiyara ho gaya; aur unhonne uski baton ko na tala.
- ²⁹ Usne mistriyon ke jal ko lohu kar dala, aur machhliyon ko maar dala.
- ³⁰ Mendhak unki bhoomi mein varan unke raja ki kothriyon mein bhi bhar gaye.
- ³¹ Usne aagya di, tab daans aa gaye, aur unke sare desh mein kutkiyan aa gai.
- ³² Usne unke liye jalvishti ki santi ole, aur unke desh mein dhadhakti aag barsai.
- ³³ Aur usne unki dakhaltaon aur anjeer ke vrikshon ko varan unke desh ke sab pedon ko tod dala.
- ³⁴ Usne aagya di tab anginat tiddiyan, aur keede aaye,
- ³⁵ Aur unhonne unke desh ke sab ann aadi ko kha dala; aur unki bhoomi ke sab phalon ko chat kar gaye.
- ³⁶ Usne unke desh ke sab pahilauthon ko, unke pauroosh ke sab pahile phal ko naash kiya.
- ³⁷ Tab vah apne gotriyon ko sona chandi dila kar nikaal laya, aur un mein se koi nirbal na tha.
- ³⁸ Unke jane se mistri aanandit hue, kyonki unka dar un mein sama gaya tha.
- ³⁹ Usne chhaya ke liye badal phailaya, aur raat ko prakaash dene ke liye aag pragat ki.
- ⁴⁰ Unhonne manga tab usne baterein pahunchai, aur un ko swargeeya bhojan se tript kiya.
- ⁴¹ Usne chattaan phadi tab pani bah nikla; aur nirjal bhoomi par nadi bahne lagi.
- ⁴² Kyonki usne apne pavitra vachan aur apne daas Ibrahim ko smaran kiya.
- ⁴³ Vah apni praja ko harshit karke aur apne chune huon se jayjaykaar karake nikaal laya.
- ⁴⁴ Aur un ko anyajatiyon ke desh diye; aur ve aur logon ke shram ke phal ke adhikari kiye gaye,
- ⁴⁵ Ki ve uski vidhiyon ko manein, aur uski vyavastha ko poori karein. Yaah ki stuti karo!

- ¹ Yaah ki stuti karo! Yahowa ka dhanyavaad karo, kyonki vah bhala hai; aur uski karoona sada ki hai!
- ² Yahowa ke parakram ke kamon ka varnan kaun kar sakta hai, ya uska poora gunanuvaad kaun suna sakta?
- ³ Kya hi dhanya hain ve jo nyaay par chalte, aur har samay dharm ke kaam karte hain!
- ⁴ He Yahowa, apni praja par ki prasannata ke anusaar mujhe smaran kar, mere uddhaar ke liye meri sudhi le,
- ⁵ Ki main tere chune huon ka kalyaan dekhun, aur teri praja ke aanand mein aanandit ho jaun; aur tere nij bhaag ke sang badaai karne paun.
- ⁶ Ham ne to apne purkhaon ki nai paap kiya hai; ham ne kutilta ki, ham ne dushtata ki hai!
- ⁷ Mistra mein hamare purkhaon ne tere aashcharyakarmon par man nahi lagaya, na teri apaar karoona ko smaran rakha; unhonne samudra ke teer par, arthaat laal samudra ke teer par balva kiya.
- ⁸ Taubhi usne apne naam ke nimitt unka uddhaar kiya, jis se vah apne parakram ko pragat kare.
- ⁹ Tab usne laal samudra ko ghudka aur vah sookh gaya; aur vah unhein gahire jal ke beech se manon jangal mein se nikaal le gaya.
- ¹⁰ Usne unhein bairi ke haath se ubara, aur shatru ke haath se chhuda liya.
- ¹¹ Aur un ke drohi jal mein doob gaye; un mein se ek bhi na bacha.
- ¹² Tab unhon ne uske vachnon ka vishwaas kiya; aur uski stuti gane lage.
- ¹³ Parantu ve jhat uske kamon ko bhool gaye; aur uski yukti ke liye na thahre.
- ¹⁴ Unhonne jangal mein ati lalsa ki aur nirjal sthaan mein ishwar ki pareeksha ki.
- ¹⁵ Tab usne unhein munh manga var to diya, parantu unke praan ko sukha diya.
- ¹⁶ Unhonne chhavni mein Musa ke, aur Yahowa ke pavitra jan haroon ke vishay mein daah ki,
- ¹⁷ Bhoomi phat kar dataan ko nigal gai, aur abeeraam ke jhund ko gras liya.
- ¹⁸ Aur un ke jhund mein aag bhadak uthi; aur dusht log lau se bhasm ho gaye.
- ¹⁹ Unhonne horeb mein bachhda banaya, aur dhali hui moorti ko dandavat ki.
- ²⁰ Yon unhonne apni mahima arthaat ishwar ko ghaas khane vale bail ki pratima se badal dala.
- ²¹ Ve apne uddharkarta ishwar ko bhool gaye, jisne mistra mein bade bade kaam kiye the.

- ²² Usne to haam ke desh mein aashcharyakarm aur laal samudra ke teer par bhayankar kaam kiye the.
- ²³ Isliye usne kaha, ki main inhein satyanaash kar dalta yadi mera chuna huaa Musa jokhim ke sthaan mein unke liye khada na hota taki meri jalajlahat ko thanda kare kahi aisa na ho ki main unhein naash kar dalun.
- ²⁴ Unhonne manbhavne desh ko nikamma jana, aur uske vachan ki prateeti na ki.
- ²⁵ Ve apne tambuon mein kudkudaye, aur Yahowa ka kaha na mana.
- ²⁶ Tab usne unke vishay mein shapath khai ki main in ko jangal mein naash karoonga,
- ²⁷ Aur inke vansh ko anyajatiyon ke sammukh gira doonga, aur desh desh mein titar bitar karoonga.
- ²⁸ Ve por vale baal devta ko poojne lage aur murdon ko chadhaye hue pashuon ka maans khane lage.
- ²⁹ Yon unhonne apne kamon se usko krodh dilaya aur mari un mein phoot padi.
- ³⁰ Tab peenhas ne uth kar nyaydand diya, jis se mari tham gai.
- ³¹ Aur yah uske lekhe peedhi se peedhi tak sarvada ke liye dharm gina gaya.
- ³² Unhonne mareeba ke sote ke paas bhi Yahowa ka krodh bhadkaya, aur unke karan Musa ki hani hui;
- ³³ Kyonki unhonne uski aatma se balva kiya, tab Musa bin soche bol utha.
- ³⁴ Jin logon ke vishay Yahowa ne unhein aagya di thi, un ko unhonne satyanaash na kiya,
- ³⁵ Varan unhi jatiyon se hilmil gaye aur unke vyavharon ko seekh liya;
- ³⁶ Aur unki moortiyon ki pooja karne lage, aur ve unke liye phanda ban gai.
- ³⁷ Varan unhonne apne bete- betiyon ko pishachon ke liye balidaan kiya;
- ³⁸ Aur apne nirdosh bete- betiyon ka lohu bahaya jinhein unhonne kanaan ki moortiyon par bali kiya, isliye desh khoon se apvitra ho gaya.
- ³⁹ Aur ve aap apne kamon ke dwara ashuddh ho gaye, aur apne karyon ke dwara vyabhichari bhi ban gaye.
- ⁴⁰ Tab Yahowa ka krodh apni praja par bhadka, aur usko apne nij bhaag se ghrina aai;
- ⁴¹ Tab usne un ko anyajatiyon ke vash mein kar diya, aur unke bairiyon ne un par prabhuta ki.
- ⁴² Un ke shatruon ne un par andher kiya, aur ve unke haath tale dab gaye.
- ⁴³ Barambaar usne unhein chhudaya, parantu ve uske viruddh yukti karte gaye, aur apne adharm ke karan dabte gaye.

- ⁴⁴ Taubhi jab jab unka chillana uske kaan mein pada, tab tab usne unke sankat par drishti ki!
- ⁴⁵ Aur unke hit apni vacha ko smaran karke apni apaar karoona ke anusaar taras khaya,
- ⁴⁶ Aur jo unhein bandhue karke le gaye the un sab se un par daya karai.
- ⁴⁷ He hamare Parmeshwar Yahowa, hamara uddhaar kar, aur hamein anyajatiyon mein se ikattha kar le, ki ham tere pavitra naam ka dhanyavaad karein, aur teri stuti karte hue tere vishay mein badai karein.
- ⁴⁸ Israel ka Parmeshwar Yahowa anadikaal se anantakaal tak dhanya hai! Aur sari praja kahe Aamin! Yaah ki stuti karo.

- ¹ Yahowa ka dhanyavaad karo, kyonki vah bhala hai; aur uski karoona sada ki hai!
- ² Yahowa ke chhudaye hue aisa hi kahein, jinhein usne drohi ke haath se daam de kar chhuda liya hai,
- ³ Aur unhein desh desh se poorab- pashchim, uttar aur dakkhin se ikattha kiya hai.
- ⁴ Ve jangal mein maroobhoomi ke maarg par bhatakte phire, aur koi basa huua nagar na paya;
- ⁵ Bhookh aur pyaas ke mare, ve vikal ho gaye.
- ⁶ Tab unhonne sankat mein Yahowa ki dohai di, aur usne un ko saketi se chhudaya;
- ⁷ Aur un ko theek maarg par chalaya, taki ve basne ke liye kisi nagar ko ja pahunche.
- ⁸ Log Yahowa ki karoona ke karan, aur un aashcharyakarmon ke karan, jo vah manushyon ke liye karta hai, uska dhanyavaad karein!
- ⁹ Kyonki vah abhilashi jeev ko santusht karta hai, aur bhookhe ko uttam padarthon se tript karta hai.
- ¹⁰ Jo andhiyare aur mrityu ki chhaya mein baithe, aur dukh mein pade aur bediyon se jakde hue the,
- ¹¹ Isliye ki ve ishwar ke vachnon ke viruddh chale, aur parmapradhaan ki sammati ko tuchchh jana.
- ¹² Tab usne un ko kasht ke dwara dabaya; ve thokar khakar gir pade, aur un ko koi sahayak na mila.
- ¹³ Tab unhonne sankat mein Yahowa ki dohai di, aur us ne saketi se unka uddhaar kiya;
- ¹⁴ Usne un ko andhiyare aur mrityu ki chhaya mein se nikaal liya; aur un ke bandhanon ko tod dala.
- ¹⁵ Log Yahowa ki karoona ke karan, aur un aashcharyakarmon ke karan jo vah manushyon ke liye karta hai, uska dhanyavaad karein!
- ¹⁶ Kyonki usne peetal ke phatkon ko toda, aur lohe ke bendon ko tukde tukde kiya.
- ¹⁷ Moodh apni kuchaal, aur adharm ke kamon ke karan ati dukhit hote hain.
- ¹⁸ Unka ji sab bhanti ke bhojan se michlata hai, aur ve mrityu ke phatak tak pahunchte hain.
- ¹⁹ Tab ve sankat mein Yahowa ki dohai dete hain, aur va saketi se unka uddhaar karta hai;
- ²⁰ Vah apne vachan ke dwara un ko changa karta aur jis gadhe mein ve pade hain, usse nikalta hai.
- ²¹ Log Yahowa ki karoona ke karan aur un aashcharyakarmon ke karan jo vah manushyon ke liye karta hai, uska dhanyavaad karein!
- ²² Aur ve dhanyavaad bali chadhayen, aur jayjaykaar karte hue, uske kamon ka varnan karein.

- ²³ Jo log jahajon mein samudra par chalte hain, aur mahasagar par hokar vyapaar karte hain;
- ²⁴ Ve Yahowa ke kamon ko, aur un aashcharyakarmon ko jo vah gahire samudra mein karta hai, dekhte hain.
- ²⁵ Kyonki vah aagya deta hai, vah prachand bayaar uthkar tarangon ko uthati hai.
- ²⁶ Ve aakaash tak chadh jate, phir gahrai mein utar aate hain; aur klesh ke mare unke ji mein ji nahi rahta;
- ²⁷ Ve chakkar khate, aur mat vale ki nai ladakhdate hain, aur unki sari buddhi mari jati hai.
- ²⁸ Tab ve sankat mein Yahowa ki dohai dete hain, aur vah un ko saketi se nikalta hai.
- ²⁹ Vah aandhi ko thaam deta hai aur tarangein baith jati hain.
- ³⁰ Tab ve unke baithne se aanandit hote hain, aur vah un ko man chahe bandar sthaan mein pahuncha deta hai.
- ³¹ Log Yahowa ki karoona ke karan, aur un aashcharyakarmon ke karan jo vah manushyon ke liye karta hai, uska dhanyavaad karein.
- ³² Aur sabha mein usko sarahein, aur purniyon ke baithak mein uski stuti karein.
- ³³ Vah nadiyon ko jangal bana dalta hai, aur jal ke soton ko sookhi bhoomi kar deta hai.
- ³⁴ Vah phalvant bhoomi ko noni karta hai, yah vahan ke rahne valon ki dushtata ke karan hota hai.
- ³⁵ Vah jangal ko jal ka taal, aur nirjal desh ko jal ke sote kar deta hai.
- ³⁶ Aur vahan vah bhookhon ko basata hai, ki ve basne ke liye nagar taiyaar karein;
- ³⁷ Aur kheti karein, aur daakh ki bariyan lagayen, aur bhanti bhanti ke phal upja lein.
- ³⁸ Aur vah un ko aisi aasheesh deta hai ki ve bahut badh jate hain, aur unke pashuon ko bhi vah ghatne nahi deta.
- ³⁹ Phir andher, vipatti aur shok ke karan, ve ghatte aur dab jate hain.
- ⁴⁰ Aur vah hakimon ko apmaan se laad kar maarg rahat jangal mein bhatkata hai;
- ⁴¹ Vah daridron ko dukh se chhuda kar oonche par rakhta hai, aur un ko bhedon ke jhund sa parivaar deta hai.
- ⁴² Seedhe log dekh kar aanandit hote hain; aur sab kutil log apne munh band karte hain.
- ⁴³ Jo koi buddhimaan ho, vah in baton par dhyaan karega; aur Yahowa ki karoona ke kamon par dhyaan karega.

- ¹ He Parmeshwar, mera hriday sthir hai; main gaoonga, main apni aatma se bhi bhajan gaoonga.
- ² He sarangi aur veena jago! Main aap pau phatte jaag uthoonga!
- ³ He Yahowa, main desh desh ke logon ke madhya mein tera dhanyavaad karoonga, aur rajya rajya ke logon ke madhya mein tera bhajan gaoonga.
- ⁴ Kyonki teri karoona aakaash se bhi oonchi hai, aur teri sachchai aakashmandal tak hai.
- ⁵ He Parmeshwar, tu swarg ke oopar ho! Aur teri mahima sari prithvi ke oopar ho!
- ⁶ Isliye ki tere priya chhudaye jayen, tu apne dahine haath se bacha le aur hamari binti sun le!
- ⁷ Parmeshwar ne apni pavitrata mein hokar kaha hai, main praphullit hokar shekem ko baant loonga, aur sukkot ki tarai ko napvaoonga.
- ⁸ Gilaad mera hai, manashshe bhi mera hai; aur epraim mere sir ka top hai; Yahuda mera rajdand hai.
- ⁹ Moaab mere dhone ka patra hai, main edom par apna joota phenkoonga, palisht par main jayjaykaar karoonga.
- ¹⁰ Mujhe gadh vale nagar mein kaun pahunchayega? Edom tak meri aguvai kis ne ki hai?
- ¹¹ He Parmeshwar, kya tu ne ham ko nahi tyag diya, aur he Parmeshwar, tu hamari sena ke saath palayan nahi karta.
- ¹² Drohiyon ke viruddh hamari sahayta kar, kyonki manushya ka kiya huua chhutkara vyarth hai!
- ¹³ Parmeshwar ki sahayta se ham veerta dikhayenge, hamare drohiyon ko vahi raundega.

- ¹ He Parmeshwar tu jiski main stuti karta hoon, chup na rah.
- ² Kyonki dusht aur kapti manushyon ne mere viruddh munh khola hai, ve mere vishay mein jhooth bolte hain.
- ³ Aur unhonne bair ke vachnon se mujhe charon or gher liya hai, aur vyarth mujh se ladte hain.
- ⁴ Mere prem ke badle mein ve mujh se virodh karte hain, parantu main to prarthana mein lavleen rahta hoon.
- ⁵ Unhonne bhalai ke palte mein mujh se burai ki aur mere prem ke badle mujh se bair kiya hai.
- ⁶ Tu usko kisi dusht ke adhikaar mein rakh, aur koi virodhi uski dahini or khada rahe.
- ⁷ Jab uska nyaay kiya jaye, tab vah doshi nikle, aur uski prarthana paap gini jaye!
- ⁸ Uske din thode hon, aur uske pad ko doosra le!
- ⁹ Uske ladke bale anaath ho jayen aur uski stri vidhva ho jaye!
- ¹⁰ Aur uske ladke mare mare phirein, aur bheekh manga kare; un ko unke ujde hue ghar se door ja kar tukde mangna pade!
- ¹¹ Mahajan phanda laga kar, uska sarvaswa le le; aur pardeshi uski kamai ko loot lein!
- ¹² Koi na ho jo us par karoona karta rahe, aur uske anaath balkon par koi anugrah na kare!
- ¹³ Uska vansh naash ho jaye, doosri peedhi mein uska naam mit jaye!
- ¹⁴ Uske pitron ka adharm Yahowa ko smaran rahe, aur uski mata ka paap na mite!
- ¹⁵ Vah nirantar Yahowa ke sammukh rahe, ki vah unka naam prithvi par se mita dale!
- ¹⁶ Kyonki vah dusht, kripa karna bhool gaya varan deen aur daridra ko satata tha aur maar dalne ki ichchha se khedit man valon ke peechhe pada rahta tha.
- ¹⁷ Vah shaap dene mein preeti rakhta tha, aur shaap us par aa pada; vah aasheervaad dene se prasann na hota tha, so aarsheevaad usse door raha.
- ¹⁸ Vah shaap dena vastra ki nai pahinta tha, aur vah uske pet mein jal ki nai aur uski haddiyon mein tel ki nai sama gaya.
- ¹⁹ Vah uske liye odhne ka kaam de, aur phente ki nai uski kati mein nitya kasa rahe.
- ²⁰ Yahowa ki or se mere virodhiyon ko, aur mere viruddh bura kahne valon ko yahi badla mile!
- ²¹ Parantu mujh se he Yahowa Prabhu, tu apne naam ke nimitt bartaav kar; teri karoona to badi hai, so tu mujhe chhutkara de!
- ²² Kyonki main deen aur daridra hoon, aur mera hriday ghayal huua hai.

- ²³ Main dhalti hui chhaya ki nai jata raha hoon; main tiddi ke samaan uda diya gaya hoon.
- ²⁴ Upvaas karte karte mere ghutne nirbal ho gaye; aur mujh mein charbi na rahne se main sookh gaya hoon.
- ²⁵ Meri to un logon se namadhrai hoti hai; jab ve mujhe dekhte, tab sir hilate hain.
- ²⁶ He mere Parmeshwar Yahowa, meri sahayta kar! Apni karoona ke anusaar mera uddhaar kar!
- ²⁷ Jis se ve jane ki yah tera kaam hai, aur he Yahowa, tu hi ne yah kiya hai!
- ²⁸ Ve koste to rahein, parantu tu aasheesh de! Ve to uthte hi lajjit hon, parantu tera daas aanandit ho!
- ²⁹ Mere virodhiyon ko anadarroopi vastra pahinaya jaye, aur ve apni lajja ko kambal ki nai odhein!
- ³⁰ Main Yahowa ka bahut dhanyavaad karoonga, aur bahut logon ke beech mein uski stuti karoonga.
- ³¹ Kyonki vah daridra ki dahini or khada rahega, ki usko ghaat karne vale nyaiyon se bachaye.

- ¹ Mere Prabhu se Yahowa ki vani yah hai, ki tu mere dahine haath baith, jab tak main tere shatruon ko tere charnon ki chauki na kar dun.
- ² Tere parakram ka rajdand Yahowa siyyon se badhayega. Tu apne shatruon ke beech mein shasan kar.
- ³ Teri praja ke log tere parakram ke din swechchhabli bante hain; tere javaan log pavitrata se shobhaymaan, aur bhor ke garbh se janmi hui os ke samaan tere paas hain.
- ⁴ Yahowa ne shapath khai aur na pachhtayega, ki tu melkeesedek ki reeti par sarvada ka yajak hai.
- ⁵ Prabhu teri dahini or hokar apne krodh ke din rajaon ko choor kar dega.
- ⁶ Vah jati jati mein nyaay chukayega, ranbhoomi lothon se bhar jayegi; vah lambe chaude desh ke pradhaan ko choor choor kar dega.
- ⁷ Vah maarg mein chalta huua nadi ka jal peeyega is karan vah sir ko ooncha karega.

- ¹ Yaah ki stuti karo. Main seedhe logon ki goshti mein aur mandali mein bhi sampooran man se Yahowa ka dhanyavaad karoonga.
- ² Yahowa ke kaam bade hain, jitne un se prasann rahte hain, ve un par dhyaan lagate hain.
- ³ Uske kaam ka vaibhavamay aur aishwarayamay hote hain, aur uska dharm sada tak bana rahega.
- ⁴ Usne apne aashcharyakarmon ka smaran karaya hai; Yahowa anugrahkari aur dayavant hai.
- ⁵ Usne apne darvayon ko aahaar diya hai; vah apni vacha ko sada tak smaran rakhega.
- ⁶ Usne apni praja ko anyajatiyon ka bhaag dene ke liye, apne kamon ka prataap dikhaya hai.
- ⁷ Sachchai aur nyaay uske hathon ke kaam hain; uske sab upadesh vishwasyogya hain,
- ⁸ Ve sada sarvada atal rahenge, ve sachchai aur sidhai se kiye hue hain.
- ⁹ Usne apni praja ka uddhaar kiya hai; usne apni vacha ko sada ke liye thahraya hai. Uska naam pavitra aur bhay yogya hai.
- ¹⁰ Buddhi ka mool Yahowa ka bhay hai; jitne uski aagyaon ko mante hain, unki buddhi achchhi hoti hai. Uski stuti sada bani rahegi.

- ¹ Yaah ki stuti karo. Kya hi dhanya hai vah puroosh jo Yahowa ka bhay manta hai, aur uski aagyaon se ati prasann rahta hai!
- ² Uska vansh prithvi par parakrami hoga; seedhe logon ki santaan aasheesh payegi.
- ³ Uske ghar mein dhan sampatti rahti hai; aur uska dharm sada bana rahega.
- ⁴ Seedhe logon ke liye andhakaar ke beech mein jyoti uday hoti hai; vah anugrahkari, dayavant aur dharmi hota hai.
- ⁵ Jo puroosh anugrah karta aur udhaar deta hai, uska kalyaan hota hai, vah nyaay mein apne mukaddamein ko jeetega.
- ⁶ Vah to sada tak atal rahega; dharmi ka smaran sada tak bana rahega.
- ⁷ Vah bure samachaar se nahi darta; uska hriday Yahowa par bharosa rakhne se sthir rahta hai.
- ⁸ Uska hriday sambhala huua hai, isliye vah na darega, varan apne drohiyon par drishti karke santusht hoga.
- ⁹ Usne udarta se daridron ko daan diya, uska dharm sada bana rahega aur uska seeng mahima ke saath ooncha kiya jayega.
- ¹⁰ Dusht use dekh kar kudhega; vah daant pees- peeskar gal jayega; dushton ki lalsa पूरी na hogi.

- ¹ Yaah ki stuti karo he Yahowa ke dason stuti karo, Yahowa ke naam ki stuti karo!
- ² Yahowa ka naam ab se le kar sarvada tak dhanya kaha jaay!
- ³ Udyachal se le kar astachal tak, Yahowa ka naam stuti ke yogya hai.
- ⁴ Yahowa sari jatiyon ke oopar mahaan hai, aur uski mahima aakaash se bhi oonchi hai.
- ⁵ Hamare Parmeshwar Yahowa ke tulya kaun hai? Vah to oonche par virajmaan hai,
- ⁶ Aur aakaash aur prithvi par bhi, drishti karne ke liye jhukta hai.
- ⁷ Vah kangaal ko mitti par se, aur daridra ko ghoore par se utha kar ooncha karta hai,
- ⁸ Ki usko pradhanon ke sang, arthaat apni praja ke pradhanon ke sang baithaye.
- ⁹ Vah baanjh ko ghar mein ladkon ki aanand karne vali mata banata hai. Yaah ki stuti karo!

- ¹ Jab Israel ne mistra se, arthaat Yakub ke gharane ne anya bhasha valon ke beech mein kooch kiya,
- ² Tab Yahuda Yahowa ka pavitra sthaan aur Israel uske rajya ke log ho gaye.
- ³ Samudra dekhkar bhaga, yardan nadi ulti bahi.
- ⁴ Pahaad medhon ki nai uchhalne lage, aur pahadiyan bhed- bakriyon ke bachchon ki nai uchhalne lagi.
- ⁵ He samudra, tujhe kya huaa, ki tu bhaga? Aur he yardan tujhe kya huaa, ki tu ulti bahi?
- ⁶ He pahadon tumhein kya huaa, ki tum bhedon ki nai, aur he pahadiyon tumhein kya huaa, ki tum bhed- bakriyon ke bachchon ki nai uchhli?
- ⁷ He prithvi Prabhu ke samhane, han Yakub ke Parmeshwar ke samhane tharathra.
- ⁸ Vah chattaan ko jal ka taal, chakmak ke patthar ko jal ka sota bana dalta hai.

- ¹ He Yahowa, hamari nahi, hamari nahi, varan apne hi naam ki mahima, apni karoona aur sachchai ke nimitt kar.
- ² Jati jati ke log kyon kahne panye, ki unka Parmeshwar kahan raha?
- ³ Hamara Parmeshwar to swarg mein hain; usne jo chaha vahi kiya hai.
- ⁴ Un logon ki moortein sone chandi hi ki to hain, ve manushyon ke haath ki banai hui hain.
- ⁵ Unka munh to rahta hai parantu ve bol nahi sakti; unke aankhein to rahti hain parantu ve dekh nahi sakti.
- ⁶ Unke kaan to rahte hain, parantu ve sun nahi sakti; unke naak to rahti hain, parantu ve soongh nahi sakti.
- ⁷ Unke haath to rahte hain, parantu ve sparsh nahi kar sakti; unke paanv to rahte hain, parantu ve chal nahi sakti; aur apne kanth se kuchh bhi shabd nahi nikaal sakti.
- ⁸ Jaisi ve hain vaise hi unke banane vale hain; aur un par bharosa rakhne vale bhi vaise hi ho jayenge.
- ⁹ He Israel Yahowa par bharosa rakh! Tera sahayak aur dhaal vahi hai.
- ¹⁰ He haroon ke gharane Yahowa par bharosa rakh! Tera sahayak aur dhaal vahi hai.
- ¹¹ He Yahowa ke darvaiyo, Yahowa par bharosa rakho! Tumhara sahayak aur dhaal vahi hai.
- ¹² Yahowa ne ham ko smaran kiya hai; vah aasheesh dega; vah Israel ke gharane ko aasheesh dega; vah haroon ke gharane ko aasheesh dega.
- ¹³ Kya chhote kya bade jitne Yahowa ke darvaiye hain, vah unhein aasheesh dega.
- ¹⁴ Yahowa tum ko aur tumhare ladkon ko bhi adhik badhata jaye!
- ¹⁵ Yahowa jo aakaash aur prithvi ka karta hai, uski or se tum aasheesh paye ho.
- ¹⁶ Swarg to Yahowa ka hai, parantu prithvi usne manushyon ko di hai.
- ¹⁷ Mritak jitne chupchaap pade hain, ve to yaah ki stuti nahi kar sakte,
- ¹⁸ Parantu ham log yaah ko ab se le kar sarvada tak dhanya kahte rahenge. Yaah ki stuti karo!

- ¹ Main prem rakhta hoon, isliye ki Yahowa ne mere gidgidane ko suna hai.
- ² Usne jo meri or kaan lagaya hai, isliye main jeevan bhar usko pukara karoonga.
- ³ Mrityu ki rassiyan mere charon or thi; main adholok ki saketi mein pada tha; mujhe sankat aur shok bhogna pada.
- ⁴ Tab main ne Yahowa se prarthana ki, ki he Yahowa binti sun kar mere praan ko bacha le!
- ⁵ Yahowa anugrahkari aur dharmi hai; aur hamara Parmeshwar daya karne vala hai.
- ⁶ Yahowa bholon ki raksha karta hai; jab main balheen ho gaya tha, usne mera uddhaar kiya.
- ⁷ He mere praan tu apne vishraam sthaan mein laut aa; kyunki Yahowa ne tera upkaar kiya hai.
- ⁸ Tu ne to mere praan ko mrityu se, meri aankh ko aansu bahane se, aur mere paanv ko thokar khane se bachaya hai.
- ⁹ Main jeevit rahte hue, apne ko Yahowa ke samhane jaan kar nit chalta rahoonga.
- ¹⁰ Main ne jo aisa kaha hai, ise vishwaas ki kasauti par kas kar kaha hai, ki main to bahut hi dukhit huaa;
- ¹¹ Main ne utavli se kaha, ki sab manushya jhoothe hain.
- ¹² Yahowa ne mere jitne upkaar kiye hain, unka badla main usko kya dun?
- ¹³ Main uddhaar ka katora utha kar, Yahowa se prarthana karoonga,
- ¹⁴ Main Yahowa ke liye apni mannatein sabhon ki drishti mein pragat roop mein uski sari praja ke samhane poori karoonga.
- ¹⁵ Yahowa ke bhakton ki mrityu, uski drishti mein anmol hai.
- ¹⁶ He Yahowa, sun, main to tera daas hoon; main tera daas, aur teri dasi ka putra hoon. Tu ne mere bandhan khol diye hain.
- ¹⁷ Main tujh ko dhanyavaad bali chadhaoonga, aur Yahowa se prarthana karoonga.
- ¹⁸ Main Yahowa ke liye apni mannatein, pragat mein uski sari praja ke samhane
- ¹⁹ Yahowa ke bhavan ke aangnon mein, he Yerushalem, tere bheetar poori karoonga. Yaah ki stuti karo!

- ¹ He jati jati ke sab logon Yahowa ki stuti karo! He rajya rajya ke sab logo, uski prashansa karo!
- ² Kyonki uski karoona hamare oopar prabal hui hai; aur Yahowa ki sachchai sada ki hai yaah ki stuti karo!

- ¹ He jati jati ke sab logon Yahowa ki stuti karo! He rajya rajya ke sab logo, uski prashansa karo!kyonki uski karoona hamare oopar prabal hui hai; aur Yahowa ki sachchai sada ki hai yaah ki stuti karo! Yahowa ka dhanyavaad karo, kyonki vah bhala hai; aur uski karoona sada ki hai!
- ² Israel kahe, uski karoona sada ki hai.
- ³ Haroon ka gharana kahe, uski karoona sada ki hai.
- ⁴ Yahowa ke darvaiye kahein, uski karoona sada ki hai.
- ⁵ Main ne saketi mein Parmeshwar ko pukara, Parmeshwar ne meri sun kar, mujhe chaude sthaan mein pahunchaya.
- ⁶ Yahowa meri or hai, main na daroonga. Manushya mera kya kar sakta hai?
- ⁷ Yahowa meri or mere sahaykon mein hai; main apne bairiyon par drishti kar santusht hoonga.
- ⁸ Yahowa ki sharan leni, manushya par bharosa rakhne se uttam hai.
- ⁹ Yahowa ki sharan leni, pradhanon par bhi bharosa rakhne se uttam hai.
- ¹⁰ Sab jatiyon ne mujh ko gher liya hai; parantu Yahowa ke naam se main nishchay unhein naash kar daloonga!
- ¹¹ Unhonne mujh ko gher liya hai, nisandeh gher liya hai; parantu Yahowa ke naam se main nishchay unhein naash kar daloonga!
- ¹² Unhonne mujhe madhumakkhiyon ki nai gher liya hai, parantu kanton ki aag ki nai ve bujh gaye; Yahowa ke naam se main nishchay unhein naash kar daloonga!
- ¹³ Tu ne mujhe bada dhakka diya to tha, ki main gir padun parantu Yahowa ne meri sahayta ki.
- ¹⁴ Parmeshwar mera bal aur bhajan ka vishay hai; vah mera uddhaar thahra hai.
- ¹⁵ Dharmiyon ke tambuon mein jayjaykaar aur uddhaar ki dhvani ho rahi hai, Yahowa ke dahine haath se parakram ka kaam hota hai,
- ¹⁶ Yahowa ka dahina haath mahaan huua hai, Yahowa ke dahine haath se parakram ka kaam hota hai!
- ¹⁷ Main na maroonga varan jeevit rahoonga, aur Parmeshwar ke kamon ka varnan karta rahoonga.
- ¹⁸ Parmeshwar ne meri badi tadna to ki hai parantu mujhe mrityu ke vash mein nahi kiya.
- ¹⁹ Mere liye dharm ke dwaar kholo, main un se pravesch karke yaah ka dhanyavaad karoonga.
- ²⁰ Yahowa ka dwaar yahi hai, is se dharmi pravesch karne payenge.

- ²¹ He Yahowa main tera dhanyavaad karoonga, kyunki tu ne meri sun li hai aur mera uddhaar thahar gaya hai.
- ²² Rajmistriyon ne jis patthar ko nikamma thahraya tha vahi kone ka sira ho gaya hai.
- ²³ Yah to Yahowa ki or se huua hai, yah hamari drishti mein adbhut hai.
- ²⁴ Aaj vah din hai jo Yahowa ne banaya hai; ham is mein magan aur aanandit hon.
- ²⁵ He Yahowa, binti sun, uddhaar kar! He Yahowa, binti sun, saphalta de!
- ²⁶ Dhanya hai vah jo Yahowa ke naam se aata hai! Ham ne tum ko Yahowa ke ghar se aasheervaad diya hai.
- ²⁷ Yahowa ishwar hai, aur usne ham ko prakaash diya hai. Yagyapshu ko vedi ke seengon se rassiyon bandho!
- ²⁸ He Yahowa, tu mera ishwar hai, main tera dhanyavaad karoonga; tu mera Parmeshwar hai, main tujh ko sarahoonga.
- ²⁹ Yahowa ka dhanyavaad karo, kyunki vah bhala hai; aur uski karoona sada bani rahegi!

- ¹ Kya hi dhanya hain ve jo chaal ke khare hain, aur Yahowa ki vyavastha par chalte hain!
- ² Kya hi dhanya hain ve jo uski chitauniyon ko mante hain, aur poorn man se uske paas aate hain!
- ³ Phir ve kutilta ka kaam nahi karte, ve uske margon mein chalte hain.
- ⁴ Tu ne apne updeshe isliye diye hain, ki ve yatn se mane jayen.
- ⁵ Bhala hota ki teri vidhiyon ke manne ke liye meri chalachlan dridh ho jaye!
- ⁶ Tab main teri sab aagyaon ki or chitt lagaye rahoonga, aur meri aasha na tootegi.
- ⁷ Jab main tere dharmamay niymon ko seekhoonga, tab tera dhanyavaad seedhe man se karoonga.
- ⁸ Main teri vidhiyon ko manoonga: mujhe poori reeti se na taj!
- ⁹ Javaan apni chaal ko kis upaay se shuddh rakhe? Tere vachan ke anusaar savdhaan rahne se.
- ¹⁰ Main poore man se teri khoj me laga hoon; mujhe teri aagyaon ki baat se bhatakne na de!
- ¹¹ Main ne tere vachan ko apne hriday mein rakh chhoda hai, ki tere viruddh paap na karun.
- ¹² He Yahowa, tu dhanya hai; mujhe apni vidhiyan sikha!
- ¹³ Tere sab kahe hue niymon ka varnan, main ne apne munh se kiya hai.
- ¹⁴ Main teri chitauniyon ke maarg se, manon sab prakaar ke dhan se harshit huua hoon.
- ¹⁵ Main tere updeshon par dhyaan karoonga, aur tere margon ki or drishti rakhoonga.
- ¹⁶ Main teri vidhiyon se sukh paoonga; aur tere vachan ko na bhooloonga.
- ¹⁷ Apne daas ka upkaar kar, ki main jeevit rahun, aur tere vachan par chalta rahun.
- ¹⁸ Meri aankhein khol de, ki main teri vyavastha ki adbhut batein dekh sakun.
- ¹⁹ Main to prithvi par pardeshi hoon; apni aagyaon ko mujh se chhipaye na rakh!
- ²⁰ Mera man tere niymon ki abhilasha ke karan har samay khedit rahta hai.
- ²¹ Tu ne abhimaniyon ko, jo shapit hain, ghudka hai, ve teri aagyaon ki baat se bhatke hue hain.
- ²² Meri namadhrai aur apmaan door kar, kyunki main teri chitauniyon ko pakde hoon.
- ²³ Hakim bhi baithe hue aapaas mein mere viruddh batein karte the, parantu tera daas teri vidhiyon par dhyaan karta raha.
- ²⁴ Teri chitauniyan mera sukhmool aur mere mantri hain.
- ²⁵ Main dhool mein pada hoon; tu apne vachan ke anusaar mujh ko jila!

- ²⁶ Main ne apni chalachlan ka tujh se varnan kiya hai aur tu ne meri baat maan li hai; tu mujh ko apni vidhiyan sikha!
- ²⁷ Apne updeshon ka maarg mujhe bata, tab main tere aashyarchakarmon par dhyaan karoonga.
- ²⁸ Mera jeevan udasi ke mare gal chala hai; tu apne vachan ke anusaar mujhe sambhal!
- ²⁹ Mujh ko jhooth ke maarg se door kar; aur karoona kar ke apni vyavastha mujhe de.
- ³⁰ Main ne sachchai ka maarg chun liya hai, tere niymon ki or main chitt lagaye rahta hoon.
- ³¹ Main teri chitauniyon mein lauleen hoon, he Yahowa, meri aasha na tod!
- ³² Jab tu mera hiyaav badhayega, tab main teri aagyaon ke maarg mein daudoonga.
- ³³ He Yahowa, mujhe apni vidhiyon ka maarg dikha de; tab main use ant tak pakde rahoonga.
- ³⁴ Mujhe samajh de, tab main teri vyavastha ko pakde rahoonga aur poorn man se us par chaloonga.
- ³⁵ Apni aagyaon ke path mein mujh ko chala, kyonki main usi se prasann hoon.
- ³⁶ Mere man ko lobh ki or nahi, apni chitauniyon hi ki or pher de.
- ³⁷ Meri aankhon ko vyarth vastuon ki or se pher de; tu apne maarg mein mujhe jila.
- ³⁸ Tera vachan jo tere bhay manne valon ke liye hai, usko apne daas ke nimitt bhi poora kar.
- ³⁹ Jis namadhrail se main darta hoon, use door kar; kyonki tere niyam uttam hain.
- ⁴⁰ Dekh, main tere updeshon ka abhilashi hoon; apne dharm ke karan mujh ko jila.
- ⁴¹ He Yahowa, teri karoona aur tera kiya huua uddhaar, tere vachan ke anusaar, mujh ko bhi mile;
- ⁴² Tab main apni namadhrail karne valon ko kuchh uttar de sakoonga, kyonki mera bharosa, tere vachan par hai.
- ⁴³ Mujhe apne satya vachan kahne se na rok kyonki meri aasha tere niymon par hain.
- ⁴⁴ Tab main teri vyavastha par lagataar, sada sarvada chalta rahoonga;
- ⁴⁵ Aur main chaude sthaan mein chala phira karoonga, kyonki main ne tere updeshon ki sudhi rakhi hai.
- ⁴⁶ Aur main teri chitauniyon ki charcha rajaon ke samhane bhi karoonga, aur sankoch na karoonga;
- ⁴⁷ Kyonki main teri aagyaon ke karan sukhi hoon, aur main un se preeti rakhta hoon.
- ⁴⁸ Main teri aagyaon ki or jin mein main preeti rakhta hoon, haath phailaoonga aur teri vidhiyon par dhyaan karoonga.
- ⁴⁹ Jo vachan tu ne apne daas ko diya hai, use smaran kar, kyonki tu ne mujhe aasha di hai.

- 50 Mere dukh mein mujhe shanti usi se hui hai, kyonki tere vachan ke dwara main ne jeevan paya hai.
- 51 Abhimaniyon ne mujhe atyant thatthe mein udaya hai, taubhi main teri vyavastha se nahi hata.
- 52 He Yahowa, main ne tere pracheen niymon ko smaran karke shanti pai hai.
- 53 Jo dusht teri vyavastha ko chhode hue hain, unke karan main santaap se jalta hoon.
- 54 Jahan main pardeshi hokar rahta hoon, vahan teri vidhiyan, mere geet gane ka vishay bani hain.
- 55 He Yahowa, main ne raat ko tera naam smaran kiya aur teri vyavastha par chala hoon.
- 56 Yah mujh se is karan huua, ki main tere updeshon ko pakde hue tha.
- 57 Yahowa mera bhaag hai; main ne tere vachnon ke anusaar chalne ka nishchay kiya hai.
- 58 Main ne poore man se tujhe manaya hai; isliye apne vachan ke anusaar mujh par anugrah kar.
- 59 Main ne apni chalachlan ko socha, aur teri chitauniyon ka maarg liya.
- 60 Main ne teri aagyaon ke manne mein vilamb nahi, phurti ki hai.
- 61 Main dushton ki rassiyon bandh gaya hoon, taubhi main teri vyavastha ko nahi bhoola.
- 62 Tere dharmamay niymon ke karan main aadhi raat ko tera dhanyavaad karne ko uthoonga.
- 63 Jitne tera bhay mante aur tere updeshon par chalte hain, unka main sangi hoon.
- 64 He Yahowa, teri karuna prithvi mein bhari hui hai; tu mujhe apni vidhiyan sikha!
- 65 He Yahowa, tu ne apne vachan ke anusaar apne daas ke sang bhalai ki hai.
- 66 Mujhe bhali vivek- shakti aur gyaan de, kyonki main ne teri aagyaon ka vishwaas kiya hai.
- 67 Usse pahile ki main dukhit huua, main bhataкта tha; parantu ab main tere vachan ko manta hoon.
- 68 Tu bhala hai, aur bhala karta bhi hai; mujhe apni vidhiyan sikha.
- 69 Abhimaniyon ne to mere viruddh jhooth baat gadhi hai, parantu main tere updeshon ko poore man se pakde rahoonga.
- 70 Unka man mota ho gaya hai, parantu main teri vyavastha ke karan sukhi hoon.
- 71 Mujhe jo dukh huua vah mere liye bhala hi huua hai, jis se main teri vidhiyon ko seekh sakun.
- 72 Teri di hui vyavastha mere liye hajaron roopyon aur muhron se bhi uttam hai.
- 73 Tere hathon se main banaya aur racha gaya hoon; mujhe samajh de ki main teri aagyaon ko seekhun.
- 74 Tere darvaiye mujhe dekh kar aanandit honge, kyonki main ne tere vachan par aasha lagai hai.

- ⁷⁵ He Yahowa, main jaan gaya ki tere niyam dharmamay hain, aur tu ne apne sachchai ke anusaar mujhe dukh diya hai.
- ⁷⁶ Mujhe apni karoona se shanti de, kyonki tu ne apne daas ko aisa hi vachan diya hai.
- ⁷⁷ Teri daya mujh par ho, tab main jeevit rahoonga; kyonki main teri vyavastha se sukhi hoon.
- ⁷⁸ Abhimaniyon ki aasha toote, kyonki unhonne mujhe jhooth ke dwara gira diya hai; parantu main tere updeshon par dhyaan karoonga.
- ⁷⁹ Jo tera bhay mante hain, vah meri or phirein, tab ve teri chitauniyon ko samajh lenge.
- ⁸⁰ Mera man teri vidhiyon ke manne mein siddh ho, aisa na ho ki mujhe lajjit hona pade.
- ⁸¹ Mera praan tere uddhaar ke liye baichen hai; parantu mujhe tere vachan par aasha rahti hai.
- ⁸² Meri aankhein tere vachan ke poore hone ki baat johte johte rah gai hai; aur main kahta hoon ki tu mujhe kab shanti dega?
- ⁸³ Kyonki main dhooyen mein ki kuppi ke samaan ho gaya hoon, taubhi teri vidhiyon ko nahi bhoola.
- ⁸⁴ Tere daas ke kitne din rah gaye hain? Tu mere peechhe pade huon ko dand kab dega?
- ⁸⁵ Abhimani jo tari vyavastha ke anusaar nahi chalte, unhonne mere liye gadhe khode hain.
- ⁸⁶ Teri sab aagayen vishwasyogya hain; ve log jhooth bolte hue mere peechhe pade hain; tu meri sahayta kar!
- ⁸⁷ Ve mujh ko prithvi par se mita dalne hi par the, parantu main ne tere updeshon ko nahi chhoda.
- ⁸⁸ Apni karoona ke anusaar mujh ko jila, tab main teri di hui chitauni ko manoonga.
- ⁸⁹ He Yahowa, tera vachan, aakaash mein sada tak sthir rahta hai.
- ⁹⁰ Teri sachchai peedhi se peedhi tak bani rahti hai; tu ne prithvi ko sthir kiya, isliye vah bani hai.
- ⁹¹ Ve aaj ke din tak tere niymon ke anusaar thahre hain; kyonki sari srishti tere aadheen hai.
- ⁹² Yadi main teri vyavastha se sukhi na hota, to main dukh ke samay naash ho jata.
- ⁹³ Main tere updeshon ko kabhi na bhoolooonga; kyonki unhi ke dwara tu ne mujhe jilaya hai.
- ⁹⁴ Main tera hi hoon, tu mera uddhaar kar; kyonki main tere updeshon ki sudhi rakhta hoon.
- ⁹⁵ Dusht mera naash karne ke liye meri ghaat mein lage hain; parantu main teri chitauniyon par dhyaan karta hoon.
- ⁹⁶ Jitni batein poori jaan padti hain, un sab ko to main ne adhoori paya hai, parantu teri aagya ka vistaar bada hai.
- ⁹⁷ Aha! Main teri vyavastha mein kaisi preeti rakhta hoon! Din bhar mera dhyaan usi par laga rahta hai.

- ⁹⁸ Tu apni aagyaon ke dwara mujhe apne shatruon se adhik buddhimaan karta hai, kyonki ve sada mere man mein rahti hain.
- ⁹⁹ Main apne sab shikshakon se bhi adhik samajh rakhta hoon, kyonki mera dhyaan teri chitauniyon par laga hai.
- ¹⁰⁰ Main purniyon se bhi samajhdaar hoon, kyonki main tere updeshton ko pakde hue hoon.
- ¹⁰¹ Main ne apne panvon ko har ek bure raste se rok rakha hai, jis se main tere vachan ke anusaar chalun.
- ¹⁰² Main tere niymon se nahi hata, kyonki tu hi ne mujhe shiksha di hai.
- ¹⁰³ Tere vachan mujh ko kaise meethe lagte hain, ve mere munh mein madhu se bhi meethe hain!
- ¹⁰⁴ Tere updeshton ke karan main samajhdaar ho jata hoon, isliye main sab mithya margon se bair rakhta hoon.
- ¹⁰⁵ Tera vachan mere paanv ke liye deepak, aur mere maarg ke liye ujiyala hai.
- ¹⁰⁶ Main ne shapath khai, aur thana bhi hai ki main tere dharmamay niymon ke anusaar chaloonga.
- ¹⁰⁷ Main atyant dukh mein pada hoon; he Yahowa, apne vachan ke anusaar mujhe jila.
- ¹⁰⁸ He Yahowa, mere vachnon ko swechchhabli jaan kar grahan kar, aur apne niymon ko mujhe sikha.
- ¹⁰⁹ Mera praan nirantar meri hatheli par rahta hai, taubhi main teri vyavastha ko bhool nahi gaya.
- ¹¹⁰ Dushton ne mere liye phanda lagaya hai, parantu main tere updeshton ke maarg se nahi bhatka.
- ¹¹¹ Main ne teri chitauniyon ko sada ke liye apna nij bhaag kar liya hai, kyonki ve mere hriday ke harsh ka karan hain.
- ¹¹² Main ne apne man ko is baat par lagaya hai, ki ant tak teri vidhiyon par sada chalta rahun.
- ¹¹³ Main duchitton se to bair rakhta hoon, parantu teri vyavastha se preeti rakhta hoon.
- ¹¹⁴ Tu meri aad aur dhaal hai; meri aasha tere vachan par hai.
- ¹¹⁵ He kukarmiyon, mujh se door ho jao, ki main apne Parmeshwar ki aagyaon ko pakde rahun.
- ¹¹⁶ He Yahowa, apne vachan ke anusaar mujhe sambhaal, ki main jeevit rahun, aur meri aasha ko na tod!
- ¹¹⁷ Mujhe thaam rakh, tab main bacha rahoonga, aur nirantar teri vidhiyon ki or chitt lagaye rahoonga!
- ¹¹⁸ Jitne teri vidhiyon ke maarg se bhatak jate hain, un sab ko tu tuchchh janta hai, kyonki unki chaturai jhooth hai.

- 119 Tu ne prithvi ke sab dushton ko dhatu ke mail ke samaan door kiya hai; is karan main teri chitauniyon se preeti rakhta hoon.
- 120 Tere bhay se mera shareer kaamp uthta hai, aur main tere niymon se darta hoon.
- 121 Main ne to nyaay aur dharm ka kaam kiya hai; tu mujhe andher karne valon ke haath mein na chhod.
- 122 Apne daas ki bhalai ke liye jamin ho, taki abhimani mujh par andher na karne panye.
- 123 Meri aankhein tujh se uddhaar pane, aur tere dharmamay vachan ke poore hone ki baat johte johte rah gai hain.
- 124 Apne daas ke sang apni karoona ke anusaar bartaav kar, aur apni vidhiyan mujhe sikha.
- 125 Main tera daas hoon, tu mujhe samajh de ki main teri chitauniyon ko samjhun.
- 126 Vah samay aaya hai, ki Yahowa kaam kare, kyonki logon ne teri vyavastha ko tod diya hai.
- 127 Is karan main teri aagyaon ko sone se varan kundan se bhi adhik priya manta hoon.
- 128 Isi karan main tere sab updeshon ko sab vishyon mein theek janta hoon; aur sab mithya margon se bair rakhta hoon.
- 129 Teri chitauniyan anoop hain, is karan main unhein apne ji se pakde hue hoon.
- 130 Teri baton ke khulne se prakaash hota hai; usse bhole log samajh praapt karte hain.
- 131 Main munh khol kar hamphne laga, kyonki main teri aagyaon ka pyasa tha.
- 132 Jaisi teri reeti apne naam ki preeti rakhne valon se hai, vaise hi meri or bhi phir kar mujh par anugrah kar.
- 133 Mere pairon ko apne vachan ke maarg par sthir kar, aur kisi anarth baat ko mujh par prabhuta na karne de.
- 134 Mujhe manushyon ke andher se chhuda le, tab main tere updeshon ko manoonga.
- 135 Apne daas par apne mukh ka prakaash chamka de, aur apni vidhiyan mujhe sikha.
- 136 Meri aankhon se jal ki dhara bahti rahti hai, kyonki log teri vyavastha ko nahi mante.
- 137 He Yahowa tu dharmi hai, aur tere niyam seedhe hain.
- 138 Tu ne apni chitauniyon ko dharm aur poori satyata se kaha hai.
- 139 Main teri dhun mein bhasm ho raha hoon, kyonki mere satane vale tere vachnon ko bhool gaye hain.
- 140 Tera vachan poori reeti se taya huua hai, isliye tera daas us mein preeti rakhta hai.
- 141 Main chhota aur tuchchh hoon, taubhi main tere updeshon ko nahi bhoolta.

- ¹⁴² Tera dharm sada ka dharm hai, aur teri vyavastha satya hai.
- ¹⁴³ Main sankat aur saketi mein phansa hoon, parantu main teri aagyaon se sukhi hoon.
- ¹⁴⁴ Teri chitauniyan sada dharmamay hain; tu mujh ko samajh de ki main jeevit rahun.
- ¹⁴⁵ Main ne sare man se prarthana ki hai, he Yahowa meri sun lena! Main teri vidhiyon ko pakde rahoonga.
- ¹⁴⁶ Main ne tujh se prarthana ki hai, tu mera uddhaar kar, aur main teri chitauniyon ko mana karoonga.
- ¹⁴⁷ Main ne pau phatne se pahile dohai di; meri aasha tere vachnon par thi.
- ¹⁴⁸ Meri aankhein raat ke ek ek pahar se pahile khul gai, ki main tere vachan par dhyaan karun.
- ¹⁴⁹ Apni karoona ke anusaar meri sun le; he Yahowa, apni reeti ke anusaar mujhe jeevit kar.
- ¹⁵⁰ Jo dushtata mein dhun lagate hain, ve nikat aa gaye hain; ve teri vyavastha se door hain.
- ¹⁵¹ He Yahowa, tu nikat hai, aur teri sab aagyayen satya hain.
- ¹⁵² Bahut kaal se main teri chitauniyon ko janta hoon, ki tu ne unki nev sada ke liye dali hai.
- ¹⁵³ Mere dukh ko dekh kar mujhe chhuda le, kyonki main teri vyavastha ko bhool nahi gaya.
- ¹⁵⁴ Mera mukaddama lad, aur mujhe chhuda le; apne vachan ke anusaar mujh ko jila.
- ¹⁵⁵ Dushton ko uddhaar milna kathin hai, kyonki ve teri vidhiyon ki sudhi nahi rakhte.
- ¹⁵⁶ He Yahowa, teri daya to badi hai; isliye apne niymon ke anusaar mujhe jila.
- ¹⁵⁷ Mera peechha karne vale aur mere satane vale bahut hain, parantu main teri chitauniyon se nahi hatta.
- ¹⁵⁸ Main vishwasghatiyon ko dekh kar udaas huua, kyonki ve tere vachan ko nahi mante.
- ¹⁵⁹ Dekh, main tere niymon se kaisi preeti rakhta hoon! He Yahowa, apni karoona ke anusaar mujh ko jila.
- ¹⁶⁰ Tera sara vachan satya hi hai; aur tera ek ek dharmamay niyam sada kaal tak atal hai.
- ¹⁶¹ Hakim vyarth mere peechhe pade hain, parantu mera hriday tere vachnon ka bhay manta hai.
- ¹⁶² Jaise koi badi loot pa kar harshit hota hai, vaise hi main tere vachan ke karan harshit hoon.
- ¹⁶³ Jhooth se to main bair aur ghrina rakhta hoon, parantu teri vyavastha se preeti rakhta hoon.
- ¹⁶⁴ Tere dharmamay niymon ke karan main pratidin saat ber teri stuti karta hoon.
- ¹⁶⁵ Teri vyavastha se preeti rakhne valon ko badi shanti hoti hai; aur un ko kuchh thokar nahi lagti.
- ¹⁶⁶ He Yahowa, main tujh se uddhaar pane ki aasha rakhta hoon; aur teri aagyaon par chalta aaya hoon.

- ¹⁶⁷ Main teri chitauniyon ko ji se manta hoon, aur un se bahut preeti rakhta aaya hoon.
- ¹⁶⁸ Main tere updeshon aur chitauniyon ko manta aaya hoon, kyonki meri sari chalachlan tere sammukh pragat hai.
- ¹⁶⁹ He Yahowa, meri dohai tujh tak pahunche; tu apne vachan ke anusaar mujhe samajh de!
- ¹⁷⁰ Mera gidgidana tujh tak pahunche; tu apne vachan ke anusaar mujhe chhuda le.
- ¹⁷¹ Mere munh se stuti nikla kare, kyonki tu mujhe apni vidhiyan sikhata hai.
- ¹⁷² Main tere vachan ka geet gaoonga, kyonki teri sab aagyayen dharmamay hain.
- ¹⁷³ Tera haath meri sahayta karne ko taiyaar rahta hai, kyonki main ne tere updeshon ko apnaya hai.
- ¹⁷⁴ He Yahowa, main tujh se uddhaar pane ki abhilasha karta hoon, main teri vyavastha se sukhi hoon.
- ¹⁷⁵ Mujhe jila, aur main teri stuti karoonga, tere niymon se meri sahayta ho.
- ¹⁷⁶ Main khoi hui bhed ki nai bhatka hoon; tu apne daas ko dhoondh le, kyonki main teri aagyaon ko bhool nahi gaya.

- ¹ Sankat ke samay main ne Yahowa ko pukara, aur usne meri sun li.
- ² He Yahowa, jhooth bolne vale munh se aur chhali jeebh se meri raksha kar.
- ³ He chhali jeebh, tujh ko kya mile? Aur tere saath aur kya adhik kiya jaye?
- ⁴ Veer ke nokeele teer aur jhau ke angare!
- ⁵ Haay, haay, kyonki mujhe meshek mein pardeshi hokar rahna pada aur kedaar ke tambuon mein basna pada hai!
- ⁶ Bahut kaal se mujh ko mel ke bairiyon ke saath basna pada hai.
- ⁷ Main to mel chahta hoon; parantu mere bolte hi, ve ladna chahte hain!

- ¹ Main apni aankhein parvaton ki or lagaoonga. Mujhe sahayta kahan se milegi?
- ² Mujhe sahayta Yahowa ki or se milti hai, jo aakaash aur prithvi ka karta hai.
- ³ Vah tere paanv ko talne na dega, tera rakshak kabhi na oonghega.
- ⁴ Sun, Israel ka rakshak, na oonghega aur na soyega.
- ⁵ Yahowa tera rakshak hai; Yahowa teri dahini or teri aad hai.
- ⁶ Na to din ko dhoop se, aur na raat ko chandni se teri kuchh hani hogi.
- ⁷ Yahowa sari vipatti se teri raksha karega; vah tere praan ki raksha karega.
- ⁸ Yahowa tere aane jane mein teri raksha ab se le kar sada tak karta rahega.

- ¹ Jab logon ne mujh se kaha, ki ham Yahowa ke bhavan ko chalein, tab main aanandit huaa.
- ² He Yerushalem, tere phatkon ke bheetar, ham khade ho gaye hain!
- ³ He Yerushalem, tu aise nagar ke samaan bana hai, jiske ghar ek doosre se mile hue hain.
- ⁴ Vahan yaah ke gotra gotra ke log Yahowa ke naam ka dhanyavaad karne ko jate hain; yah Israel ke liye sakshi hai.
- ⁵ Vahan to nyaay ke sinhasan, Daud ke gharane ke liye dhare hue hain.
- ⁶ Yerushalem ki shanti ka vardaan mango, tere premi kushal se rahein!
- ⁷ Teri shahrapnaah ke bheetar shanti, aur tere mahlon mein kushal hove!
- ⁸ Apne bhaiyon aur sangiyon ke nimitt, main kahoonga ki tujh mein shanti hove!
- ⁹ Apne Parmeshwar Yahowa ke bhavan ke nimitt, main teri bhalai ka yatn karoonga.

- ¹ He swarg mein virajmaan main apni aankhein teri or lagata hoon!
- ² Dekh, jaise dason ki aankhein apne swamiyon ke haath ki or, aur jaise dasiyon ki aankhein apni swamini ke haath ki or lagi rahti hai, vaise hi hamari aankhein hamare Parmeshwar Yahowa ki or us samay tak lagi rahengi, jab tak vah ham par anugrah na kare.
- ³ Ham par anugrah kar, he Yahowa, ham par anugrah kar, kyonki ham apmaan se bahut hi bhar gaye hain.
- ⁴ Hamara jeev sukhi logon ke thatthon se, aur ahankariyon ke apmaan se bahut hi bhar gaya hai.

- ¹ Israel yah kahe, ki yadi hamari or Yahowa na hota,
- ² Yadi Yahowa us samay hamari or na hota jab manushyon ne ham par chadhai ki,
- ³ To ve ham ko usi samay jeevit nigal jate, jab unka krodh ham par bhadka tha,
- ⁴ Ham usi samay jal mein doob jate aur dhara mein bah jate;
- ⁵ Umadte jal mein ham usi samay hi bah jate.
- ⁶ Dhanya hai Yahowa, jisne ham ko unke daton tale jane na diya!
- ⁷ Hamaar jeev pakshi ki nai chideemaar ke jaal se chhoot gaya; jaal phat gaya, ham bach nikle!
- ⁸ Yahowa jo aakaash aur prithvi ka karta hai, hamari sahayta usi ke naam se hoti hai.

- ¹ Jo Yahowa par bharosa rakhte hain, ve siyyon parvat ke samaan hain, jo talta nahi, varan sada bana rahta hai.
- ² Jis prakaar Yerushalem ke charon or pahaad hain, usi prakaar Yahowa apni praja ke charon or ab se lekar sarvada tak bana rahega.
- ³ Kyonki dushton ka rajdand dharmiyon ke bhaag par bana na rahega, aisa na ho ki dharmi apne haath kutil kaam ki or badhayen.
- ⁴ He Yahowa, bhalon ka, aur seedhe man valon ka bhala kar!
- ⁵ Parantu jo mud kar tedhe margon mein chalte hain, un ko Yahowa anarthakariyon ke sang nikaal dega! Israel ko shanti mile!

- ¹ Jab Yahowa siyyon se lautne valon ko lauta le aaya, tab ham swapn dekhne vale se ho gaye.
- ² Tab ham aanand se hansne aur jayjaykaar karne lage; tab jati jati ke beech mein kaha jata tha, ki Yahowa ne, inke saath bade bade kaam kiye hain.
- ³ Yahowa ne hamare saath bade bade kaam kiye hain; aur is se ham aanandit hain.
- ⁴ He Yahowa, dakkhin desh ke nalon ki nai, hamare bandhuon ko lauta le aa!
- ⁵ Jo aansu bahate hue bote hain, ve jayjaykaar karte hue lavne payenge.
- ⁶ Chahe bone vala beej le kar rota huua chala jaye, parantu vah phir pooliyan liye jayjaykaar karta huua nishchay laut aayega.

- ¹ Yadi ghar ko Yahowa na banaye, to uske banane valon ko parishram vyarth hoga. Yadi nagar ki raksha Yahowa na kare, to rakhvale ka jagna vyarth hi hoga.
- ² Tum jo savere uthte aur der karke vishraam karte aur dukh bhari roti khate ho, yah sab tumhare liye vyarth hi hai; kyonki vah apne priyon ko yon hi neend daan karta hai.
- ³ Dekhe, ladke Yahowa ke diye hue bhaag hain, garbh ka phal uski or se pratiphal hai.
- ⁴ Jaise veer ke haath mein teer, vaise hi javani ke ladke hote hain.
- ⁵ Kya hi dhanya hai vah puroosh jisne apne tarkash ko un se bhar liya ho! Vah phatak ke paas shatruon se batein karte sankoch na karega.

- ¹ Kya hi dhanya hai har ek jo Yahowa ka bhay manta hai, aur uske margon par chalta hai!
- ² Tu apni kamai ko nishchay khane payega; tu dhanya hoga, aur tera bhala hi hoga.
- ³ Tere ghar ke bheetar teri stri phalvant dakhalta si hogi; teri mej ke charon or tere balak jalpai ke paudhe se honge.
- ⁴ Sun, jo puroosh Yahowa ka bhay manta ho, vah aisi hi aasheesh payega.
- ⁵ Yahowa tujhe siyyon se aasheesh deve, aur tu jeevan bhar Yerushalem ka kushal dekhta rahe!
- ⁶ Varan tu apne nati- poton ko bhi dekhne paye! Israel ko shanti mile!

- ¹ Israel ab yah kahe, ki mere bachpan se log mujhe baar baar klesh dete aaye hain,
- ² Mere bachpan se ve mujh ko baar baar klesh dete to aaye hain, parantu mujh par prabal nahi hue.
- ³ Halvahon ne meri peeth ke oopar hal chalaya, aur lambi lambi rekhayen ki.
- ⁴ Yahowa dharmi hai; usne dushton ke phandon ko kaat dala hai.
- ⁵ Jitne siyyon se bair rakhte hain, un sabhon ki aasha toote, or un ko peechhe hatna pade!
- ⁶ Ve chhat par ki ghaas ke samaan hon, jo badhne se pahile sookh jati hai;
- ⁷ Jis se koi lavaiya apni mutthi nahi bharta, na pooliyon ka koi bandhane vala apni ankvaar bhar pata hai,
- ⁸ Aur na aane jane vale yah kahte hain, ki Yahowa ki aasheesh tum par hove! Ham tum ko Yahowa ke naam se aasheervaad dete hain!

- ¹ He Yahowa, main ne gahire sthanon mein se tujh ko pukara hai!
- ² He Prabhu, meri sun! Tere kaan mere gidgidane ki or dhyaan se lage rahein!
- ³ He yaah, yadi tu adharm ke kamon ka lekha le, to he Prabhu kaun khada rah sakega?
- ⁴ Parantu tu kshama karne vala hai? Jis se tera bhay mana jaye.
- ⁵ Main Yahowa ki baat johta hoon, main ji se uski baat johta hoon, aur meri aasha uske vachan par hai;
- ⁶ Pahrooye jitna bhor ko chahte hain, han, pahrooye jitna bhor ko chahte hain, usse bhi adhik main Yahowa ko apne pranon se chahta hoon.
- ⁷ Israel Yahowa par aasha lagaye rahe! Kyonki Yahowa karoona karne vala aur poora chhutkara dene vala hai.
- ⁸ Israel ko uske sare adharm ke kamon se vahi chhutkara dega.

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- ¹ He Yahowa, na to mera man garva se aur na meri drishti ghamand se bhari hai; aur jo batein badi aur mere liye adhik kathin hain, un se main kaam nahi rakhta.
- ² Nishchay main ne apne man ko shaant aur chup kar diya hai, jaise doodh chhudaya huua ladka apni maa ki god mein rahta hai, vaise hi doodh chhudaye hue ladke ke samaan mera man bhi rahta hai.
- ³ He Israel, ab se lekar sada sarvada Yahowa hi par aasha lagaye rah!

- ¹ He Yahowa, Daud ke liye uski sari durdasha ko smaran kar;
- ² Usne Yahowa se shapath khai, aur Yakub ke sarvashaktimaan ki mannat mani hai,
- ³ Ki nishchay main us samay tak apne ghar mein pravesch na karoonga, aur ne apne palang par chadhoonga;
- ⁴ Na apni aankhon mein neend, aur na apni palkon mein jhapki aane doonga,
- ⁵ Jab tak main Yahowa ke liye ek sthaan, arthaat Yakub ke sarvashaktimaan ke liye nivaas sthaan na paun.
- ⁶ Dekho, ham ne eprata mein iski charcha suni hai, ham ne is ko van ke kheton mein paya hai.
- ⁷ Aao, ham uske nivaas mein pravesch karein, ham uske charnon ki chauki ke aage dandavat karein!
- ⁸ He Yahowa, uthkar apne vishramasthaan mein apni samarthya ke sandook samet aa.
- ⁹ Tere yajak dharm ke vastra pahine rahein, aur tere bhakt log jayjaykaar karein.
- ¹⁰ Apne daas Daud ke liye apne abhishikt ki prarthana ki ansuni na kar.
- ¹¹ Yahowa ne Daud se sachchi shapath khai hai aur vah usse na mukrega: ki main teri gaddi par tere ek nij putra ko baithaoonga.
- ¹² Yadi tere vansh ke log meri vacha ka palan karein aur jo chitauni main unhein sikhaoonga, us par chalein, to unke vansh ke log bhi teri gaddi par yug yug baithte chale jayenge.
- ¹³ Kyonki Yahowa ne siyyon ko apnaya hai, aur use apne nivaas ke liye chaha hai.
- ¹⁴ Yah to yug yug ke liye mera vishramasthaan hain; yahi main rahoonga, kyonki main ne isko chaha hai.
- ¹⁵ Main is mein ki bhojan vastuon par ati aasheesh doonga; aur iske daridron ko roti se tript karoonga.
- ¹⁶ Iske yajkon ko main uddhaar ka vastra pahinaoonga, aur iske bhakt log oonche swar se jayjaykaar karenge.
- ¹⁷ Vahan main Daud ke ek seeng ugaoonga; main ne apne abhishikt ke liye ek deepak taiyaar kar rakha hai.
- ¹⁸ Main uske shatruon ko to lajja ka vastra pahinaoonga, parantu us ke sir par uska mukut shobhaymaan rahega.

- ¹ Dekho, yah kya hi bhali aur manohar baat hai ki bhai log aapas mein mile rahein!
- ² Yah to us uttam tel ke samaan hai, jo haroon ke sir par dala gaya tha, aur uski dadhi par bah kar, uske vastra ki chhor tak pahunch gaya.
- ³ Vah hermon ki us os ke samaan hai, jo siyyon ke pahadon par girti hai! Yahowa ne to vahi sada ke jeevan ki aasheesh thahrai hai.

- ¹ He Yahowa ke sab sevkon, suno, tum jo raat raat ko Yahowa ke bhavan mein khade rahte ho,
Yahowa ko dhanya kaho.
- ² Apne haath pavitra sthaan mein utha kar, Yahowa ko dhanya kaho.
- ³ Yahowa jo aakaash aur prithvi ka karta hai, vah siyyon mein se tujhe aasheesh deve.

- ¹ Yaah ki stuti karo, Yahowa ke naam ki stuti karo, he Yahowa ke sevkon tum stuti karo,
- ² Tum jo Yahowa ke bhavan mein, arthaat hamare Parmeshwar ke bhavan ke aangnon mein khade rahte ho!
- ³ Yaah ki stuti karo, kyunki Yahowa bhala hai; uske naam ka bhajan gao, kyunki yah man bhau hai!
- ⁴ Yaah ne to Yakub ko apne liye chuna hai, arthaat Israel ko apne nij dhan hone ke liye chun liya hai.
- ⁵ Main to janta hoon ki hamara Prabhu Yahowa sab devtaon se mahaan hai.
- ⁶ Jo kuchh Yahowa ne chaha use usne aakaash aur prithvi aur samudra aur sab gahire sthanon mein kiya hai.
- ⁷ Vah prithvi ki chhor se kuhre uthata hai, aur varsha ke liye bijli banata hai, aur pavan ko apne bhandaar mein se nikalta hai.
- ⁸ Usne mistra mein kya manushya kya pashu, sab ke pahilauthon ko maar dala!
- ⁹ He mistra, usne tere beech mein Firaun aur uske sab karmachariyon ke beech chinh aur chamatkaar kiye.
- ¹⁰ Usne bahut si jatiyan naash ki, aur samarthi rajaon ko,
- ¹¹ Arthaat emoriyon ke raja seehon ko, aur bashaan ke raja og ko, aur kanaan ke sab rajaon ko ghaat kiya;
- ¹² Aur unke desh ko baant kar, apni praja Israel ke bhaag hone ke liye de diya.
- ¹³ He Yahowa, tera naam sada sthir hai, he Yahowa jis naam se tera smaran hota hai, vah peedhi-peedhi bana rahega.
- ¹⁴ Yahowa to apni praja ka nyaay chukayega, aur apne dason ki durdasha dekh kar taras khayega.
- ¹⁵ Anyajatiyon ki moortein sona- chandi hi hain, ve manushyon ki banai hui hain.
- ¹⁶ Unke munh to rahta hai, parantu ve bol nahi sakti, unke aankhein to rahti hain, parantu ve dekh nahi sakti,
- ¹⁷ Unke kaan to rahte hain, parantu ve sun nahi sakti, na unke kuchh bhi saans chalti hai.
- ¹⁸ Jaisi ve hain vaise hi unke banane vale bhi hain; aur un par sab bharosa rakhne vale bhi vaise hi ho jayenge!
- ¹⁹ He Israel ke gharane Yahowa ko dhanya kah! He haroon ke gharane Yahowa ko dhanya kah!
- ²⁰ He levi ke gharane Yahowa ko dhanya kah! He Yahowa ke darvaiyo Yahowa ko dhanya kaho!

²¹ Yahowa jo Yerushalem mein vaas karta hai, use siyyon mein dhanya kaha jave! Yaah ki stuti karo!

- ¹ Yahowa ka dhanyavaad karo, kyonki vah bhala hai, aur uski karoona sada ki hai.
- ² Jo ishwaron ka Parmeshwar hai, uska dhanyavaad karo, uski karoona sada ki hai.
- ³ Jo prabhuon ka Prabhu hai, uska dhanyavaad karo, uski karoona sada ki hai.
- ⁴ Usko chhodkar koi bade bade ashcharyakarm nahi karta, uski karoona sada ki hai.
- ⁵ Usne apni buddhi se aakaash banaya, uski karoona sada ki hai.
- ⁶ Usne prithvi ko jal ke oopar phailaya hai, uski karoona sada ki hai.
- ⁷ Usne badi badi jyotiyon banai, uski karoona sada ki hai.
- ⁸ Din par prabhuta karne ke liye soorya ko banaya, uski karoona sada ki hai.
- ⁹ Aur raat par prabhuta karne ke liye chandrama aur taragan ko banaya, uski karoona sada ki hai.
- ¹⁰ Usne mistriyon ke pahilauthon ko mara, uski karoona sada ki hai.
- ¹¹ Aur unke beech se Israeliyon ko nikala, uski karoona sada ki hai.
- ¹² Balvant haath aur badhai hui bhuja se nikaal laya, uski karoona sada ki hai.
- ¹³ Usne laal samudra ko khand khand kar diya, uski karoona sada ki hai.
- ¹⁴ Aur Israel ko uske beech se paar kar diya, uski karoona sada ki hai.
- ¹⁵ Aur Firaun ko sena samet laal samudra mein daal diya, uski karoona sada ki hai.
- ¹⁶ Vah apni praja ko jangal mein le chala, uski karoona sada ki hai.
- ¹⁷ Usne bade bade raja mare, uski karoona sada ki hai.
- ¹⁸ Usne pratapi rajaon ko bhi mara, uski karoona sada ki hai.
- ¹⁹ Emoriyon ke raja seehon ko, uski karoona sada ki hai.
- ²⁰ Aur bashaan ke raja og ko ghaat kiya, uski karoona sada ki hai.
- ²¹ Aur unke desh ko bhaag hone ke liye, uski karoona sada ki hai.
- ²² Apne daas Israeliyon ke bhaag hone ke liye de diya, uski karoona sada ki hai.
- ²³ Usne hamari durdasha mein hamari sudhi li, uski karoona sada ki hai.
- ²⁴ Aur ham ko drohiyon se chhudaya hai, uski karoona sada ki hai.
- ²⁵ Vah sab praniyon ko aahaar deta hai, uski karoona sada ki hai.
- ²⁶ Swarg ke Parmeshwar ka dhanyavaad karo, uski karoona sada ki hai.

- ¹ Babul ki nahron ke kinare ham log baith gaye, aur siyyon ko smaran karke ro pade!
- ² Uske beech ke majnu varkshon par ham ne apni veenaon ko taang diya;
- ³ Kyonki jo ham ko bandhue karke le gaye the, unhonne vahan ham se geet gavana chaha, aur hamare roolane valon ne ham se aanand chaah kar kaha, siyyon ke geeton mein se hamare liye koi geet gao!
- ⁴ Ham Yahowa ke geet ko, paraye desh mein kyonkar gayen?
- ⁵ He Yerushalem, yadi main tujhe bhool jaun, to mera dahina haath jhootha ho jaye!
- ⁶ Yadi main tujhe smaran na rakhun, yadi main Yerushalem ko apne sab aanand se shreshth na janun, to meri jeebh talu se chipat jaye!
- ⁷ He Yahowa, Yerushalem ke din ko edomiyon ke viruddh smaran kar, ki ve kyonkar kahte the, dhao! Usko nev se dha do.
- ⁸ He babul tu jo ujadne vali hai, kya hi dhanya vah hoga, jo tujh se aisa bartaav karega jaisa tu ne ham se kiya hai!
- ⁹ Kya hi dhanya vah hoga, jo tere bachchon ko pakad kar, chattaan par patak dega!

- ¹ Main poore man se tera dhanyavaad karoonga; devtaon ke samne bhi main tera bhajan gaoonga.
- ² Main tere pavitra mandir ki or dandavat karoonga, aur teri karuna aur sachchai ke karan tere naam ka dhanyavaad karoonga, kyonki tu ne apne vachan ko apne bade naam se adhik mahattva diya hai.
- ³ Jis din mainne pukara, usi din tu ne meri sun li, aur mujh mein bal de kar mujhe hiyaav bandhaya.
- ⁴ He Yahowa, prithvi ke sab raja tera dhanyavaad karenge, kyonki unhonne tere vachan sune hain;
- ⁵ Aur ve Yahowa ki gati ke vishay mein gayenge, kyonki Yahowa ki mahima badi hai.
- ⁶ Yadyapi Yahowa mahaan hai, taubhi vah namra manushya ki or drishti karta hai; parantu ahankari ko door hi se pahichanta hai.
- ⁷ Chahe main sankat ke beech mein rahun taubhi tu mujhe jilayega, tu mere krodhit shatruon ke viruddh haath badhayega, aur apne dahine haath se mera uddhaar karega.
- ⁸ Yahowa mere liye sab kuchh poora karega; he Yahowa teri karuna sada ki hai. Tu apne hathon ke karyon ko tyaag na de.

- ¹ He Yahowa, tu ne mujhe jaanch kar jaan liya hai.
- ² Tu mera uthna baithna janta hai; aur mere vicharon ko door hi se samajh leta hai.
- ³ Mere chalne aur letne ki tu bhali bhanti chhanbeen karta hai, aur meri poori chalachlan ka bhed janta hai.
- ⁴ He Yahowa, mere munh mein aisi koi baat nahi jise tu poori reeti se na janta ho.
- ⁵ Tu ne mujhe aage peechhe gher rakha hai, aur apna haath mujh par rakhe rahta hai.
- ⁶ Yah gyaan mere liye bahut kathin hai; yah gambheer aur meri samajh se bahar hai.
- ⁷ Main tere aatma se bhaag kar kidhar jaun? Va tere samhane se kidhar bhagun?
- ⁸ Yadi main aakaash par chadhun, to tu vahan hai! Yadi main apna bichhauna adholok mein bichhaun to vahan bhi tu hai!
- ⁹ Yadi main bhor ki kirnon par chadh kar samudra ke paar ja basun,
- ¹⁰ To vahan bhi tu apne haath se meri aguvai karega, aur apne dahine haath se mujhe pakde rahega.
- ¹¹ Yadi main kahun ki andhakaar mein to main chhip jaoonga, aur mere charon or ka ujjiyala raat ka andhera ho jayega,
- ¹² Taubhi andhakaar tujh se na chhipayega, raat to din ke tulya prakaash degi; kyonki tere liye andhiyara aur ujjiyala donon ek samaan hain.
- ¹³ Mere man ka swami to tu hai; tu ne mujhe mata ke garbh mein racha.
- ¹⁴ Main tera dhanyavaad karoonga, isliye ki main bhayanak aur adbhut reeti se racha gaya hoon. Tere kaam to aashcharya ke hain, aur main ise bhali bhanti janta hoon.
- ¹⁵ Jab main gupt mein banaya jata, aur prithvi ke neeche sthanon mein racha jata tha, tab meri haddiyan tujh se chhipi na thi.
- ¹⁶ Teri aankhon ne mere bedaul tatva ko dekha; aur mere sab ang jo din din bante jate the ve rache jane se pahile teri pustak mein likhe hue the.
- ¹⁷ Aur mere liye to he ishwar, tere vichaar kya hi bahumoolya hain! Unki sankhya ka jod kaisa bada hai.
- ¹⁸ Yadi main un ko ginta to ve balu ke kinkon se bhi adhik thaharte. Jab main jaag uthta hoon, tab bhi tere sang rahta hoon.
- ¹⁹ He ishwar nishchay tu dusht ko ghaat karega! He hatyaron, mujh se door ho jao.

- ²⁰ Kyonki ve teri charcha chaturai se karte hain; tere drohi tera naam jhoothi baat par lete hain.
- ²¹ He Yahowa, kya main tere bairiyon se bair na rakhun, aur tere virodhiyon se rooth na jaun?
- ²² Han, main un se poorn bair rakhta hoon; main un ko apna shatru samajhta hoon.
- ²³ He ishwar, mujhe jaanch kar jaan le! Mujhe parakh kar meri chintaon ko jaan le!
- ²⁴ Aur dekh ki mujh mein koi buri chaal hai ki nahi, aur anant ke maarg mein meri aguvai kar!

- ¹ He Yahowa, mujh ko bure manushya se bacha le; upadravi puroosh se meri raksha kar,
- ² Kyonki unhonne man mein buri kalpanayen ki hain; ve lagataar ladaiyan machate hain.
- ³ Unka bolna saamp ka katna sa hai, unke munh mein naag ka sa vish rahta hai.
- ⁴ He Yahowa, mujhe dusht ke hathon se bacha le; upadravi puroosh se meri raksha kar, kyonki unhonne mere pairon ke ukhadne ki yukti ki hai.
- ⁵ Ghamandiyon ne mere liye phanda aur pase lagaye, aur path ke kinare jaal bichhaya hai; unhonne mere liye phande laga rakhe hain.
- ⁶ He Yahowa, main ne tujh se kaha hai ki tu mera ishwar hai; he Yahowa, mere gidagdane ki or kaan laga!
- ⁷ He Yahowa Prabhu, he mere samarthi uddharkarta, tu ne yuddh ke din mere sir ki raksha ki hai.
- ⁸ He Yahowa dusht ki ichchha ko poori na hone de, uski buri yukti ko saphal na kar, nahi to vah ghamand karega.
- ⁹ Mere gherne valon ke sir par unhi ka vichara huua utpaat pade!
- ¹⁰ Un par angare dale jayen! Ve aag mein gira diye jayen! Aur aise gadhon mein girein, ki ve phir uth na sakein!
- ¹¹ Bakvadi prithvi par sthir nahi hone ka; upadravi puroosh ko girane ke liye burai uska peechha karegi.
- ¹² He Yahowa, mujhe nishchay hai ki tu deen jan ka aur daridron ka nyaay chukayega.
- ¹³ Nisandeh dharmi tere naam ka dhanyavaad karne payenge; seedhe log tere sammukh vaas karenge.

- ¹ He Yahowa, main ne tujhe pukara hai; mere liye phurti kar! Jab main tujh ko pukarun, tab meri or kaan laga!
- ² Meri prarthana tere samhane sugandh dhoop, aur mera haath phailana, sandhya kaal ka annabli thahre!
- ³ He Yahowa, mere mukh ka pahra baitha, mere hothon ke dwaar par rakhvali kar!
- ⁴ Mera man kisi buri baat ki or phirne na de; main anarthakari purooshon ke sang, dusht kamon mein na lagun, aur main unke swadisht bhojan vastuon mein se kuchh na khaun!
- ⁵ Dharmi mujh ko mare to yah kripa mani jayegi, aur vah mujhe tadna de, to yah mere sir par ka tel thahrega; mera sir us se inkaar na karega. Logon ke bure kaam karne par bhi main prarthana mein lavleen rahoonga.
- ⁶ Jab unke nyayi chattaan ke paas giraye gaye, tab unhonne mere vachan sun liye; kyonki ve madhur hain.
- ⁷ Jaise bhoomi mein hal chalne se dhele phootte hain, vaise hi hamari haddiyan adholok ke munh par chhitrai hui hain.
- ⁸ Parantu he Yahowa, Prabhu, meri aankhe teri hi or lagi hain; main tera sharnagat hoon; tu mere praan jane na de!
- ⁹ Mujhe us phande se, jo unhonne mere liye lagaya hai, aur anarthakariyon ke jaal se meri raksha kar!
- ¹⁰ Dusht log apne jalon mein aap hi phansein, aur main bach niklun.

- ¹ Main Yahowa ki dohai deta, main Yahowa se gidgidata hoon,
- ² Main apne shok ki batein us se kholkar kahta, main apna sankat us ke aage pragat karta hoon.
- ³ Jab meri aatma mere bheetar se vyakul ho rahi thi, tab tu meri dasa ko janta tha! Jis raste se main jane vala tha, usi mein unhonne mere liye phanda lagaya.
- ⁴ Main ne dahini or dekha, parantu koi mujhe nahi dekhta hai. Mere liye sharan kahi nahi rahi, na mujh ko koi poochhta hai.
- ⁵ He Yahowa, main ne teri dohai di hai; main ne kaha, tu mera sharnasthaan hai, mere jeete ji tu mera bhaag hai.
- ⁶ Meri chillahat ko dhyaan dekar sun, kyunki meri badi durdasha ho gai hai! Jo mere peechhe pade hain, un se mujhe bacha le; kyunki ve mujh se adhik samarthi hain.
- ⁷ Mujh ko bandeegrih se nikaal ki main tere naam ka dhanyavaad karun! Dharmi log mere charon or aayenge; kyunki tu mera upkaar karega.

- ¹ He Yahowa meri prarthana sun; mere gidgidane ki or kaan laga! Tu jo sachcha aur dharmi hai, so meri sun le,
- ² Aur apne daas se mukaddama na chala! Kyonki koi prani teri drishti mein nirdosh nahi thahar sakta.
- ³ Shatru to mere praan ka grahak huaa hai; usne mujhe choor kar ke mitti mein milaya hai, aur mujhe dher din ke mare huon ke samaan andhere sthaan mein daal diya hai.
- ⁴ Meri aatma bheetar se vyakul ho rahi hai mera man vikal hai.
- ⁵ Mujhe pracheen kaal ke din smaran aate hain, main tere sab adbhut kamon par dhyaan karta hoon, aur tere kaam ko sochta hoon.
- ⁶ Main teri or apne haath phailaye hue hoon; sookhi bhoomi ki nai main tera pyasa hoon.
- ⁷ He Yahowa, phurti kar ke meri sun le; kyonki mere praan nikalne hi par hain mujh se apna munh na chhipa, aisa na ho ki main kabar mein pade huon ke samaan ho jaun.
- ⁸ Apni karoona ki baat mujhe sheeghra suna, kyonki main ne tujhi par bharosa rakha hai. Jis maarg se mujhe chalna hai, vah mujh ko bata de, kyonki main apna man teri hi or lagata hoon.
- ⁹ He Yahowa, mujhe shatruon se bacha le; main teri hi aad mein aa chhipa hoon.
- ¹⁰ Mujh ko yah sikha, ki main teri ichchha kyonkar पूरी karun, kyonki mera Parmeshwar tu hi hai! Tera bhala aatma mujh ko dharm ke maarg mein le chale!
- ¹¹ He Yahowa, mujhe apne naam ke nimitt jila! Tu jo dharmi hai, mujh ko sankat se chhuda le!
- ¹² Aur karoona karke mere shatruon ko satyanaash kar, aur mere sab satane valon ka naash kar daal, kyonki main tera daas hoon.

- ¹ Dhanya hai Yahowa, jo meri chattaan hai, vah mere hathon ko ladne, aur yuddh karne ke liye taiyaar karta hai.
- ² Vah mere liye karoonanidhaan aur gadh, ooncha sthaan aur chhudane vala hai, vah meri dhaal aur sharan sthaan hai, jo meri praja ko mere vash mein kar deta hai.
- ³ He Yahowa, manushya kya hai ki tu uski sudhi leta hai, ya aadmi kya hai, ki tu uski kuchh chinta karta hai?
- ⁴ Manushya to saans ke samaan hai; uske din dhalti hui chhaya ke samaan hain.
- ⁵ He Yahowa, apne swarg ko neecha karke utar aa! Pahadon ko chhu tab un se dhuaan uthega!
- ⁶ Bijli kadka kar un ko titar bitar kar de, apne teer chala kar un ko ghabra de!
- ⁷ Apne haath oopar se badha kar mujhe mahasagar se ubaar, arthaat pardeshiyon ke vash se chhuda.
- ⁸ Unke munh se to vyarth batein nikalti hain, aur unke dahine haath se dhokhe ke kaam hote hain.
- ⁹ He Parmeshwar, main teri stuti ka naya geet gaoonga; main das taar vali sarangi baja kar tera bhajan gaoonga.
- ¹⁰ Tu rajaon ka uddhaar karta hai, aur apne daas Daud ko talvaar ki maar se bachata hai.
- ¹¹ Tu mujh ko ubaar aur pardeshiyon ke vash se chhuda le, jin ke munh se vyarth batein nikalti hain, aur jinka dahina haath jhooth ka dahina haath hai.
- ¹² Jab hamare bete javani ke samay paudhon ki nai badhe hue hon, aur hamari betiyan un kone vale pattharon ke samaan hon, jo mandir ke pattharon ki nai banaye jayen;
- ¹³ Jab hamare khatte bhare rahein, aur un mein bhanti bhanti ka ann dhara jaye, aur hamari bhed-bakriyan hamare maidanon mein hajaron hazaar bachche janein;
- ¹⁴ Jab hamare bail khoob lade hue hon; jab hamein na vighn ho aur na hamara kahi jana ho, aur na hamare chaukon mein rona- peetna ho,
- ¹⁵ To is dasa mein jo rajya ho vah kya hi dhanya hoga! Jis rajya ka Parmeshwar Yahowa hai, vah kya hi dhanya hai!

- ¹ He mere Parmeshwar, he raja, main tujhe sarahoonga, aur tere naam ko sada sarvada dhanya kahta rahoonga.
- ² Prati din main tujh ko dhanya kaha karoonga, aur tere naam ki stuti sada sarvada karta rahoonga.
- ³ Yahowa mahaan aur ati stuti ke yogya hai, aur uski badai agam hai.
- ⁴ Tere kamon ki prashansa aur tere parakram ke kamon ka varnan, peedhi peedhi hota chala jayega.
- ⁵ Main tere aishwarya ki mahima ke prataap par aur tere bhanti bhanti ke aashcharyakarmon par dhyaan karoonga.
- ⁶ Log tere bhayanak kamon ki shakti ki charcha karenge, aur main tere bade bade kamon ka varnan karoonga.
- ⁷ Log teri badi bhalai ka smaran karke uski charcha karenge, aur tere dharm ka jayjaykaar karenge.
- ⁸ Yahowa anugrahkari aur dayalu, vilamb se krodh karne vala aur ati karoonamay hai.
- ⁹ Yahowa sabhon ke liye bhala hai, aur uski daya uski sari srishti par hai.
- ¹⁰ He Yahowa, teri sari srishti tera dhanyavaad karegi, aur tere bhakt log tujhe dhanya kaha karenge!
- ¹¹ Ve tere rajya ki mahima ki charcha karenge, aur tere parakram ke vishay mein batein karenge;
- ¹² Ki ve aadmiyon par tere parakram ke kaam aur tere rajya ke prataap ki mahima pragat karein.
- ¹³ Tera rajya yug yug ka aur teri prabhuta sab peedhiyon tak bani rahegi.
- ¹⁴ Yahowa sab girte huon ko sambhalta hai, aur sab jhuke huon ko seedha khada karta hai.
- ¹⁵ Sabhon ki aankhein teri or lagi rahti hain, aur tu un ko aahaar samay par deta hai.
- ¹⁶ Tu apni mutthi khol kar, sab praniyon ko aahaar se tript karta hai.
- ¹⁷ Yahowa apni sab gati mein dharmi aur apne sab kamon mein karoonamay hai.
- ¹⁸ Jitne Yahowa ko pukarte hain, arthaat jitne usko sachchai se pukarte hein; un sabhon ke vah nikat rahta hai.
- ¹⁹ Vah apne darvaiyon ki ichchha poori karta hai, or unki dohai sun kar unka uddhaar karta hai.
- ²⁰ Yahowa apne sab premiyon ki to raksha karta, parantu sab dushton ko satyanaash karta hai.
- ²¹ Main Yahowa ki stuti karoonga, aur sare prani uske pavitra naam ko sada sarvada dhanya kahte rahein.

- ¹ Yaah ki stuti karo. He mere man Yahowa ki stuti kar!
- ² Main jeevan bhar Yahowa ki stuti karta rahoonga; jab tak main bana rahoonga, tab tak main apne Parmeshwar ka bhajan gata rahoonga.
- ³ Tum pradhanon par bharosa na rakhna, na kisi aadmi par, kyunki us mein uddhaar karne ki bhi shakti nahi.
- ⁴ Uska bhi praan niklega, vahi bhi mitti mein mil jayega; usi din uski sab kalpanayen naash ho jayengi.
- ⁵ Kya hi dhanya vah hai, jiska sahayak Yakub ka ishwar hai, aur jiska bharosa apne Parmeshwar Yahowa par hai.
- ⁶ Vah aakaash aur prithvi aur samudra aur un mein jo kuchh hai, sab ka karta hai; aur vah apna vachan sada ke liye poora karta rahega.
- ⁷ Vah pise huon ka nyaay chukata hai; aur bhookhon ko roti deta hai. Yahowa bandhuon ko chhudata hai;
- ⁸ Yahowa andhon ko aankhein deta hai. Yahowa jhuke huon ko seedha khada karta hai; Yahowa dharmiyon se prem rakhta hai.
- ⁹ Yahowa pardeshiyon ki raksha karta hai; aur anathon aur vidhva ko to sambhalta hai; parantu dushton ke maarg ko tedha medha karta hai.
- ¹⁰ He siyyon, Yahowa sada ke liye, tera Parmeshwar peedhi peedhi rajya karta rahega. Yaah ki stuti karo!

- ¹ Yaah ki stuti karo! Kyonki apne Parmeshwar ka bhajan gana achchha hai; kyonki vah man bhavna hai, uski stuti karni man bhavni hai.
- ² Yahowa Yerushalem ko basa raha hai; vah nikale hue Israeliyon ko ikattha kar raha hai.
- ³ Vah khedit man valon ko changa karta hai, aur unke shok par marham- patti bandhata hai.
- ⁴ Vah taron ko ginta, aur un mein se ek ek ka naam rakhta hai.
- ⁵ Hamara Prabhu mahaan aur ati samarthi hai; uski buddhi aprampaar hai.
- ⁶ Yahowa namra logon ko sambhalta hai, aur dushton ko bhoomi par gira deta hai.
- ⁷ Dhanyavaad karte hue Yahowa ka geet gao; veena bajate hue hamare Parmeshwar ka bhajan gao.
- ⁸ Vah aakaash ko meghon se chha deta hai, aur prithvi ke liye menh ki taiyari karta hai, aur pahadon par ghaas ugata hai.
- ⁹ Vah pashuon ko aur kauve ke bachchon ko jo pukarte hain, aahaar deta hai.
- ¹⁰ Na to vah ghode ke bal ko chahta hai, aur na puroosh ke pairon se prasann hota hai;
- ¹¹ Yahowa apne darvaiyon hi se prasann hota hai, arthaat un se jo uski karoona ki aasha lagaye rahte hain.
- ¹² He Yerushalem, Yahowa ki prashansa kar! He siyyon, apne Parmeshwar ki stuti kar!
- ¹³ Kyonki usne tere phatkon ke khambhon ko dridh kiya hai; aur tere ladke balon ko aasheesh di hai.
- ¹⁴ Aur tere sivanon mein shanti deta hai, aur tujh ko uttam se uttam gehun se tript karta hai.
- ¹⁵ Vah prithvi par apni aagya ka prachaar karta hai, uska vachan ati veg se daudta hai.
- ¹⁶ Vah oon ke samaan him ko girata hai, aur raakh ki nai pala bikherta hai.
- ¹⁷ Vah barph ke tukde girata hai, uski ki hui thand ko kaun sah sakta hai?
- ¹⁸ Vah aagya dekar unhein galata hai; vah vayu bahata hai, tab jal bahne lagta hai.
- ¹⁹ Vah Yakub ko apna vachan, aur Israel ko apni vidhiyan aur niyam batata hai.
- ²⁰ Kisi aur jati se usne aisa bartaav nahi kiya; aur uske niymon ko auron ne nahi jana. Yaah ki stuti karo.

- ¹ Yaah ki stuti karo! Yahowa ki stuti swarg mein se karo, uski stuti oonche sthanon mein karo!
- ² He uske sab dooton, uski stuti karo: he uski sab sena uski stuti kar!
- ³ He soorya aur chandrama uski stuti karo, he sab jyotimay taragan uski stuti karo!
- ⁴ He sab se oonche aakaash, aur he aakaash ke oopar vale jal, tum donon uski stuti karo.
- ⁵ Ve Yahowa ke naam ki stuti karein, kyonki usi ne aagya di aur ye sirje gaye.
- ⁶ Aur usne un ko sada sarvada ke liye sthir kiya hai; aur aisi vidhi thahrai hai, jo talne ki nahi.
- ⁷ Prithvi mein se Yahowa ki stuti karo, he magarmachchhon aur gahire sagar,
- ⁸ He agni aur olo, he him aur kuhre, he uska vachan manne vali prachand bayaar!
- ⁹ He pahadon aur sab teelo, he phaldai vrikshon aur sab devdaron!
- ¹⁰ He van- pashuon aur sab gharailu pashuon, he rengne vale jantuon aur he pakshiyon!
- ¹¹ He prithvi ke rajaon, aur rajya rajya ke sab logon, he hakimon aur prithvi ke sab nyaiyon!
- ¹² He javanon aur kumariyon, he purniyon aur balkon!
- ¹³ Yahowa ke naam ki stuti karo, kyonki keval uski ka naam mahaan hai; uska aishwarya prithvi aur aakaash ke oopar hai.
- ¹⁴ Aur usne apni praja ke liye ek seeng ooncha kiya hai; yah uske sab bhakton ke liye arthaat Israeliyon ke liye aur uske sameep rahne vali praja ke liye stuti karne ka vishay hai. Yaah ki stuti karo.

- ¹ Yaah ki stuti karo! Yahowa ke liye naya geet gao, bhakton ki sabha mein uski stuti gao!
- ² Israel apne karta ke karan aanandit ho, siyyon ke nivasi apne raja ke karan magan hon!
- ³ Ve nachte hue uske naam ki stuti karein, aur daph aur veena bajate hue uska bhajan gayen!
- ⁴ Kyonki Yahowa apni praja se prasann rahta hai; vah namra logon ka uddhaar kar ke unhein shobhaymaan karega.
- ⁵ Bhakt log mahima ke karan praphullit hon; aur apne bichhaunon par bhi pade pade jayjaykaar karein.
- ⁶ Unke kanth se ishwar ki prashansa ho, aur unke hathon mein dodhari talvarein rahein,
- ⁷ Ki ve anyajatiyon se palta le sakein; aur rajya rajya ke logon ko tadna dein,
- ⁸ Aur unke rajaon ko sanklon se, aur unke pratishthit purooshon ko lohe ki bediyon se jakad rakhein,
- ⁹ Aur un ko thahraya huua dand dein! Uske sab bhakton ki aisi hi pratishtha hogi. Yaah ki stuti karo.

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- ¹ Yaah ki stuti karo! Ishwar ke pavitrasthaan mein uski stuti karo; uski samarthya se bhare hue aakashmandal mein usi ki stuti karo!
 - ² Uske parakram ke kamon ke karan uski stuti karo; uski atyant badai ke anusaar uski stuti karo!
 - ³ Narsinga phoonkte hue uski stuti karo; sarangi aur veena bajate hue uski stuti karo!
 - ⁴ Daph bajate aur nachte hue uski stuti karo; taar vale baje aur bansuli bajate hue uski stuti karo!
 - ⁵ Oonche shabd vali jhaanjh bajate hue uski stuti karo; aanand ke mahashabd vali jhaanjh bajate hue uski stuti karo!
 - ⁶ Jitne prani hain sab ke sab yaah ki stuti karein! Yaah ki stuti karo!

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